

WYW 12 under Regional Championship

WARMUPS: **INCLUDE SPRINTS IN YOUR WARMUP!**

Meet starts 8:30 am

	1	2	3	4	5	6
7:00-7:25	WYW	WYW	WYW	WYW	WYW GRYM (6)	PSDY
7:25-7:50	NCY	NCY	NCY BSY (4) ORCA (4)	ZEUS	ZEUS (5) SJCC (6)	SJCC
7:50-8:15	SSAC	SSAC	CPAC	CPAC GYWD (8)	WRAT	WRAT

WORKERS/ASSIGNMENTS

- PLEASE CHECK IN UPON ARRIVAL
- TIMERS MEETING 8:00 AM – IN HALLWAY

TEAM	SATURDAY	SUNDAY
CPAC	2 TIMERS	2 TIMERS
GYWD	1 RUNNER/POSTER	1 TIMER
NCY	3 TIMERS	3 TIMERS
PSDY	1 HEAT AWARD	1 MARSHAL
SJCC	1 TIMER 1 MARSHAL	1 TIMER
SSAC	2 TIMERS 1 MARSHAL	3 TIMERS
WRAT	3 TIMERS	2 TIMERS 1 MARSHAL
ZEUS	3 TIMERS	2 TIMERS 1 RUNNER/POSTER