

Becoming a Stroke & Turn Judge

As you begin the process to become an official Stroke & Turn Judge, you must complete the following requirements within one year of becoming a trainee. You will need to register with USA Swimming prior to doing the test, APT, CPT, & background check but the order of those events is somewhat flexible. Be sure to contact the Officials Chair after the first 6 items are complete for approval to train on deck. Note: if you are already an AO, you may be able to bypass steps 2 through 5, as long as those elements are up-to-date.

To Do: (check off as completed)

1. Attend a Connecticut Swimming **Clinic** for New Stroke & Turn Judges
2. Apply for **Registration (Reg)** for USA/CT membership (on the CT Swim website officials page, becoming a New Official – membership with application is an annual requirement)



[Register](#)

3. Take **Athlete Protection Training (APT)**, required every year, 2hrs.
<https://university.usaswimming.org/landing>
4. Apply for **level 2 Background Check (B/C)**
<https://university.usaswimming.org/landing>
5. Take **Concussion Protocol Training (CPT)**, one-time requirement. Follow one of the two links below, found on the Officials page on CTSwim.org. Once this training is complete, your certificate (pdf file) must be emailed to office@ctswim.org
<https://www.cdc.gov/headsup/youthsports/training/index.html>
<https://nfhslearn.com/courses/concussion-in-sports-2>
6. Take the online **Stroke & Turn certification test**- 80% is required to pass, you can retake the test, if necessary.
<https://university.usaswimming.org/landing>
7. **Send email 'certify me as Stroke & Turn Trainee'** to officials@ctswim.org upon completion of the above 6 requirements to start on deck training (*NOTE: it takes approximately one [1] week for the change in status to be processed & recorded do NOT anticipate it sooner and you cannot train on deck for credit without this clearance*)
8. **Print out your Official Trainee card** from Deck Pass on USA Swimming, 'My Certification Card'
9. **Train** at the Stroke & Turn position for a minimum of four (4) sessions under the supervision of at least two (2) Connecticut Swimming meet referees at a minimum of two (2) meets.
 - Stroke & Turn trainees may only train at USA/Connecticut Swimming sanctioned meets and CANNOT train at freestyle only, distance, dual, or championship (regionals, age group or seniors) meets.
 - Only one of the training sessions may be at a non-sanctioned meet (i.e. Y meet), provided a Connecticut Swimming Referee is presiding over the session, and sends a note or recommendation to the officials chair. This session must be entered in the trainee's activity section by that referee.
 - Four (4) sessions is the minimum, you may feel you need more, or you may be asked to do additional sessions to ensure success.

Mar 2020

- *You must complete the 4 sessions within one (1) year or restart the process.*
10. **Send email ‘certify me as S&T’** to the official’s chair (officials@ctswim.org) upon completion of all of the above for training (*NOTE: it takes approximately one [1] week for the final certification to be processed & recorded do NOT anticipate it sooner*)

 11. **Print out your Official Certification card** from Deck Pass on USA Swimming, ‘My Certification Card’