

Connecticut Swimming Zone Team Policy
Approved January 8, 2002

- I. Mission Statement:
Encourage the best athletes to participate in the highest Age Group Meet in the country.
- II. Selection Criteria:
Select the best athletes to attend the meet.

A. Short Course: For each event the swimmers achieving the top 2 times statewide from Sept. 1 through the State Championship meet of the season for which the zone team is being selected shall be selected, subject to the following criteria. If a selected swimmer is unable to participate, the swimmer with the next fastest time shall be selected.

1. Times that are recognized

- a) Swimmers must have an "AA" time to qualify for the team. Once the team members have been selected based on this criterion, if there are unfilled events, the fastest available swimmers who are already team members may be entered in those events.
- b) Times must be from a USA Swimming sanctioned meet for purposes of qualifying for entry. Times from any dual meet, YMCA meet, or other meet with entry criteria restricting access to one Connecticut team or to a specified group of Connecticut teams may not be used to qualify, regardless of USA Swimming sanction.
- c) Times from other Connecticut Swimming approved meets may be used for seed time improvement only. Such times must be officially reported in meet results. Proof of time must be obtained and submitted by the swimmer prior to the end of the Short Course State Championship Meet.
- d) CSI Championship Meet times from the initial distance of an individual event or the lead-off leg of a relay may be used for seed time improvement only. Such times must be officially reported in meet results. Proof of time must be obtained and submitted by the swimmer prior to the end of the Short Course State Championship Meet.
- e) Times from time trials are not recognized as valid for zone team selection.

2. Other requirements for selection

- a) Swimmers must have swum in 4 CSI-sanctioned meets (including championship meets) from September 1 through and including State Championships.
- b) 13/U swimmers must pre-apply by date set by the Zone Coordinator at least one month prior to zone meet.
- c) 15/O swimmers do not need to pre-apply, but must meet all the other requirements.
- d) Swimmers must provide proof of times by the first day of the Short Course State Championship Meet if they wish to submit times from meets other than CSI-sanctioned meets. Times submitted after that deadline will not be recognized as selection times, but may be used for seed improvement.
- e) Swimmers must complete all required forms for acceptance: Code of conduct, medical release, proof of time sheet, and acceptance, and must include fee payment by the end of the Connecticut State Championship meet.
- f) Acceptable proof of time shall be a paper copy of official results.
- g) In the event of a rules conflict, such that entry standards set by the Eastern Zone are more restrictive than those contained herein, the Eastern Zone rules shall take precedence. Otherwise, CSI rules shall apply.

B. Long Course: All swimmers meeting the following criteria shall be selected. (Long Course Zones will be discussed and finalized at the January Program Development meeting.)

- 1. Times that are recognized
 - a) Team selection times must be within the set cut-off times set by the Eastern Zone Committee
 - b) Once the team members have been selected based on this criterion, if there are unfilled events, the fastest available swimmers who are already team members may be entered in those events.
 - c) Times must be from a USA Swimming sanctioned meet or other Connecticut Swimming approved meet.
 - d) Times from the initial distance of an individual event or the lead-off leg of a relay may be used for selection. Such times must

be officially reported in meet results. Proof of time must be obtained and submitted by the swimmer prior to the end of the Long Course State Championship Meet.

e) Times from time trials are recognized as valid for zone team selection.

f) Times must be achieved from the previous year's LC Eastern Zone Age Group All-Star meet through the end of the current year's Long Course CSI State Championship.

2. Other requirements for selection

a) Swimmers must have swum in 2 CSI-sanctioned meets (including championship meets) from April 1 through and including Long Course State Championships.

b) 14/U swimmers must pre-apply by date set by the Zone Coordinator at least one month prior to zone meet.

c) 15/O swimmers do not need to pre-apply, but must meet all the other requirements.

d) Swimmers must provide proof of times by the first day of the Long Course State Championship Meet if they wish to submit times from meets other than CSI-sanctioned meets. Times submitted after that deadline will not be recognized as selection times, but may be used for seed improvement.

e) Swimmers must complete all required forms for acceptance: Code of conduct, medical release, proof of time sheet, and acceptance, and must include fee payment by the end of the Long Course State Championship meet.

f) Acceptable proof of time shall be a paper copy of official results.

g) In the event of a rules conflict, such that entry standards set by the Eastern Zone are more restrictive than those contained herein, the Eastern Zone rules shall take precedence. Otherwise, CSI rules shall apply.

III. Selection of Coaches

A. Selection will be made by the Age Group Committee at least one month prior to each zone meet. The selection process will take into account, if possible: having a mixture of experienced zone coaches and coaches new to zones, coaches from different teams, from different parts of the state, a mixture of male and female coaches.

B. Pre-application deadline: 2 months prior to the zone meet.

C. Active participation in Connecticut Swimming required

D. Coaches' certifications must be up to date at time of selection and known to be active through the end of the zone meet

E. Up to 5 coaches will be selected for Short Course, up to 6 coaches will be selected for Long Course. The amount selected will be decided by the Age Group Committee based on projected number of swimmers and the venue.

F. Payment for coaches (Previously approved by CSI Board of Directors)

1. \$80 per day of meet and travel days
2. \$100 per day of meet and travel days for Head Coach

IV. Apparel (Previously approved by CSI Board of Directors):

A. Short Course

1. Swimmer

a) Provided by CSI

- (1) Aqua Blade suit
- (2) 2 Caps
- (3) 2 T-shirts
- (4) Team Speedo short

b) Purchased by swimmers

- (1) Backpack (mandatory)
- (2) Warm-up suit (optional)

2. Coach/coordinators

a) Provided by CSI

- (1) 1st time coach

(a) Backpack, warm-up jacket

- (2) All coaches

(a) A T-shirt for each day of meet

(b) Collared shirt for each day of meet for finals

b) Purchased by coaches: Pants or shorts (optional)

3. Chaperons

a) Provided by CSI: T-shirt for each day of meet

b) Purchased by chaperons: shorts, pants, jacket, or backpack (optional)

B. Long Course

1. Swimmer

a) Provided by CSI

- (1) Aqua Blade suit
- (2) 2 Caps
- (3) 2 T-shirts
- (4) Team Speedo short

b) Purchased by swimmers

- (1) Backpack (mandatory)
- (2) Warm-up suit (optional)

2. Coach/ coordinators

a) Provided by CSI

- (1) 1st time coach

(a) Backpack, warm-up jacket

- (2) All coaches

(a) A T-shirt for each day of meet

(b) Collared shirt for each day of meet for finals

b) Purchased by coaches: Pants or shorts (optional)

3. Chaperons

a) Provided by CSI: T-shirt for each day of meet

b) Purchased by chaperons: shorts, pants, jacket, or backpack (optional)

V. Travel Rules

A. *Short Course*

1. Everyone travels on a bus as a team. The Coaches and Coordinators will decide if a swimmer is to travel with parents to meet team at the hotel.
2. All swimmers are to stay until Saturday Finals, except 10/U, who may leave after their session on Saturday.
3. Coordinator must have received written permission from parent/guardian before team travels to meet if they wish to take their swimmer home with them.
4. Chaperons must travel with team up but may go home with their family Sunday. They must stay Saturday night.

B. *Long Course*

1. 11/O swimmers travel with the team on bus to meet. The Coaches and Coordinators will decide if a swimmer is to travel with parents to meet team at the hotel.
2. 10/U's travel with their parents
 - a) There will be a central hotel for 10/U's to stay together. Coordinators will set up hotel and take rooming list to send in to hotel. (In case some expected families don't go, Connecticut can use the rooms for other 10/U's)
3. CSI will plan a lunch/snack at hotel for 12/U's after their session to get awards and have coaches meeting with group
4. Parents are responsible for their 10-U's meals, transportation to the pool and back to hotel after meet