

**Connecticut Swimming
2016 REGIONAL CHAMPIONSHIPS
Maximum Time Standards for 15/18 Age Group
Short Course Meets**

Revised 12.09.15

15/18 MAXIMUM TIME STANDARDS

GIRLS				BOYS		
LCM	SCM	SCY		SCY	SCM	LCM
29.30	28.50	25.90	50 Free	24.30	27.00	26.75
1:04.00	1:01.75	56.00	100 Free	52.00	58.50	59.50
2:20.50	2:14.25	2:01.00	200 Free	1:57.00	2:08.50	2:11.50
4:53.00	4:47.50	5:25.20	400/500	5:16.00	4:39.50	4:42.50
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19:32.00	18:30.00	18:40.00	1500/1650 Free	18:24.00	18:15.00	18:50.00
1:15.00	1:10.00	1:04.10	100 Back	1:02.20	1:09.50	1:12.00
2:40.00	2:33.50	2:18.00	200 Back	2:13.60	2:29.00	2:36.50
1:23.50	1:19.50	1:13.00	100 Breast	1:11.00	1:18.00	1:22.00
2:59.50	2:51.50	2:37.50	200 Breast	2:33.50	2:49.00	3:00.00
1:12.50	1:08.75	1:02.30	100 Fly	1:00.00	1:06.00	1:08.50
2:44.00	2:35.00	2:23.50	200 Fly	2:17.00	2:30.50	2:40.00
2:39.00	2:33.00	2:17.90	200 IM	2:11.00	2:28.50	2:30.00
5:41.00	5:24.00	4:55.00	400 IM	4:52.00	5:22.50	5:34.00

Note: The 15/18 maximum time standards are based on the 2016 SC Senior Championship minimum time standards.