

Connecticut Swimming

2016 SC Regional Championship Minimum Time Standards

| 10 & Under Girls | | | | 10 & Under Boys | | |
|------------------|----------|----------|----------------|-----------------|----------|----------|
| SCY | SCM | LCM | | SCY | SCM | LCM |
| 3:06.99 | 3:28.69 | 3:33.95 | 200 free | 3:12.99 | 3:35.49 | 3:43.24 |
| 7:27.49 | 6:34.49 | 6:42.49 | 500/400 free | 7:39.99 | 6:42.24 | 6:56.24 |
| 1:39.49 | 1:50.99 | 1:56.49 | 100 back | 1:43.99 | 1:55.99 | 2:04.49 |
| 1:52.99 | 2:05.99 | 2:09.30 | 100 breast | 2:02.49 | 2:16.71 | 2:23.10 |
| 1:57.99 | 2:11.69 | 2:14.54 | 100 fly | 2:02.99 | 2:17.24 | 2:21.49 |
| 1:36.99 | 1:44.49 | -- | 100 IM | 1:37.99 | 1:46.99 | -- |
| 3:34.99 | 3:59.94 | 4:07.97 | 200 IM | 3:37.99 | 4:03.24 | 4:14.24 |
| | | | | | | |
| 11-12 Girls | | | | 11-12 Boys | | |
| 2:36.74 | 2:55.99 | 2:59.99 | 200 free | 2:42.99 | 3:01.24 | 3:07.74 |
| 6:39.99 | 5:49.95 | 5:59.70 | 400/500 free | 6:44.99 | 5:54.32 | 6:06.51 |
| 23:59.99 | 23:55.68 | 24:36.91 | 1650/1500 | 24:59.99 | 24:55.50 | 25:54.39 |
| 1:23.99 | 1:32.49 | 1:38.46 | 100 back | 1:29.99 | 1:40.44 | 1:47.77 |
| 3:07.99 | 3:29.81 | 3:39.36 | 200 back | 3:19.99 | 3:43.20 | 3:55.56 |
| 1:37.49 | 1:48.81 | 1:52.06 | 100 breast | 1:42.49 | 1:54.39 | 1:59.73 |
| 3:29.99 | 3:50.41 | 3:59.17 | 200 breast | 3:39.99 | 4:05.52 | 4:16.40 |
| 1:28.49 | 1:38.76 | 1:40.90 | 100 fly | 1:39.99 | 1:51.60 | 1:55.20 |
| 3:22.99 | 3:50.41 | 3:50.41 | 200 fly | 3:29.99 | 3:54.36 | 4:02.48 |
| 1:22.99 | 1:31.99 | -- | 100 IM | 1:30.99 | 1:37.99 | -- |
| 2:59.99 | 3:20.88 | 3:27.60 | 200 IM | 3:06.99 | 3:28.74 | 3:38.24 |
| 6:09.99 | 6:52.94 | 7:02.96 | 400 IM | 6:19.99 | 7:04.10 | 7:19.29 |
| | | | | | | |
| 13-14 Girls | | | | 13-14 Boys | | |
| SCY | SCM | LCM | | SCY | SCM | LCM |
| 6:04.49 | 5:18.89 | 5:27.78 | 400/500 free | 6:08.49 | 5:22.49 | 5:30.49 |
| 12:39.99 | 11:15.99 | 11:42.99 | 800/1000 free | 12:39.99 | 11:15.99 | 11:30.99 |
| 21:29.99 | 21:26.13 | 22:03.07 | 1500/1650 free | 21:44.99 | 21:41.09 | 22:32.32 |
| 2:43.49 | 3:02.47 | 3:10.77 | 200 back | 2:53.24 | 3:13.49 | 3:24.24 |
| 3:04.99 | 3:26.46 | 3:30.69 | 200 breast | 3:12.99 | 3:35.49 | 3:44.99 |
| 2:59.99 | 3:20.88 | 3:24.30 | 200 fly | 3:00.99 | 3:21.99 | 3:29.24 |
| 2:39.99 | 2:58.56 | 3:04.53 | 200 IM | 2:42.49 | 3:01.35 | 3:09.60 |
| 5:34.99 | 6:13.87 | 6:22.41 | 400 IM | 5:38.99 | 6:18.49 | 6:32.24 |
| | | | | | | |
| 15-18 Girls | | | | 15-18 Boys | | |
| SCY | SCM | LCM | | SCY | SCM | LCM |
| 5:57.49 | 5:12.76 | 5:21.48 | 400/500 free | 5:39.99 | 4:57.45 | 5:07.68 |
| 12:09.99 | 10:49.49 | 11:27.99 | 800/1000 free | 11:49.99 | 10:31.99 | 11:01.49 |
| 20:52.49 | 20:48.74 | 21:24.61 | 1500/1650 free | 20:54.99 | 20:51.24 | 21:40.51 |
| 2:41.49 | 3:00.24 | 3:08.49 | 200 back | 2:38.99 | 2:57.49 | 3:07.49 |
| 3:04.99 | 3:26.46 | 3:30.69 | 200 breast | 2:55.99 | 3:16.42 | 3:25.12 |
| 2:49.99 | 3:09.72 | 3:12.95 | 200 fly | 2:44.99 | 3:04.14 | 3:10.52 |
| 2:39.99 | 2:58.56 | 3:04.53 | 200 IM | 2:34.99 | 2:52.98 | 3:00.85 |
| 5:29.99 | 6:08.29 | 6:16.70 | 400 IM | 5:20.99 | 5:58.24 | 6:11.09 |
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