## CPAC Age Group Showcase SCY Classic 14 and Under July 22-25<sup>th</sup>, 2021

1 Blachley Rd Stamford, CT 06902

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L21- 35. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

#### **COVID-19 Statement**

In applying for this sanction, the Host, Chelsea Piers Aquatics Club, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, Stamford Department of Health (http://www.stamfordct.gov/department-of-health).

#### COVID-19 Assumption of Risk Disclaimer

We, Chelsea Piers Aquatics Club, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at The CPAC Age Group Showcase Classic or on site at CPAC. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at The CPAC Age Group Showcase Classic and being on site at Chelsea Piers CT, you voluntarily assume all risks related to exposure to COVID-19.

#### COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN

# CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

**WAIVER**: All participants must sign the Waiver of Liability and Hold Harmless Agreement found with this meet announcement. Swimmers must complete a wellness questionnaire each day, before entering the facility.

#### **EVENTS**

Name Email Phone **Meet Director:** Doug Lennox dlennox@chelseapiers.com 203-989-1309 Suzannah Rogers Srogers68@optonline.net 203-571-8526 **Meet Referee:** Tim Goertel **Lead Admin Official:** Suzannah Rogers Srogers68@optonline.net **Entry Chair: Safety Chair:** Doug Lennox **Officials Contact:** Suzannah Rogers

**MEET HOST: CPAC** 

**WEBSITE:** http://www.teamunify.com/Home.jsp?team=ctcp

**POOL EMERGENCY NUMBER:** 203-989-1300 (James Goodwin, CPCT Aquatics Director)

SANCTIONED OR APPROVED: Sanctioned

MEET TYPE: Invitational. Invited teams include CPAC, GRYM, GYWD, RAC, RAYS, RST, and ZEUS. Any other teams may send a request to <a href="mailto:srogers68@optonline.net">srogers68@optonline.net</a> with the number of swimmers requesting entry. Applications for entry will be accepted no <a href="mailto:earlier">earlier</a> than 8:00 pm on <a href="mailto:June 23">June 23</a>, <a href="mailto:2021">2021</a>. Requests will not be considered if submitted before this date/time.

**MEET FORMAT:** Prelims-Finals Format. All events will run slowest to fastest with the exception of the 400 IM and the 500 Freestyle, which will run fastest to slowest alternating girl/boy. The 400 IM and the 500 Freestyle are timed final events.

**SCRATCH PROCEDURES:** Scratches will be due 20 minutes after the start of warm-up for each session

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

**BEFORE ENTERING FACILITY or WHAT TO BRING:** Showers and locker rooms are limited to the use of restrooms only.

#### **FACILITY RULES:**

No spectators are permitted on-site. Spectators on deck or in the Mezzanine area will be viewed as a code on conduct violation. Parents may be ejected from the facility. Teams in violation of this policy may not be welcome to further sessions should they not strictly enforce this policy.

Timers, Coaches, Officials and swimmers not in the water or behind the block must wear masks at all times and observe social distancing. Occupancy approximately-250 swimmers, 10 Coaches and 10 Officials for preliminary sessions. The meet will be flighted with a girls session and a boys session.

**FACILITY:** Chelsea Piers CT is a 10 Lane, 25 yard pool. Water depth at the start end in 8'. Water depth at the turn end in 8'. The competition course has not been certified in accordance with 104.2.2C(4)

The host club has the right to increase or decrease the number of competition lanes at the Referee's discretion based on the estimated timelines and the need for warm-up/cool down lanes.

Teams will be instructed with regard to the use of deck chairs. Coaches will be assigned seating areas.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

**SAFE SPORT POLICIES:** The meet will be live-streamed for free on the Internet. THERE WILL BE NO SPECTATORS PERMITTED ON-SITE. Coaches are asked to give strict instructions to parents of this policy.

**DISABLED ACCESS:** Handicapped parking accessible with elevators on-site

**COURSE: SCY** 

WARM-UP & SESSION TIMES: All Warm Up & Session times are subject to change

-Thursday

Timed Final: Warm up 4:00-4:50 pm: Session Starts 5:00 pm

-Friday/Saturday/Sunday

Preliminary Warm-up 6:00 am-6:50 am; Session begins 7:00 am Preliminary Warm-up 9:30 am-10:20 am; Session begins 10:30 am Finals Warm-Up 4:00 pm - 4:50 pm; Session begins at 5:00 pm

**ELIGIBILITY:** All USA Swimming clubs and individuals. Swimmers must be 14 years of age or younger. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

Invited teams include: CPAC, GYWD, GRYM, RAYS, RST, RAC and ZEUS

Any other teams may contact Suzannah Rogers at <a href="mailto:srogers68@optonline.net">srogers68@optonline.net</a> with the number of athletes who would like to enter. Teams must only send a request at the date and time determined by the CTswim office.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

**ADULT ATHLETES:** There are no Adult athletes permitted. Swimmers must be 14 years of age or younger.

**ADAPTED SWIMMING:** Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

ENTRY OPENING DATE: Entries will be accepted no <u>earlier</u> than 8:00 pm on June 23, 2021. Requests will not be considered if submitted before this date/time.

**ENTRY LIMITATIONS:** 3 Individual Events per day, and 10 Individual Events total for the Meet. Swimmers may enter 1 relay Friday and Sunday and 2 relays on Saturday.

**ENTRY TIMES:** SCY. Swimmers must achieve a 11/12 BB standard in the 10-14 500 Freestyle and the 10-14 400 IM. All times must be provable in the USA Swimming database.

**DEADLINES:** Invited teams must submit an initial entry by June 30th. Invited teams will be financially responsible for the entry submitted on Email entries to Suzannah Rogers at <a href="mailto:srogers68@optonline.net">srogers68@optonline.net</a>. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Invited teams will be financially responsible for the file submitted on June 30th. Only changes to events will be permitted after this date. After email acceptance, all other teams must submit a file by July 14th.

**CONNECTICUT-ONLY DEADLINE:** July 3, 2021 Teams meeting this deadline will be entered before out of state teams.

**ELECTRONIC ENTRIES:** Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at srogers68@optonline.net. Payment is expected by July 22<sup>nd</sup>. If the payment is not mailed, then Coaches must bring a check to Chelsea Piers on the first day of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy</u>.

**ENTRY FEES:** Electronic entries: \$15.00 for individual events, \$30.00 for relays There is an athlete surcharge of \$15.00. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

**OUT-OF-STATE SWIMMER SURCHARGE:** Out of State teams will be required to pay a \$5.00 Surcharge

**OUTREACH ENTRY FEE REIMBURSEMENT**: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

**PAYMENT INSTRUCTIONS**: Please make checks payable to Chelsea Piers Connecticut and mail to: Doug Lennox, 1 Blachley Rd, Stamford, CT 06902. Payment must be received by 07/22/2021.

#### **CUT PROTOCOL:**

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. The 10 and Under 200 FS and 200 IM may be heat limited by seed time
- 2. Relays may be reduced to 4 (3 at prelims) per age, per gender, per team, and then to 3
- 3 Athletes aged 7 and Under will be cut from the meet
- 4. The distance events (400 meters or yards or greater) may be heat limited by seed time
- 5. The maximum number of events allowed per day may be reduced by one, and then by 2.
- 6. [Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

**RESERVE THE RIGHT TO MAKE CHANGES:** In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

**RELAYS:** Yes. Each invited team may enter one relay per Age Group and Gender to participate at finals. Any additional spots for relays at finals may be filled by additional teams entered in the meet or by the host team. Teams may enter any additional relay teams into the preliminary session. All relay swimmers must be officially entered in the meet.

#### **SAFETY:**

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time

- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

**SWIMWEAR:** Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

#### PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

**DRONES**: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

**RULES:** Current USA Swimming rules will govern all competition.

#### **TIME TRIALS:** No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Teams will be notified of their timing assignments by Monday July 20<sup>th</sup>. All available timing spots will be assigned to Teams as a direct percentage of the team's entry. Teams will be required to pay a \$100.00 fine for each unfilled assigned timing positions.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

**DECK ACCESS:** Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

**SCORING:** The meet will not be scored.

**AWARDS:** Yes. Custom medals will be awarded to the top 6 finishers in each individual event, and top 3 finishers in each relay event.

**CONCESSIONS:** There is a cafeteria located onsite.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes. Grab and Go Bags will be offered

**PARKING:** Parents should drop swimmers in the parking lot and swimmers should then walk to the side entrance. Please remind parents not to drop at the side, as this can cause significant traffic congestion.

**DIRECTIONS:** Simply put "Chelsea Piers CT" into GPS

#### WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at Chelsea Piers CT or any CPAC related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

- I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
- 2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
- 3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) Chelsea Piers CT and / or CPAC and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
- 4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
- 5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES. BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signe 2021.	d this Waiver and Agreement under seal on the	his day of July
SIGNATURE:		
NAME:	ADDRESS:	
NAMES OF MINOR CHILD(REN), IF ANY:		-

Session: 1 Thursday PM Timed Finals
Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10-14 500 Freestyle	0	0	05:00 PM	
Finals	2 Boys 10-14 500 Freestyle	0	0	05:00 PM	
Finals	3 Girls 11-14 400 IM	0	0	05:00 PM	
Finals	4 Boys 11-14 400 IM	0	0	05:00 PM	
	Finish Time			05:00 PM	

Session: 2 Friday Girls Prelims

Day of Meet: 2 Starts at 07:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Eve	nt	Entries	Heats	Starts at	
Prelims	5 Girl	ls 10 & Under 100 IM	0	0	07:00 AM	
Prelims	7 Girl	ls 11-12 100 IM	0	0	07:00 AM	
Prelims	9 Girl	ls 11-12 200 Backstroke	0	0	07:00 AM	
Prelims	11 Girl	ls 13-14 200 Backstroke	0	0	07:00 AM	
Prelims	13 Girl	ls 10 & Under 50 Butterfly	0	0	07:00 AM	
Prelims	15 Girl	s 11-12 50 Butterfly	0	0	07:00 AM	
Prelims	17 Girl	ls 11-12 200 Breaststroke	0	0	07:00 AM	
Prelims	19 Girl	s 13-14 200 Breaststroke	0	0	07:00 AM	
Prelims	21 Girl	ls 10 & Under 100 Freestyle	0	0	07:00 AM	
Prelims	23 Girl	s 11-12 100 Freestyle	0	0	07:00 AM	
Prelims	25 Girl	ls 13-14 100 Freestyle	0	0	07:00 AM	
Finals	27 Girl	ls 10 & Under 400 Freestyle Relay	0	0	07:00 AM	
Finals	29 Girl	s 11-12 400 Freestyle Relay	0	0	07:00 AM	
Finals	31 Girl	ls 13-14 400 Freestyle Relay	0	0	07:00 AM	
	Fir	nish Time			07:00 AM	

Session: 3 Friday Boys Prelims
Day of Meet: 2 Starts at 10:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	6	Boys 10 & Under 100 IM	0	0	10:30 AM	
Prelims	8	Boys 11-12 100 IM	0	0	10:30 AM	
Prelims	10	Boys 11-12 200 Backstroke	0	0	10:30 AM	
Prelims	12	Boys 13-14 200 Backstroke	0	0	10:30 AM	
Prelims	14	Boys 10 & Under 50 Butterfly	0	0	10:30 AM	
Prelims	16	Boys 11-12 50 Butterfly	0	0	10:30 AM	
Prelims	18	Boys 11-12 200 Breaststroke	0	0	10:30 AM	
Prelims	20	Boys 13-14 200 Breaststroke	0	0	10:30 AM	
Prelims	22	Boys 10 & Under 100 Freestyle	0	0	10:30 AM	
Prelims	24	Boys 11-12 100 Freestyle	0	0	10:30 AM	
Prelims	26	Boys 13-14 100 Freestyle	0	0	10:30 AM	
Finals	28	Boys 10 & Under 400 Freestyle Relay	0	0	10:30 AM	
Finals	30	Boys 11-12 400 Freestyle Relay	0	0	10:30 AM	
Finals	32	Boys 13-14 400 Freestyle Relay	0	0	10:30 AM	
		Finish Time			10:30 AM	

Session: 4 Friday Finals
Day of Meet: 2 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	5	Girls 10 & Under 100 IM	0	1 u	05:00 PM	
Finals	6	Boys 10 & Under 100 IM	0	1 u	05:02 PM	
Finals	7	Girls 11-12 100 IM	0	2 u	05:04 PM	
Finals	8	Boys 11-12 100 IM	0	2 u	05:08 PM	
Finals	9	Girls 11-12 200 Backstroke	0	2 u	05:12 PM	
Finals	10	Boys 11-12 200 Backstroke	0	2 u	05:19 PM	
Finals	11	Girls 13-14 200 Backstroke	0	2 u	05:27 PM	
Finals	12	Boys 13-14 200 Backstroke	0	2 u	05:34 PM	
Finals	13	Girls 10 & Under 50 Butterfly	0	1 u	05:41 PM	
Finals	14	Boys 10 & Under 50 Butterfly	0	1 u	05:42 PM	
Finals	15	Girls 11-12 50 Butterfly	0	2 u	05:43 PM	
Finals	16	Boys 11-12 50 Butterfly	0	2 u	05:45 PM	
Finals	17	Girls 11-12 200 Breaststroke	0	1 u	05:47 PM	
Finals	18	Boys 11-12 200 Breaststroke	0	2 u	05:51 PM	
Finals	19	Girls 13-14 200 Breaststroke	0	2 u	05:59 PM	
Finals	20	Boys 13-14 200 Breaststroke	0	2 u	06:06 PM	
Finals	21	Girls 10 & Under 100 Freestyle	0	1 u	06:13 PM	
Finals	22	Boys 10 & Under 100 Freestyle	0	1 u	06:15 PM	
Finals	23	Girls 11-12 100 Freestyle	0	2 u	06:17 PM	
Finals	24	Boys 11-12 100 Freestyle	0	2 u	06:20 PM	
Finals	25	Girls 13-14 100 Freestyle	0	2 u	06:24 PM	
Finals	26	Boys 13-14 100 Freestyle	0	2 u	06:27 PM	
Finals	27A	Girls 10 & Under 400 Freestyle Relay	0	0	06:30 PM	
Finals	28A	Boys 10 & Under 400 Freestyle Relay	0	0	06:30 PM	
Finals	29A	Girls 11-12 400 Freestyle Relay	0	0	06:30 PM	
Finals	30A	Boys 11-12 400 Freestyle Relay	0	0	06:30 PM	
Finals	31A	Girls 13-14 400 Freestyle Relay	0	0	06:30 PM	
Finals	32A	Boys 13-14 400 Freestyle Relay	0	0	06:30 PM	
		Entry / Heat Totals:	0	37		
		Finish Time			06:30 PM	

Session: 5 Saturday Girls Prelims

Day of Meet: 3 Starts at 07:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	33 Girls 10 & Under 200	Medley Relay 0	0	07:00 AM	
Finals	35 Girls 11-12 200 Medle	y Relay 0	0	07:00 AM	
Finals	37 Girls 13-14 200 Medle	y Relay 0	0	07:00 AM	
Prelims	39 Girls 10 & Under 100	Backstroke 0	0	07:00 AM	
Prelims	41 Girls 11-12 100 Backs	troke 0	0	07:00 AM	
Prelims	43 Girls 13-14 100 Backs	troke 0	0	07:00 AM	
Prelims	45 Girls 11-12 200 Butter	fly 0	0	07:00 AM	
Prelims	47 Girls 13-14 200 Butter	fly 0	0	07:00 AM	
Prelims	49 Girls 10 & Under 100	Breaststroke 0	0	07:00 AM	
Prelims	51 Girls 11-12 100 Breas	tstroke 0	0	07:00 AM	
Prelims	53 Girls 13-14 100 Breas	tstroke 0	0	07:00 AM	
Prelims	55 Girls 10 & Under 50 Fi	reestyle 0	0	07:00 AM	
Prelims	57 Girls 11-12 50 Freesty	le 0	0	07:00 AM	
Prelims	59 Girls 13-14 50 Freesty	le 0	0	07:00 AM	
Finals	61 Girls 10 & Under 200	Freestyle Relay 0	0	07:00 AM	
Finals	63 Girls 11-12 200 Freest	ryle Relay 0	0	07:00 AM	
Finals	65 Girls 13-14 200 Freest	ryle Relay 0	0	07:00 AM	
	Finish Time			07:00 AM	

Session: 6 Saturday Boys Prelims

Day of Meet: 3 Starts at 10:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	34 Boys 10 & Under 200 Medley Relay	0	0	10:30 AM	
Finals	36 Boys 11-12 200 Medley Relay	0	0	10:30 AM	
Finals	38 Boys 13-14 200 Medley Relay	0	0	10:30 AM	
Prelims	40 Boys 10 & Under 100 Backstroke	0	0	10:30 AM	
Prelims	42 Boys 11-12 100 Backstroke	0	0	10:30 AM	
Prelims	44 Boys 13-14 100 Backstroke	0	0	10:30 AM	
Prelims	46 Boys 11-12 200 Butterfly	0	0	10:30 AM	
Prelims	48 Boys 13-14 200 Butterfly	0	0	10:30 AM	
Prelims	50 Boys 10 & Under 100 Breaststroke	0	0	10:30 AM	
Prelims	52 Boys 11-12 100 Breaststroke	0	0	10:30 AM	
Prelims	54 Boys 13-14 100 Breaststroke	0	0	10:30 AM	
Prelims	56 Boys 10 & Under 50 Freestyle	0	0	10:30 AM	
Prelims	58 Boys 11-12 50 Freestyle	0	0	10:30 AM	
Prelims	60 Boys 13-14 50 Freestyle	0	0	10:30 AM	
Finals	62 Boys 10 & Under 200 Freestyle Relay	0	0	10:30 AM	
Finals	64 Boys 11-12 200 Freestyle Relay	0	0	10:30 AM	
Finals	66 Boys 13-14 200 Freestyle Relay	0	0	10:30 AM	
	Finish Time			10:30 AM	

Session: 7 Saturday Finals
Day of Meet: 3 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	33A	Girls 10 & Under 200 Medley Relay	0	0	05:00 PM	
Finals	34A	Boys 10 & Under 200 Medley Relay	0	0	05:00 PM	
Finals	35A	Girls 11-12 200 Medley Relay	0	0	05:00 PM	
Finals	36A	Boys 11-12 200 Medley Relay	0	0	05:00 PM	
Finals	37A	Girls 13-14 200 Medley Relay	0	0	05:00 PM	
Finals	38A	Boys 13-14 200 Medley Relay	0	0	05:00 PM	
Finals	39	Girls 10 & Under 100 Backstroke	0	1 u	05:00 PM	
Finals	40	Boys 10 & Under 100 Backstroke	0	1 u	05:03 PM	
Finals	41	Girls 11-12 100 Backstroke	0	2 u	05:05 PM	
Finals	42	Boys 11-12 100 Backstroke	0	2 u	05:09 PM	
Finals	43	Girls 13-14 100 Backstroke	0	2 u	05:13 PM	
Finals	44	Boys 13-14 100 Backstroke	0	2 u	05:17 PM	
Finals	45	Girls 11-12 200 Butterfly	0	2 u	05:21 PM	
Finals	46	Boys 11-12 200 Butterfly	0	2 u	05:28 PM	
Finals	47	Girls 13-14 200 Butterfly	0	2 u	05:35 PM	
Finals	48	Boys 13-14 200 Butterfly	0	2 u	05:42 PM	
Finals	49	Girls 10 & Under 100 Breaststroke	0	1 u	05:48 PM	
Finals	50	Boys 10 & Under 100 Breaststroke	0	1 u	05:50 PM	
Finals	51	Girls 11-12 100 Breaststroke	0	2 u	05:52 PM	
Finals	52	Boys 11-12 100 Breaststroke	0	2 u	05:56 PM	
Finals	53	Girls 13-14 100 Breaststroke	0	2 u	06:00 PM	
Finals	54	Boys 13-14 100 Breaststroke	0	2 u	06:03 PM	
Finals	55	Girls 10 & Under 50 Freestyle	0	1 u	06:07 PM	
Finals	56	Boys 10 & Under 50 Freestyle	0	1 u	06:08 PM	
Finals	57	Girls 11-12 50 Freestyle	0	2 u	06:09 PM	
Finals	58	Boys 11-12 50 Freestyle	0	2 u	06:11 PM	
Finals	59	Girls 13-14 50 Freestyle	0	2 u	06:13 PM	
Finals	60	Boys 13-14 50 Freestyle	0	2 u	06:15 PM	
Finals	61A	Girls 10 & Under 200 Freestyle Relay	0	0	06:17 PM	
Finals	62A	Boys 10 & Under 200 Freestyle Relay	0	0	06:17 PM	
Finals	63A	Girls 11-12 200 Freestyle Relay	0	0	06:17 PM	
Finals		Boys 11-12 200 Freestyle Relay	0	0	06:17 PM	
Finals	65A	Girls 13-14 200 Freestyle Relay	0	0	06:17 PM	
Finals	66A	Boys 13-14 200 Freestyle Relay	0	0	06:17 PM	
		Entry / Heat Totals:	0	38		
		Finish Time			06:17 PM	

Session: 8 Sunday Girls Prelims

Day of Meet: 4 Starts at 07:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Prelims	67	Girls 10 & Under 200 Freestyle	0	0	07:00 AM	
Prelims	69	Girls 11-12 200 Freestyle	0	0	07:00 AM	
Prelims	71	Girls 13-14 200 Freestyle	0	0	07:00 AM	
Prelims	73	Girls 10 & Under 50 Breaststroke	0	0	07:00 AM	
Prelims	75	Girls 11-12 50 Breaststroke	0	0	07:00 AM	
Prelims	77	Girls 10 & Under 100 Butterfly	0	0	07:00 AM	
Prelims	79	Girls 11-12 100 Butterfly	0	0	07:00 AM	
Prelims	81	Girls 13-14 100 Butterfly	0	0	07:00 AM	
Prelims	83	Girls 10 & Under 200 IM	0	0	07:00 AM	
Prelims	85	Girls 11-12 200 IM	0	0	07:00 AM	
Prelims	87	Girls 13-14 200 IM	0	0	07:00 AM	
Prelims	89	Girls 10 & Under 50 Backstroke	0	0	07:00 AM	
Prelims	91	Girls 11-12 50 Backstroke	0	0	07:00 AM	
Finals	93	Girls 10 & Under 400 Medley Relay	0	0	07:00 AM	
Finals	95	Girls 11-12 400 Medley Relay	0	0	07:00 AM	
Finals	97	Girls 13-14 400 Medley Relay	0	0	07:00 AM	
		Finish Time			07:00 AM	

Session: 9 Sunday Boys Prelims

Day of Meet: 4 Starts at 10:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	70 Boys 11-12 200 Freestyle	0	0	10:30 AM	
Prelims	72 Boys 13-14 200 Freestyle	0	0	10:30 AM	
Prelims	74 Boys 10 & Under 50 Breaststroke	0	0	10:30 AM	
Prelims	76 Boys 11-12 50 Breaststroke	0	0	10:30 AM	
Prelims	78 Boys 10 & Under 100 Butterfly	0	0	10:30 AM	
Prelims	80 Boys 11-12 100 Butterfly	0	0	10:30 AM	
Prelims	82 Boys 13-14 100 Butterfly	0	0	10:30 AM	
Prelims	84 Boys 10 & Under 200 IM	0	0	10:30 AM	
Prelims	86 Boys 11-12 200 IM	0	0	10:30 AM	
Prelims	88 Boys 13-14 200 IM	0	0	10:30 AM	
Prelims	90 Boys 10 & Under 50 Backstroke	0	0	10:30 AM	
Prelims	92 Boys 11-12 50 Backstroke	0	0	10:30 AM	
Finals	94 Boys 10 & Under 400 Medley Relay	0	0	10:30 AM	
Finals	96 Boys 11-12 400 Medley Relay	0	0	10:30 AM	
Finals	98 Boys 13-14 400 Medley Relay	0	0	10:30 AM	
	Finish Time			10:30 AM	

Session: 10 Sunday Finals
Day of Meet: 4 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	67	Girls 10 & Under 200 Freestyle	0	1 u	05:00 PM	
Finals	68	Boys 10 & Under 200 Freestyle	0	1 u	05:04 PM	
Finals	69	Girls 11-12 200 Freestyle	0	2 u	05:08 PM	
Finals	70	Boys 11-12 200 Freestyle	0	2 u	05:14 PM	
Finals	71	Girls 13-14 200 Freestyle	0	2 u	05:21 PM	
Finals	72	Boys 13-14 200 Freestyle	0	2 u	05:27 PM	
Finals	73	Girls 10 & Under 50 Breaststroke	0	1 u	05:32 PM	
Finals	74	Boys 10 & Under 50 Breaststroke	0	1 u	05:34 PM	
Finals	75	Girls 11-12 50 Breaststroke	0	2 u	05:35 PM	
Finals	76	Boys 11-12 50 Breaststroke	0	2 u	05:37 PM	
Finals	77	Girls 10 & Under 100 Butterfly	0	1 u	05:39 PM	
Finals	78	Boys 10 & Under 100 Butterfly	0	1 u	05:41 PM	
Finals	79	Girls 11-12 100 Butterfly	0	2 u	05:43 PM	
Finals	80	Boys 11-12 100 Butterfly	0	2 u	05:47 PM	
Finals	81	Girls 13-14 100 Butterfly	0	2 u	05:50 PM	
Finals	82	Boys 13-14 100 Butterfly	0	2 u	05:54 PM	
Finals	83	Girls 10 & Under 200 IM	0	1 u	05:57 PM	
Finals	84	Boys 10 & Under 200 IM	0	1 u	06:01 PM	
Finals	85	Girls 11-12 200 IM	0	2 u	06:05 PM	
Finals	86	Boys 11-12 200 IM	0	2 u	06:12 PM	
Finals	87	Girls 13-14 200 IM	0	2 u	06:19 PM	
Finals	88	Boys 13-14 200 IM	0	2 u	06:25 PM	
Finals	89	Girls 10 & Under 50 Backstroke	0	1 u	06:32 PM	
Finals	90	Boys 10 & Under 50 Backstroke	0	1 u	06:33 PM	
Finals	91	Girls 11-12 50 Backstroke	0	2 u	06:35 PM	
Finals	92	Boys 11-12 50 Backstroke	0	2 u	06:37 PM	
Finals	93A	Girls 10 & Under 400 Medley Relay	0	0	06:40 PM	
Finals	94A	Boys 10 & Under 400 Medley Relay	0	0	06:40 PM	
Finals	95A	Girls 11-12 400 Medley Relay	0	0	06:40 PM	
Finals	96A	Boys 11-12 400 Medley Relay	0	0	06:40 PM	
Finals	97A	Girls 13-14 400 Medley Relay	0	0	06:40 PM	
Finals	98A	Boys 13-14 400 Medley Relay	0	0	06:40 PM	
		Entry / Heat Totals:	0	42		
		Finish Time			06:40 PM	



