FARMINGTON VALLEY Y USA MAY INVITATIONAL MAY 20-22, 2022

97 Salmon Brook Street, Granby, CT 06053 https://goo.gl/maps/QcV17JKcVHCu7Mxh6

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #L22- L22-17. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Farmington Valley YMCA, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, Farmington Valley Health District. https://fvhd.org/.

COVID-19 Assumption of Risk Disclaimer

We, Farmington Valley YMCA, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Farmington Valley Y USA May Invitational or on site at Farmington Valley YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Farmington Valley Y USA May Invitational and being on site at Farmington Valley YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN

CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

Meet Director:	Mike Beauchene	michael.beauchene@sbcglobal.net	860-485-2474
Meet Referee:	James Boyce	jeboyce56@gmail.com	
Lead Admin Official:	Joann Bresnahan	joannbres@gmail.com	
Entry Chair:	Mario Sobrinho	Mario.francisco@ghymca.org	860-707-5569
Safety Chair:	Mario Francisco	Mario.francisco@ghymca.org	860-707-5569
Officials Contact:	Mike Beauchene	michael.beauchene@sbcglobal.net	860-485-2474

MEET HOST: FVYT.

WEBSITE: WWW.TEAMUNIFY.COM/YMCA-0964

POOL EMERGENCY NUMBER: 860-653-5524

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final, Friday 500 and 1000 will be swam faster to slow.

SCRATCH PROCEDURES: Coaches will receive an informational envelope containing entry reports for each swimmer's events upon team check in. All scratches are to be submitted to the computer table 30 minutes after the start of the session warmups. Swimmers are automatically seeded in the meet if a scratch is NOT turned in.

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers should arrive in their swimsuits and may be ask to wear a mask at all times when not swimming. Swimmers should be dropped at the front entrance to the YMCA Once inside the Y, they should proceed to their designated staging area and where they will be assigned a seat for the duration of the meet

FACILITY: The Farmington Valley YMCA competition pool is 8 lanes 25-yard pool. Water depth at start end is: 6.3ft Water depth at turn end is: 4ft. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System, in compliance with USA Swimming Rulebook.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

SAFE SPORT POLICIES: Spectators will be allowed in the gallery. Parent volunteer marshals will monitor and control access to the gallery.

DISABLED ACCESS: Handicap parking is available near the front entrance of the Y. All areas of the YMCA are handicap accessible.

COURSE: SCY

SESSION TIMES: Subject to Change

Friday May 20	All Distance Events	Warm Up: 4:30 pm	Meet Start: 5:35 pm
Saturday May 21	12 and Under	Warm Up: 11:30 am	Meet Start: 1:00 pm
Saturday May 21	13 & Over	Warm Up: 4:00 pm	Meet Start: 5:15 pm

Sunday May 22 12 and Under Warm Up: 11:30 am Meet Start: 1:00 pm Sunday May 22 13 & Over Warm Up: 4:00 pm Meet Start: 5:15 pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 8-lanes will be used for warm-ups. Each team will have access to the pool for a team warm up. Warm up sessions will be created after the entry deadline. Each team will keep record of lane assignments for swimmers within their warmup block.

ELIGIBILITY: All USA Swimming clubs and individuals.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \\$

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: The Farmington Valley YMCA reserve the right to apply other restrictions related to the COVID-19 situation.

ENTRY OPENING DATE: Entries will be accepted no earlier than April 25 at 7:00pm.

ENTRY LIMITATIONS: Max of 7 individual events for the swim meet, 3 event per session.

ENTRY TIMES: Submit entry times in SCY.

DEADLINES: Deadline is deadline is **May, 10, 2022.** Mail hardcopy and payment to the entry chairperson: Mario Francisco Sobrinho, 97 Salmon Brook Street Granby, CT 06053. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries are received on the date by electronic file or hardcopy is received by the entry chairperson

CONNECTICUT-ONLY DEADLINE: There are **no CT only deadlines** for April and May meets.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at mario.francisco@ghymca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment must be received before the start of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

ENTRY FEES: Electronic entries: \$10.00 for individual events, \$10.00 for distance event, \$10.00 for relays. Manual entries: \$15.00 for individual events, \$15.00 for distance events, \$15.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to FARMINGTON VALLEY YMCA.

Mail to:

MARIO FRANCISCO

97 Salmon Brook Street

Granby, CT 06035.

Payment must be received by 05/20/2022, before the start of the meet.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. All relays, if planned, will be eliminated.
- 3. The distance events (400 meters or yards or greater) may be heat limited to the first 3 heats of entries per gender in the order they were received.
- 4. The maximum number of events allowed per day may be reduced by one (1).
- 5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. Relays will be limited to 2 relays per team per event. All relay swimmers must be officially entered in the meet.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography, audio and visual recording using cameras, video cameras, tablets, cell phones or other electronic devices at a meet.

Photography or video recording from the deck is prohibited by all individuals, other than participating Coaches, unless prior authorization from the Meet Referee or meet referee has been granted.

Under no circumstances is photography or video recording permitted by anyone in the area adjacent to or behind the starting blocks, including spectator stands at deck level, while they are in use for race starting purposes during competition and warm-ups. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Photography or video recording and the use of audio, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms. Additional "No Camera Zones" may be designated by Meet Management or the meet referee.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

 Professional photographers with current, official media credentials that are promoting the sport of swimming

- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Timers will be needed. Participating clubs will be notified of work assignments by the Monday before the meet. Please, let Mario Francisco know if you have any officials coming to the meet and what sessions they will be available for the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Available on site at the YMCA

Session: 1 FRIDAY

Day of Meet: 1 Starts at 05:35 PM Heat Interval: 40 Seconds / Back +15 Seconds

Finals	101 Mixed 12 & Under 500 Freestyle
Finals	102 Mixed 1000 Freestyle
Finals	103 Girls 800 Freestyle Relay
Finals	104 Boys 800 Freestyle Relay

Session: 2 12&U SATURDAY

Day of Meet: 2 Starts at 01:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Finals	201 Girls 12 & Under 200 Backstroke
Finals	202 Boys 12 & Under 200 Backstroke
Finals	203 Girls 12 & Under 100 Butterfly
Finals	204 Boys 12 & Under 100 Butterfly
Finals	205 Girls 12 & Under 100 Breaststroke
Finals	206 Boys 12 & Under 100 Breaststroke
Finals	207 Girls 12 & Under 50 Freestyle
Finals	208 Boys 12 & Under 50 Freestyle
Finals	209 Girls 12 & Under 50 Backstroke
Finals	210 Boys 12 & Under 50 Backstroke
Finals	211 Girls 12 & Under 200 IM
Finals	212 Boys 12 & Under 200 IM
Finals	213 Girls 12 & Under 200 Freestyle Rela
Finals	214 Boys 12 & Under 200 Freestyle Rela

Session: 3 13&OVER SATURDAY

Day of Meet: 2 Starts at 05:15 PM Heat Interval: 35 Seconds / Back +15 Seconds

Finals	301 Girls 500 Freestyle
Finals	302 Boys 500 Freestyle
Finals	303 Girls 100 Breaststroke
Finals	304 Boys 100 Breaststroke
Finals	305 Girls 50 Freestyle
Finals	306 Boys 50 Freestyle
Finals	307 Girls 200 Butterfly
Finals	308 Boys 200 Butterfly
Finals	309 Girls 200 IM
Finals	310 Boys 200 IM
Finals	311 Girls 100 Backstroke
Finals	312 Boys 100 Backstroke
Finals	313 Girls 200 Freestyle Relay
Finals	314 Boys 200 Freestyle Relay

Session: 4 12&U SUNDAY

Day of Meet: 3 Starts at 01:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Finals	401 Girls 12 & Under 200 Freestyle
Finals	402 Boys 12 & Under 200 Freestyle
Finals	403 Girls 12 & Under 50 Butterfly
Finals	404 Boys 12 & Under 50 Butterfly
Finals	405 Girls 12 & Under 100 Backstroke
Finals	406 Boys 12 & Under 100 Backstroke
Finals	407 Girls 12 & Under 100 Freestyle
Finals	408 Boys 12 & Under 100 Freestyle
Finals	409 Girls 12 & Under 50 Breaststroke
Finals	410 Boys 12 & Under 50 Breaststroke
Finals	411 Women 12 & Under 200 Butterfly
Finals	412 Mixed 12 & Under 200 Butterfly
Finals	413 Girls 12 & Under 200 Breaststroke
Finals	414 Boys 12 & Under 200 Breaststroke
Finals	415 Girls 12 & Under 200 Medley Relay
Finals	416 Boys 12 & Under 200 Medley Relay

Session: 5 13&OVER SUNDAY
Day of Meet: 3 Starts at 05:15 PM Heat Interval: 35 Seconds / Back +15 Seconds

Finals	501 Girls 200 Backstroke	
Finals	502 Boys 200 Backstroke	
Finals	503 Girls 100 Freestyle	
Finals	504 Boys 100 Freestyle	
Finals	505 Girls 200 Breaststroke	
Finals	506 Boys 200 Breaststroke	
Finals	507 Girls 100 Butterfly	
Finals	508 Boys 100 Butterfly	
Finals	509 Girls 200 Freestyle	
Finals	510 Boys 200 Freestyle	
Finals	511 Mixed 400 IM	
Finals	512 Girls 400 Medley Relay	
Finals	513 Boys 400 Medley Relay	