

RST SNOWFLAKE CLASSIC

Age Group Qualifier

January 7th & 8th 2023

1014 Monroe Turnpike, Monroe, CT 06468

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-53. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Rapids Swim Team, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, Monroe Department of Health <http://www.monroect.org/>

COVID-19 Assumption of Risk Disclaimer

We, Rapids Swim Team, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Snowflake Classic or on site at Masuk High School. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Snowflake Classic and being on site at Masuk High School, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN

CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19
RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

	Name	Email	Phone
Meet Director:	Chuck Clark	Chuckclark32@hotmail.com	
Meet Referee:	Rob Cristiano		
Lead Admin Official:	Bridget Gallant		
Entry Chair:	Chuck Clark	Chuckclark32@hotmail.com	
Safety Chair:	Emily DeMace		
Officials Contact:	Chris Lieby	Chris.lieby@gmail.com	

MEET HOST: Rapids Swim Team

WEBSITE: www.smstrapids.org

POOL EMERGENCY NUMBER: 555-556-5580

SESSION TIMES: Subject to Change

Saturday & Sunday 13/O Warm Up 7:30AM Start 9:00AM

Saturday & Sunday 12/U Warm Up 12:30PM Start 1:45PM

DEADLINES: Entry deadline is Friday December 30th. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries will be accepted on a first come first served basis. Date of receipt is based on Electronic Copy of entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Rapids Swim Team.

Mail to: Chuck Clark

18 Ward Place

Trumbull, CT 06611

Payment must be received by 1/7/23.

ENTRY FEES: Electronic entries: \$10.00 for individual events, \$10.00 for distance event, \$16.00 for relays. Manual entries: \$10.00 for individual events, \$10.00 for distance events, \$16.00 for relays. In the case of approved meets, include any per swimmer fees. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

NEW FOR 2022-23: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming

MEET FORMAT: The meet will be swum as Timed Finals.

SCRATCH PROCEDURES: All teams will be provided with a scratch sheet which must be turned in 15 minutes after the start of the 1st Warm-Up Session. After 15 minutes the Meet Director will make an announcement addressing which teams have not turned in their scratch sheets as a final warning. Any team who does not turn in their scratch sheet by the allotted time will be scratched from the meet. Relay names may be changed up until the relay events start.

FACILITY: The Masuk High School Competition Pool is a 6-lane, 25-yard pool. Water depth at start end is: 9 feet. Water depth at turn end is: 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). The timing system will be Colorado Timing with touch-pads. Adequate seating and parking are available. Spectator seating capacity is 210. Please do not park in the designated Fire Lanes. Note: No Street Shoes will be allowed on deck. Changing in and out of swimsuits other than in locker rooms or other designated areas is prohibited. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited. Plenty of spectator seating. Wi-Fi May be available during the meet, if so, a password will be emailed out to all teams.

SAFE SPORT POLICIES: Spectators will be allowed; they meet will also be live streamed using Swimmerd and YouTube technology.

DISABLED ACCESS: The facility is accessible to the disabled. Please contact the Meet Director with questions.

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. All 6 lanes will be used; assignments will be made by team and not gender. There will be a maximum of 3 warm up sessions.

ELIGIBILITY: All USA Swimming clubs and individuals

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and
https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA [Swimming](#) with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY LIMITATIONS: Swimmers may compete in a maximum of 4 individual events per day and 1 relay.

ENTRY TIMES: SCY

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at chuckclark32@hotmail.com. Please check that your team's name, address, and contact information are listed correctly in this file. Payment must be received by Saturday January 7th, 2023. Date of receipt is based on Electronic Copy of entry

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and under will be cut from the meet.
2. All relays, if planned, will be eliminated.
3. The distance events (400 meters or yards or greater) may be heat limited to the first 4 heats of entries per gender in the order they were received.
4. The maximum number of events allowed per day may be reduced by one (1).
5. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes, there are no relay limitations. All relay swimmers must be officially entered in the meet.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Participating clubs will be notified of work assignments by the Monday before the meet. Athletes entered in in distance events will need to provide their own timer and counter

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes, Ribbons will be awarded to the top 6 finishers in each individual event, and top 1 finishers in each relay event. Heat winner prizes will also be awarded.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Ample parking is available in the lots surrounding Masuk High School.

DIRECTIONS

Directions to Masuk High School, 1014 Monroe Turnpike, Monroe, CT 06468

From Merritt Parkway: Take the Merritt toward Trumbull to Exit 49 North. Follow Route 25 north to stoplight at Route 111 (Monroe Turnpike). Turn right and follow Route 111 North for approximately 5 miles. Masuk High School will be on your right.

From I-95: Take I-95 towards Bridgeport to Exit 27A. Follow Route 25 and 8 North. When highway splits follow Route 25 North to stoplight at Route 111 (Monroe Turnpike). Then go right and follow Route 111 North for approximately 5 miles. Masuk High School will be on your right.

2023 Snowflake Classic - 1/7/2023 to 1/8/2023**Session Report**

Session: 1 Saturday 13/0

Day of Meet: 1 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 13 & Over 200 IM	0	0	09:00 AM	_____
Finals	2 Boys 13 & Over 200 IM	0	0	09:00 AM	_____
Finals	3 Girls 13 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	4 Boys 13 & Over 100 Backstroke	0	0	09:00 AM	_____
Finals	5 Girls 13 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	6 Boys 13 & Over 100 Butterfly	0	0	09:00 AM	_____
Finals	7 Girls 13 & Over 200 Breaststroke	0	0	09:00 AM	_____
Finals	8 Boys 13 & Over 200 Breaststroke	0	0	09:00 AM	_____
Finals	9 Girls 13 & Over 50 Freestyle	0	0	09:00 AM	_____
Finals	10 Boys 13 & Over 50 Freestyle	0	0	09:00 AM	_____
Finals	11 Girls 13 & Over 200 Freestyle Relay	0	0	09:00 AM	_____
Finals	12 Boys 13 & Over 200 Freestyle Relay	0	0	09:00 AM	_____
Finals	13 Mixed 13 & Over 500 Freestyle	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____

2023 Snowflake Classic - 1/7/2023 to 1/8/2023**Session Report**

Session: 2 Saturday 12/u

Day of Meet: 1 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	14 Girls 12 & Under 200 IM	0	0	01:45 PM	_____
Finals	15 Boys 12 & Under 200 IM	0	0	01:45 PM	_____
Finals	16 Girls 12 & Under 50 Backstroke	0	0	01:45 PM	_____
Finals	17 Boys 12 & Under 50 Backstroke	0	0	01:45 PM	_____
Finals	18 Girls 12 & Under 50 Butterfly	0	0	01:45 PM	_____
Finals	19 Boys 12 & Under 50 Butterfly	0	0	01:45 PM	_____
Finals	20 Boys 12 & Under 100 Breaststroke	0	0	01:45 PM	_____
Finals	21 Girls 12 & Under 100 Breaststroke	0	0	01:45 PM	_____
Finals	22 Boys 12 & Under 100 Freestyle	0	0	01:45 PM	_____
Finals	23 Girls 12 & Under 100 Freestyle	0	0	01:45 PM	_____
Finals	24 Boys 12 & Under 200 Freestyle Relay	0	0	01:45 PM	_____
Finals	25 Girls 12 & Under 200 Freestyle Relay	0	0	01:45 PM	_____
	Finish Time			01:45 PM	_____

2023 Snowflake Classic - 1/7/2023 to 1/8/2023**Session Report**

Session: 3 Sunday 13/0

Day of Meet: 2 Starts at 09:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	26 Boys 13 & Over 200 Freestyle	0	0	09:00 AM	_____
Finals	27 Girls 13 & Over 200 Freestyle	0	0	09:00 AM	_____
Finals	28 Boys 13 & Over 200 Backstroke	0	0	09:00 AM	_____
Finals	29 Girls 13 & Over 200 Backstroke	0	0	09:00 AM	_____
Finals	30 Boys 13 & Over 200 Butterfly	0	0	09:00 AM	_____
Finals	31 Girls 13 & Over 200 Butterfly	0	0	09:00 AM	_____
Finals	32 Boys 13 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	33 Girls 13 & Over 100 Breaststroke	0	0	09:00 AM	_____
Finals	34 Boys 13 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	35 Girls 13 & Over 100 Freestyle	0	0	09:00 AM	_____
Finals	36 Boys 13 & Over 200 Medley Relay	0	0	09:00 AM	_____
Finals	37 Girls 13 & Over 200 Medley Relay	0	0	09:00 AM	_____
Finals	38 Mixed 13 & Over 400 IM	0	0	09:00 AM	_____
	Finish Time			09:00 AM	_____

2023 Snowflake Classic - 1/7/2023 to 1/8/2023**Session Report**

Session: 4 Sunday 12/U

Day of Meet: 2 Starts at 01:45 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	39 Girls 12 & Under 200 Freestyle	0	0	01:45 PM	_____
Finals	40 Boys 12 & Under 200 Freestyle	0	0	01:45 PM	_____
Finals	41 Girls 12 & Under 100 Backstroke	0	0	01:45 PM	_____
Finals	42 Boys 12 & Under 100 Backstroke	0	0	01:45 PM	_____
Finals	43 Girls 12 & Under 100 Butterfly	0	0	01:45 PM	_____
Finals	44 Boys 12 & Under 100 Butterfly	0	0	01:45 PM	_____
Finals	45 Girls 12 & Under 50 Breaststroke	0	0	01:45 PM	_____
Finals	46 Boys 12 & Under 50 Breaststroke	0	0	01:45 PM	_____
Finals	47 Girls 12 & Under 50 Freestyle	0	0	01:45 PM	_____
Finals	48 Boys 12 & Under 50 Freestyle	0	0	01:45 PM	_____
Finals	49 Girls 12 & Under 100 IM	0	0	01:45 PM	_____
Finals	50 Boys 12 & Under 100 IM	0	0	01:45 PM	_____
Finals	51 Girls 12 & Under 200 Medley Relay	0	0	01:45 PM	_____
Finals	52 Boys 12 & Under 200 Medley Relay	0	0	01:45 PM	_____
	Finish Time			01:45 PM	_____