Soundview YMCA Stingrays 2023 Winter Classic Invitational Mini-Meet January 13 – 15, 2023

Walsh Intermediate School Pool – 185 Damascus Road, Branford, CT 06405 Soundview Family YMCA – 628 East Main Street, Branford, CT 06405

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-56. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Soundview YMCA Stingrays, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, <u>East Shore District Health Department</u>

COVID-19 Assumption of Risk Disclaimer

We, the Soundview YMCA Stingrays, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the Soundview YMCA Stingrays 2023 Winter Classic or on site at Walsh Intermediate School or the Soundview Family YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at the Soundview YMCA Stingrays 2023 Winter Classic and being on site at the Walsh Intermediate School or the Soundview YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY

LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

	Name	Email	Phone
Meet Director:	Sue Lecza	suelecza@gmail.com	(203) 675-5269
Meet Referee:	Dylan Lee	dylantlee@gmail.com	(860) 253-3074
Lead Admin Official:	John Mayo	johnpmayo@hotmail.com	(203) 453-1115
Entry Chair:	Sue Lecza	suelecza@gmail.com	(203) 675-5269
Safety Chair:	Jenn Amasino	amasinoj@hotmail.com	(203) 605-6553
Officials Contact:	Holly Claiborn	hclaiborn@comcast.net	(203) 453-1115

MEET HOST: SYS

WEBSITE: SoundviewYMCAStingrays.org

POOL EMERGENCY NUMBER: No incoming phone service at the Walsh Intermediate School pool. The Soundview Family YMCA number is (203) 481-9622

SESSION TIMES: Subject to Change:

Friday Distance (Walsh Intermediate School): 5:00 PM warm-up, 5:35 PM start Saturday & Sunday

13 & Over Trials (Soundview YMCA): 7:00 AM warm-up, 8:00 AM start

11/12 Trials (Walsh Intermediate School): 7:30 AM warm-up, 8:30 AM start

10 & Under Timed Finals (Walsh Intermediate School): 11:45 AM warm-up, 12:30 PM start

11 & Overs Finals (Walsh Intermediate School): 4:00 PM warm-up, 5:00 PM start

DEADLINES: deadline is Tuesday January 3, 2023. Mail hardcopy and payment to the entry chairperson: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Entries will be considered received on the date/time the entry file is received by the entry chair.

PAYMENT INSTRUCTIONS: Please make checks payable to Soundview YMCA Stingrays.

Mail to: Sue Lecza

16 Beechwood Road

Branford, CT 06405

Payment must be received by 01/13/2023.

ENTRY FEES: Electronic entries: \$12.00 for individual events, \$16.00 for relays. Manual entries: \$12.00 for individual events, \$16.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

NEW FOR 2022-23: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: 10 & Under events will be swum as Timed-Finals. 11 & Over events will be Prelim-Final format with the exception of the 12 & under 500 Freestyle, the 400 IM and 1,650 Freestyle, these events will be timed finals. The top 12 swimmers from prelims will qualify for the A and B Finals.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

SCRATCH PROCEDURES: All scratches are due no later than 30 minutes prior to the start of the meet. Swimmers who fail to appear for their assigned heat in a timed final or preliminary heat will be disqualified from that event.

FACILITIES:

The **Walsh Intermediate School pool** is a 6-lane, 25-yard pool. Water depth at start end is 11 feet. Water depth at turn end is 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing Systems will be used to run the meet. Spectator seating is limited to 150 persons. Public wi-fi is available from the Branford Public Schools and connectivity strength is good.

The **Soundview Family YMCA** pool is a 6-lane, 25-yard pool. Water depth at the start end is 9 feet. Water depth at the turn end is 3.5 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing Systems will be used to run the meet. Spectator seating is limited to 80 persons. Public wi-fi is available from the Soundview Family YMCA and connectivity strength is fair.

SAFE SPORT POLICIES: Spectator seating is limited to the bleacher area. No spectators will be allowed on the pool deck. Locker room use is restricted to swimmers only. Alternative restroom facilities will be provided for spectators.

DISABLED ACCESS:

Walsh Intermediate School - There are designated handicap parking spaces available in the school parking lot. The school, pool and spectator areas are handicap accessible.

Soundview Family YMCA – Handicap parking spaces are available at the front entrance to the YMCA. All YMCA pool and spectator areas are handicap accessible.

COURSE: SCY.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warm-up assignments will be emailed to coaches on the Monday before the meet starts. All 13 & over swimmers will have a minimum of 25 minutes of warm-up. 12 & under swimmers will have a minimum of 20 minutes of warm-up.

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf and

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

EVENT INFORMATION: The 12 & under 500 Freestyle, the 400 IM and 1,650 Freestyle will be swum fastest to slowest alternating heats of women and men.

ENTRY LIMITATIONS: Swimmers may enter a total of 7 individual events for the meet, no more than 3 events per day. Swimmers may also participate in 2 relay events.

ENTRY TIMES: Submit entry times in SCY.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at suelecza@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is due by the start of the meet on January 13, 2023.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the <u>Outreach Athlete</u> page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. All relays, if planned, will be eliminated.
- 2. The distance events (400 meters or yards or greater) may be heat limited to the first 3 heats of entries per gender in the order they were received.
- 3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes, there are no relay limitations. All relay swimmers must be officially entered in the meet.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy ("MAAPP"), will govern this meet.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams participating in the meet will be given volunteer assignments based on the size of their entry. All swimmers in the 500 Freestyle, 400 IM and 1,650 Freestyle must provide their own timers. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention</u> <u>Policy.</u>

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes. Trophies will be awarded to the top 6 finishers in each individual event. Medals will be awarded to the top 3 finishers in each relay event. Ribbons will be awarded to swimmers finishing 7th to 12th in each individual event, and 4th to 6th in each relay event. Awards will be available for pick-up by coaches at the conclusion of the meet.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING:

Walsh Intermediate School – ample parking is available in the lot behind the school. Entrance to the pool is in the rear of the building (Door #157).

Soundview Family YMCA – parking is available in the side and rear lot of the YMCA. Please use marked spaces only.

Session: 1 Friday Night

Day of Meet: 1 Starts at 05:35 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Women 400 IM	0	0	05:35 PM	
Finals	2 Men 400 IM	0	0	05:35 PM	
Finals	3 Girls 12 & Under 500 Freestyle	0	0	05:35 PM	
Finals	4 Boys 12 & Under 500 Freestyle	0	0	05:35 PM	
Finals	5 Women 1650 Freestyle	0	0	05:35 PM	
Finals	6 Men 1650 Freestyle	0	0	05:35 PM	
	Finish Time			05:35 PM	

Session: 2 Saturday 13 & Over Trials

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	9 Women 13-99 200 IM	0	0	08:00 AM	
Prelims	10 Men 13-99 200 IM	0	0	08:00 AM	
Prelims	13 Women 13-99 100 Backstroke	0	0	08:00 AM	
Prelims	14 Men 13-99 100 Backstroke	0	0	08:00 AM	
Prelims	17 Women 13-99 50 Freestyle	0	0	08:00 AM	
Prelims	18 Men 13-99 50 Freestyle	0	0	08:00 AM	
Prelims	21 Women 13-99 200 Butterfly	0	0	08:00 AM	
Prelims	22 Men 13-99 200 Butterfly	0	0	08:00 AM	
Prelims	25 Women 13-99 100 Breaststroke	0	0	08:00 AM	
Prelims	26 Men 13-99 100 Breaststroke	0	0	08:00 AM	
Prelims	29 Women 13-99 200 Freestyle	0	0	08:00 AM	
Prelims	30 Men 13-99 200 Freestyle	0	0	08:00 AM	
Finals	33 Mixed 13-99 200 Freestyle Relay	0	0	08:00 AM	
	Finish Time			08:00 AM	

Session: 3 Saturday 11/12 Trials
Day of Meet: 2 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	7 Girls 11-12 50 Butterfly	0	0	08:30 AM	
Prelims	8 Boys 11-12 50 Butterfly	0	0	08:30 AM	
Prelims	11 Girls 11-12 200 IM	0	0	08:30 AM	
Prelims	12 Boys 11-12 200 IM	0	0	08:30 AM	
Prelims	15 Girls 11-12 100 Backstroke	0	0	08:30 AM	
Prelims	16 Boys 11-12 100 Backstroke	0	0	08:30 AM	
Prelims	19 Girls 11-12 50 Freestyle	0	0	08:30 AM	
Prelims	20 Boys 11-12 50 Freestyle	0	0	08:30 AM	
Prelims	23 Girls 11-12 200 Butterfly	0	0	08:30 AM	
Prelims	24 Boys 11-12 200 Butterfly	0	0	08:30 AM	
Prelims	27 Girls 11-12 100 Breaststroke	0	0	08:30 AM	
Prelims	28 Boys 11-12 100 Breaststroke	0	0	08:30 AM	
Prelims	31 Girls 11-12 200 Freestyle	0	0	08:30 AM	
Prelims	32 Boys 11-12 200 Freestyle	0	0	08:30 AM	
Finals	34 Mixed 11-12 200 Freestyle Relay	0	0	08:30 AM	
	Finish Time			08:30 AM	

Session: 4 Saturday 10 & Under Timed Finals
Day of Meet: 2 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	35	Girls 8 & Under 25 Freestyle	0	0	12:30 PM	
Finals	36	Boys 8 & Under 25 Freestyle	0	0	12:30 PM	
		Break: 3 Minutes:				
Finals	37	Girls 9-10 50 Breaststroke	0	0	12:33 PM	
Finals	38	Boys 9-10 50 Breaststroke	0	0	12:33 PM	
Finals	39	Girls 8 & Under 50 Breaststroke	0	0	12:33 PM	
Finals	40	Boys 8 & Under 50 Breaststroke	0	0	12:33 PM	
Finals	41	Girls 9-10 100 Freestyle	0	0	12:33 PM	
Finals	42	Boys 9-10 100 Freestyle	0	0	12:33 PM	
Finals	43	Girls 8 & Under 100 Freestyle	0	0	12:33 PM	
Finals	44	Boys 8 & Under 100 Freestyle	0	0	12:33 PM	
Finals	45	Girls 9-10 50 Backstroke	0	0	12:33 PM	
Finals	46	Boys 9-10 50 Backstroke	0	0	12:33 PM	
Finals	47	Girls 8 & Under 50 Backstroke	0	0	12:33 PM	
Finals	48	Boys 8 & Under 50 Backstroke	0	0	12:33 PM	
Finals	49	Girls 9-10 100 Butterfly	0	0	12:33 PM	
Finals	50	Boys 9-10 100 Butterfly	0	0	12:33 PM	
		Break: 3 Minutes:				
Finals	51	Girls 8 & Under 25 Butterfly	0	0	12:36 PM	
Finals	52	Boys 8 & Under 25 Butterfly	0	0	12:36 PM	
		Break: 3 Minutes:				
Finals	53	Girls 9-10 200 IM	0	0	12:39 PM	
Finals	54	Boys 9-10 200 IM	0	0	12:39 PM	
Finals	55	Mixed 8 & Under 100 Freestyle Relay	0	0	12:39 PM	
Finals	56	Mixed 9-10 200 Freestyle Relay	0	0	12:39 PM	
		Finish Time			12:39 PM	

Session: 5 Saturday Finals
Day of Meet: 2 Starts at 05:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	7	Girls 11-12 50 Butterfly	0	2 u	05:00 PM	
Finals		Boys 11-12 50 Butterfly	0	2 u	05:03 PM	
Finals	9	Women 13-99 200 IM	0	2 u	0506015	
Finals	10	Men 13-99 200 IM	0	2 u	05:14 PM	
Finals	11	Girls 11-12 200 IM	0	2 u	05:21 PM	
Finals	12	Boys 11-12 200 IM Break: 10 Minutes:	0	2 u	05:29 PM	
Finals	13	Women 13-99 100 Backstroke	0	2 11	05:47 PM	
Finals		Men 13-99 100 Backstroke	0		05:51 PM	
Finals		Girls 11-12 100 Backstroke	0		05:56 PM	
Finals		Boys 11-12 100 Backstroke	0		· · · ·	
Finals		Women 13-99 50 Freestyle	0			
Finals		Men 13-99 50 Freestyle	0		-	
Finals		Girls 11-12 50 Freestyle	0			
Finals		Boys 11-12 50 Freestyle	0		- [[]	
Finals		Women 13-99 200 Butterfly	0	2 u		
Finals		Men 13-99 200 Butterfly	0	2 u	06:24 PM	
Finals		Girls 11-12 200 Butterfly	0	2 u	06:32 PM	
Finals	24	Boys 11-12 200 Butterfly	0	2 u	06:40 PM	
		Break: 10 Minutes:				
Finals	25	Women 13-99 100 Breaststroke	0	2 u	06:58 PM	
Finals	26	Men 13-99 100 Breaststroke	0	2 u	07:02 PM	
Finals	27	Girls 11-12 100 Breaststroke	0	2 u	07:06 PM	
Finals	28	Boys 11-12 100 Breaststroke	0	2 u		
Finals	29	Women 13-99 200 Freestyle	0	2 u	07:16 PM	
Finals	30	Men 13-99 200 Freestyle	0	2 u	07:22 PM	
Finals	31	Girls 11-12 200 Freestyle	0	2 u	07:29 PM	
Finals	32	Boys 11-12 200 Freestyle	0	2 u	07:36 PM	
		Entry / Heat Totals:	0	52		
		Finish Time			07:44 PM	

Session: 6 Sunday 13 & Over Trials

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	59 Women 13-99 200 Breaststroke	0	0	08:00 AM	
Prelims	60 Men 13-99 200 Breaststroke	0	0	08:00 AM	
Prelims	65 Women 13-99 100 Freestyle	0	0	08:00 AM	
Prelims	66 Men 13-99 100 Freestyle	0	0	08:00 AM	
Prelims	69 Women 13-99 200 Backstroke	0	0	08:00 AM	
Prelims	70 Men 13-99 200 Backstroke	0	0	08:00 AM	
Prelims	75 Women 13-99 100 Butterfly	0	0	08:00 AM	
Prelims	76 Men 13-99 100 Butterfly	0	0	08:00 AM	
Finals	79 Mixed 13-99 200 Medley Relay	0	0	08:00 AM	
Finals	81 Women 13-99 500 Freestyle	0	0	08:00 AM	
Finals	82 Men 13-99 500 Freestyle	0	0	08:00 AM	
	Finish Time			08:00 AM	

Session: 7 Sunday 11/12 Trials

Day of Meet: 3 Starts at 08:30 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Prelims	57 Girls 11-12 50 Backstroke	0	0	08:30 AM	
Prelims	58 Boys 11-12 50 Backstroke	0	0	08:30 AM	
Prelims	61 Girls 11-12 200 Breaststroke	0	0	08:30 AM	
Prelims	62 Boys 11-12 200 Breaststroke	0	0	08:30 AM	
Prelims	63 Girls 11-12 100 IM	0	0	08:30 AM	
Prelims	64 Boys 11-12 100 IM	0	0	08:30 AM	
Prelims	67 Girls 11-12 100 Freestyle	0	0	08:30 AM	
Prelims	68 Boys 11-12 100 Freestyle	0	0	08:30 AM	
Prelims	71 Girls 11-12 200 Backstroke	0	0	08:30 AM	
Prelims	72 Boys 11-12 200 Backstroke	0	0	08:30 AM	
Prelims	73 Girls 11-12 50 Breaststroke	0	0	08:30 AM	
Prelims	74 Boys 11-12 50 Breaststroke	0	0	08:30 AM	
Prelims	77 Girls 11-12 100 Butterfly	0	0	08:30 AM	
Prelims	78 Boys 11-12 100 Butterfly	0	0	08:30 AM	
Finals	80 Mixed 11-12 200 Medley Relay	0	0	08:30 AM	
	Finish Time			08:30 AM	

Session: 8 Sunday 10 & Under Timed Finals
Day of Meet: 3 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at	
Finals	83	Girls 9-10 100 Backstroke	0	0	12:30 PM	
Finals	84	Boys 9-10 100 Backstroke	0	0	12:30 PM	
		Break: 3 Minutes:				
Finals	85	Girls 8 & Under 25 Backstroke	0	0	12:33 PM	
Finals	86	Boys 8 & Under 25 Backstroke	0	0	12:33 PM	
		Break: 3 Minutes:				
Finals	87	Girls 9-10 50 Freestyle	0	0	12:36 PM	
Finals	88	Boys 9-10 50 Freestyle	0	0	12:36 PM	
Finals	89	Girls 8 & Under 50 Freestyle	0	0	12:36 PM	
Finals	90	Boys 8 & Under 50 Freestyle	0	0	12:36 PM	
Finals	91	Girls 9-10 100 IM	0	0	12:36 PM	
Finals	92	Boys 9-10 100 IM	0	0	12:36 PM	
Finals	93	Girls 8 & Under 100 IM	0	0	12:36 PM	
Finals	94	Boys 8 & Under 100 IM	0	0	12:36 PM	
Finals	95	Girls 9-10 100 Breaststroke	0	0	12:36 PM	
Finals	96	Boys 9-10 100 Breaststroke	0	0	12:36 PM	
Finals	97	Girls 8 & Under 50 Butterfly	0	0	12:36 PM	
Finals	98	Boys 8 & Under 50 Butterfly	0	0	12:36 PM	
Finals	99	Girls 10 & Under 50 Butterfly	0	0	12:36 PM	
Finals	100	Boys 9-10 50 Butterfly	0	0	12:36 PM	
		Break: 3 Minutes:				
Finals	101	Girls 8 & Under 25 Breaststroke	0	0	12:39 PM	
Finals	102	Boys 8 & Under 25 Breaststroke	0	0	12:39 PM	
		Break: 3 Minutes:				
Finals	103	Girls 9-10 200 Freestyle	0	0	12:42 PM	
Finals	104	Boys 9-10 200 Freestyle	0	0	12:42 PM	
Finals	105	Mixed 8 & Under 100 Medley Relay	0	0	12:42 PM	
Finals	106	Mixed 9-10 200 Medley Relay	0	0	12:42 PM	
		Finish Time			12:42 PM	

Session: 9 Sunday Finals
Day of Meet: 3 Starts at 05:00 PM Heat Interval: 40 Seconds / Back +15 Seconds

Round	Event	Entries	Heats S	tarts at
Finals	57 Girls 11-12 50 Backstroke	0	2 u 05:	00 PM
Finals	58 Boys 11-12 50 Backstroke	0	2 u 05:	04 PM
Finals	59 Women 13-99 200 Breaststroke	0	2 u 05:	07 PM
Finals	60 Men 13-99 200 Breaststroke	0	2 u 05:	15 PM
Finals	61 Girls 11-12 200 Breaststroke	0	2 u 05:	23 PM
Finals	62 Boys 11-12 200 Breaststroke	0	2 u 05:	32 PM
	Break: 10 Minutes:			
Finals	63 Girls 11-12 100 IM	0	2 u 05:	51 PM
Finals	64 Boys 11-12 100 IM	0	2 u 05:	55 PM
Finals	65 Women 13-99 100 Freestyle	0	2 u 05:	59 PM
Finals	66 Men 13-99 100 Freestyle	0	2 u 06:	04 PM
Finals	67 Girls 11-12 100 Freestyle	0	2 u 06:	08 PM
Finals	68 Boys 11-12 100 Freestyle	0	2 u 06:	
Finals	69 Women 13-99 200 Backstroke	0	2 u 06:	16 PM
Finals	70 Men 13-99 200 Backstroke	0	2 u 06:	24 PM
Finals	71 Girls 11-12 200 Backstroke	0	2 u 06:	32 PM
Finals	72 Boys 11-12 200 Backstroke	0	2 u 06:	40 PM
	Break: 10 Minutes:			
Finals	73 Girls 11-12 50 Breaststroke	0	2 u 06:	59 PM
Finals	74 Boys 11-12 50 Breaststroke	0	2 u 07:	02 PM
Finals	75 Women 13-99 100 Butterfly	0	2 u 07:	05 PM
Finals	76 Men 13-99 100 Butterfly	0	2 u 07:	
Finals	77 Girls 11-12 100 Butterfly	0	2 u 07:	13 PM
Finals	78 Boys 11-12 100 Butterfly	0	2 u 07:	18 PM
	Entry / Heat Totals:	0	44	
	Finish Time		07:	22 PM