

Meegan Martin Pinkout Invite
Meet Type: Invitational
Sunday October 16, 2022

Fryer Family Natatorium, Southington Community YMCA, 29 High Street, Southington, CT 06489

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-9. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Southington RAYS, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, the Plainville Southington Regional Health District.

<http://pshd.org/programs/environmental-health/pools.php>

COVID-19 Assumption of Risk Disclaimer

We, the Southington RAYS, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at the Meegan Martin Pinkout Invite or on site at the Fryer Family Natatorium at the Southington Community YMCA. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at the Meegan Martin Pinkout Invite and being on site at the Fryer Family Natatorium at the Southington Community YMCA, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF

NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

EVENTS

	Name	Email	Phone
Meet Director:	Karen Cannata	kmcannata@cox.net	203-910-1257
Meet Referee:	Dylan Lee	dylantlee@gmail.com	
Lead Admin Official:	Rich Niro	Niror797@gmail.com	860-620-2862
Entry Chair:	Rich Niro	Niror797@gmail.com	860-620-2862
Safety Chair:	Barbara Glaude	bglaude@sccymca.org	860-426-9553
Officials Contact: (optional)	Lisa Whitaker	lwhitaker@me.com	203-982-6854

MEET HOST: RAYS

WEBSITE: southingtonray.com

POOL EMERGENCY NUMBER: 860-690-0512

SESSION TIMES: Warm ups at 7:45AM - Meet Start 9:00AM. Meet will be capped at 150 swimmers.

DEADLINES: deadline is Tuesday October 11, 2022 at 8PM. Entry receipt will be determined by date stamp and time on email.

PAYMENT INSTRUCTIONS: Please make checks payable to SCCYMCA. May be paid on day of meet.

Mail to:

SCCYMCA Attn: Barbara Glaude

29 High Street

Southington, CT 06489

Payment must be received by 10/16/2022.

ENTRY FEES: Electronic entries: \$10.00 for individual events. Note that \$3 of each entry will be donated to Susan G. Komen in memory of Megan Martin. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

NEW FOR 2022-23: The Meet or Entry Director MUST run a meet verification report and give said report to the Meet Referee. This is to ensure that no swimmer without their APT credentials or unregistered swimmers participate in a sanction USA/CT Swimming meet.

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Mini meet with all sessions timed to three hours or less before scratches.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: Scratches may be made until 8:15AM the day of the meet

BEFORE ENTERING FACILITY or WHAT TO BRING: Swimmers must arrive in their swimsuits. Entrance for everyone must be thru the Main entry of the YMCA. Swimmers should bring a small deck chair.

FACILITY: The Fryer Family Natatorium is a 6 lane, 25 yard pool. Water depth at start end is: 10 feet. Water depth at turn end is: 3 ½ feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System will be used. Spectator seating will be limited to the space on the observation deck. We will live stream on our Southington RAYS Facebook Page. Seating is limited and is bleacher style. WiFi will be available to spectators and swimmers and connectivity strength, good.

SAFE SPORT POLICIES: Spectators are limited to 2 max per family (including volunteers). Meet will be live streamed on the Southington RAYS Facebook page.

DISABLED ACCESS: Handicapped parking and entrance are at the main door of the YMCA

COURSE: SCY

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. 6 lanes will be used for warmups. Each team will have access to the pool for a team warm up. Schedule for warm ups will be created after entry deadline.

ELIGIBILITY: All USA Swimming clubs and individuals; Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible. Meet will be capped at 150 swimmers.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf> and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

EVENT INFORMATION: There will be a small concession on the observation deck and Heat Sheets will be available for sale

ENTRY LIMITATIONS: 3 events per athlete

ENTRY TIMES: Submit entry times in: SCY

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at niror797@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Meet payment is due at meet start

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating CSI club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. The maximum number of events allowed per day may be reduced by one (1).

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming Rules, including the Minor Athlete Abuse Prevention Policy (“MAAPP”), will govern this meet.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Work assignments will be preassigned by the Meet Director and must sign in at the main lobby of the YMCA . Timers should plan to meet at 8:30 outside the main pool door (Subject to change) Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

MISCELLANEOUS:

PARKING: Please park in the lot on the right side of the YMCA when facing the front door. You will see door #9 when parking there. (the Mill Street- side of the building)

Meegan Martin Pink Out Invitational - 10/16/2022

Event List-By Event Number

Event #	Event Name	Event #	Event Name
1	Girls 11 & Over 200 Freestyle		
2	Boys 11 & Over 200 Freestyle		
3	Girls 8 & Under 25 Freestyle		
4	Boys 8 & Under 25 Freestyle		
5	Girls 9-12 50 Freestyle		
6	Boys 9-12 50 Freestyle		
7	Girls 13 & Over 50 Freestyle		
8	Boys 13 & Over 50 Freestyle		
9	Girls 11 & Over 200 IM		
10	Boys 11 & Over 200 IM		
11	Girls 8 & Under 25 Butterfly		
12	Boys 8 & Under 25 Butterfly		
13	Girls 9-12 50 Butterfly		
14	Boys 9-12 50 Butterfly		
15	Girls 13 & Over 100 Butterfly		
16	Boys 13 & Over 100 Butterfly		
17	Girls 8 & Under 25 Backstroke		
18	Boys 8 & Under 25 Backstroke		
19	Girls 9-12 50 Backstroke		
20	Boys 9-12 50 Backstroke		
21	Girls 13 & Over 100 Backstroke		
22	Boys 13 & Over 100 Backstroke		
23	Girls 8 & Under 50 Freestyle		
24	Boys 8 & Under 50 Freestyle		
25	Girls 9-12 100 Freestyle		
26	Boys 9-12 100 Freestyle		
27	Girls 13 & Over 100 Freestyle		
28	Boys 13 & Over 100 Freestyle		
29	Girls 8 & Under 25 Breaststroke		
30	Boys 8 & Under 25 Breaststroke		
31	Girls 9-12 50 Breaststroke		
32	Boys 9-12 50 Breaststroke		
33	Girls 13 & Over 100 Breaststroke		
34	Boys 13 & Over 100 Breaststroke		