

CONNECTICUT SWIMMING, INC. 2023 SC CONNECTICUT AGE GROUP SWIMMING CHAMPIONSHIP

University of Connecticut – Wolff-Zackin Natatorium

2095 Hillside Road, Storrs CT 06269

March 9-12, 2023

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S22-80. Sponsored by Connecticut Swimming and the Age Group Committee, the meet will be run in accordance with USA Swimming rules unless otherwise noted, including the Minor Athlete Abuse Prevention Policy (MAAPP), will govern all competition. The meet will be open to eligible 2022 CT Swimming registered clubs and swimmers who have swum the attached time standards. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, CT Swimming Inc and UCONN, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut, <https://portal.ct.gov/coronavirus>

COVID-19 Assumption of Risk Disclaimer

We, UCONN and CT Swimming Inc, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at CT Age Group Championships or on site at UCONN. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at CT Age Group Championships and being on site at UCONN you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING

AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

This meet is open to all Connecticut Swimming registered clubs and swimmers who meet the eligibility criteria and time standards (included). The meet will be run in accordance with USA Swimming rules unless otherwise noted.

| | | | |
|------------------------|------------------|--------------|--|
| MEET DIRECTOR | Ronald Vaughan | 860-538-3717 | SwimCoachRonnie@gmail.com |
| MEET REFEREE | Dylan Lee | | dylantlee@gmail.com |
| CHIEF AO | Jo Ann McCaffrey | | jmccaffrey@riverbrookymca.org |
| MEET ENTRY INFO | Henk Jansen | 203-671-4201 | office@ctswim.org |
| SAFETY CHAIR | Sarah Basile | | |
| EMERGENCY PHONE | | 860-486-9193 | |

VENUE INFORMATION

FACILITY GENERAL RULES AND INFORMATION:

- The Wolff-Zackin Natatorium is a 6 -lane, 50 meter pool. The SC competition course is 6 lanes 25 yads with 6 lanes of 25 yards warm-up warm down.
- Water depth at start end is 6 feet. Water depth at turn end is 14 feet. The competition course has been certified in accordance with 104.2.2C(4). The copy of such certification is on file with USA Swimming. Brundage Pool, a 6 lane 25 yard pool, adjacent to Wolff -Zackin will be available for continuous warm up – warm down. Colorado electronic timing will be used.
- No locks may be left on lockers. No shaving on premises is permitted. No access to faculty locker rooms is permitted.
- Changing into or out of swimsuits, whole or in part, other than in locker rooms or other designated areas is not appropriate and is prohibited.
- Misbehavior, unsportsmanlike conduct, vandalism and theft will not be tolerated and can result in being barred from participation in the meet.
- No electronic audio or visual recording devices, including cell phones, are permitted in changing areas, rest rooms, or locker rooms. Failure to comply may result in expulsion from the meet.
- Folding Chairs are allowed anywhere in the building.
- There is ample deck space for swimmer seating. Please be mindful of leaving a clear walking area for Officials & Coaches.
- Any vehicle parked anywhere other than in a parking space will be subject to fines and being towed.

SAFE SPORT POLICIES: Spectators will be allowed. Ample spectator seating exists. Meet will NOT be livestreamed.

DISABLED/ELDERLY ACCESS: Handicapped parking and pool deck access are available. If special assistance is required by athletes, coaches or spectators please contact the Safety Chair or the Meet Director.

| SCHEDULE: | <u>Ages</u> | <u>Warm-Up</u> | <u>Start</u> |
|--------------------------------|---------------|----------------|--------------|
| Thursday Evening | 13/14 | 2:00 p.m. | 3:00 p.m. |
| Thursday Evening | 12/U & relays | 5:00 p.m. | 5:30 p.m. |
| Fri-Sat-Sun - Prelims Sessions | 11/12&13/14 | 7:00 a.m. | 8:30 a.m. |
| Fri-Sat - Timed Final Sessions | 10/Under | 1:45 p.m. | 2:30 p.m. |
| Sunday - Timed Final Session | 10/Under | 2:00 p.m. | 2:45 p.m. |
| | | | |
| Fri-Sat - Finals Sessions | 11/12 & | 4:15 p.m. | 5:15 p.m. |
| Sunday - Finals Session | 13/14 | 4:30 p.m. | 5:15 p.m. |

*NOTE WELL: The “second half” Thursday Evening session times are approximate and will be updated on the CSI website by approximately 10:00 p.m. on Wednesday before the meet.

GENERAL MEET INFORMATION

ELIGIBILITY CRITERIA: Clubs and all athletes must be 2023 CSI-registered members of USA Swimming. Registration will not be processed at the meet.

1. Athletes must have swum in at least one (1) regularly scheduled CSI-sanctioned meet since January 1, 2021.
2. Have been properly entered prior to the appropriate deadline contained in either the ENTRY DEADLINE, CORRECTION, or LATE QUALIFIERS sections below
3. To be eligible to compete in individual events, each swimmer **MUST** have achieved the qualifying time for each individual event entered since January 1, 2021. Swimmers may qualify with times from 25 yard (SCY) or 50 meter (LCM) courses.

ADAPTED SWIMMING: Any CSI-registered swimmer with a disability as defined by USA Swimming Rules and Regulations should refer to the CSI Adapted Swimming Policy available on ctswim.org and contact office@ctswim.org for time standards and other information. Coaches or athletes must notify the referee of any disability prior to competition.

OUTREACH POLICY: CSI has adopted an outreach policy to enable Outreach athletes to enter this championship meet with their entry fees waived. See the OUTREACH ATHLETES section for more info.

DECK ACCESS: Swimmers on deck must be supervised by a USA Swimming registered coach. All coaches must present a valid USA Swimming coach Card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Coaches not affiliated with a CSI registered club may be on deck only for those sessions in which they are coaching associated unattached swimmers. Only swimmers entered in this meet shall be allowed in the pool during warm-ups/warm-downs. Children not participating in the meet must be supervised at all times by an adult and are not allowed on the pool deck for any reason. The Meet Director and Referee reserve the right to limit such deck access in the event of overcrowding, inappropriate behavior or for any other reason. CSI Rules of Conduct will be strictly enforced.

COACHES' MEETING: A brief coaches' meeting will be held on Friday morning at a time designated by the meet referee and as necessary on Saturday and Sunday. Please consult your packet for meeting time.

ENTRIES FOR INDIVIDUAL EVENTS

- Swimmers may enter any individual event for which they qualify, but may only compete in seven (7) individual events for the meet and a maximum of three (3) individual events per day. 13-14s may swim an additional five (5) relays and 12/Unders may swim an additional four (4) Relays.

- Swimmers meeting the qualification in the 800M/1000Y Freestyle may enter the 1500M/1650Y Freestyle as a bonus, and vice versa. Swimmers **MUST** swim the distance event for which he/she has qualified in order to enter the bonus distance event. These events must be entered with pre-proven official times.
- Unattached swimmers (UN) must be indicated on the entry. Coaches wishing to change the attachment status of swimmers during the meet should bring such requests, which must be consistent with USA Swimming rules, to the Administrative Referee.
- A swimmer entered into this meet with a non-conforming time may **NOT** update that time with a SCY time achieved after the meet's initial entry deadline.

PROOF OF ENTRY TIMES: All entry times must be pre-proven. The results of any USA Swimming sanctioned, approved, or observed meet or a meet attested by a USA Referee or CIAC/ Independent Referee will be acceptable as proof of time. Eligible times not verified in Connecticut FAST may be proven by using the Connecticut FAST custom times tool available to CSI clubs or, in the case of unattached entries, by sending an email to the entry chair, which includes the meet name, date, location, referee attestation, and pertinent page(s) of the results. Failure to pre-prove an entry time will prevent the swimmer from being entered in that event. **Proof of time is the responsibility of each coach.** In accordance with CSI policy, (Integrity Statement 1/25/94), the Club from which a swimmer's time cannot be proven, shall be fined the sum of \$100.00 per event. The \$100.00 fine must be paid by October 1, 2022, to the Connecticut Swimming office.

ENTRY DEADLINE: Entries must be received by **9:00 p.m. Thursday, March 2, 2023.**

ENTRY SUBMISSION: CSI-member USA Swimming clubs will enter using [Connecticut FAST Online Entries](#) and enter an adapted athlete by contacting office@ctswim.org. CSI-member unattached athletes, not affiliated with a CSI club, should email an entry file (*.sd3 or *.cl2) and proof of time to office@ctswim.org. If meet entry software is not available, email office@ctswim.org the athlete name, USA ID, age, event number, event name, time, and proof of time. See Proof of Entry Times section for acceptable proof. Manually typed entries are subject to extra fees and all times done in courses other than a 50-meter course must be marked on the entry form by writing SCM or SCY at the entry time. All computer entry files should be coded to indicate the course in which the time was achieved.

FEES: Splash Fee: \$12.00 per individual event, \$24.00 per relay, \$5.00 per relay only swimmer, \$20.00 per individual time trials and \$30.00 per relay time trials. A \$12.00 per swimmer entry fee applies to relay-only swimmers. If no electronic entry is provided, there is an additional \$12.00 manual entry fee per swimmer.

PAYMENT: The payment deadline for entries is upon receipt of final entry. Payment will be collected upon submission of entry by credit card or by signed check/check request. If paying by check, an image of the signed check/check request must be submitted with the final entry. The check must then be mailed to the address below. **PLEASE NOTE THE NEW ADDRESS.**

Connecticut Swimming
68 Nichols Ave
Shelton, CT 06484

All checks must be postmarked by Wednesday, March 8, 2023. CSI reserves the right to remove the unpaid entries from the meet.

OUTREACH ATHLETES: Entry fees for CSI registered Outreach Athletes are waived. When submitting the meet entry, the entering club must request, in writing, that the individual entry fees be waived for the Outreach athlete(s) listed on the club's entry. The Entry Chair shall confirm the Outreach status of the athlete(s) using USA Swimming's national registration database. If confirmed, all individual event entry fees shall be waived for that Outreach Athlete(s).

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall:

1. Be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a member coach prior to the meet. Athletes unaccompanied by a member coach will not be permitted on deck. Please contact the Meet Director for assistance. and

2. Be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted the Meet Director with the entry.

LATE QUALIFIERS: Any entered club that has a swimmer achieve an initial qualifying time during the period of **March 2-7, 2023** must enter, no later than **9:00 PM, Tuesday March 7, 2023**, using FAST Online Entries. After this deadline, you may enter via "deck entry", see below for explanation. **No improvements in seed time will be accepted.** Splash fees for late qualifiers are due at the time of entry via credit card or at the date listed above via check. CSI reserves the right to remove the unpaid entries from the meet.

CORRECTIONS: Meet entry corrections will be accepted by the meet entry chair until **9:00 PM, Tuesday March 7, 2023**. Email corrections to the Entry Chair office@ctswim.org. After this deadline, you may enter via "deck entry", see below for explanation. Corrections are adding events that were, for whatever reason, not included in the original entry. **Improvements in seed time will be accepted EXCEPT for any event where the top heat(s) swim at finals.** For each correction clubs will be assessed \$15.00 in addition to the published splash fee (see examples below).

- If John Doe is omitted from a club's entry in six (6) events, adding John is \$15 and each of his events will garner a \$15 charge. His club will be charged \$105 in addition to the cost of his entry. Total for John Doe and his 6 events is \$195.
- Each scratch while "swapping" events will garner a \$15 charge, example, take Jimmy out of the 100 back (a scratch) and put him the 100 free (new event correction). His club will be charged
 - \$30 for the "swap" and \$15 for the entry charge totaling \$45.
- A scratch for a single swimmer where a coach will not be in attendance will not garner a charge. Example, Larry is the only swimmer attending a session for his Team and he is scratching, and this is known ahead of time. This will be done so a coach doesn't have to attend a session just to scratch a swimmer.
- If a relay team is added, the charge will be \$24.00 plus entry fee. Total for additional relay
 - \$48.00.
- Deck corrections will be allowed at \$50 per correction. Adding a new swimmer is \$50. Each added event will be \$50. Each added relay will be \$50.
- The only corrections that WILL NOT garner a charge are change in attached status.
- A "deck entry" is any addition or correction after the correction deadline has passed until the end of the meet. A \$50 per addition/correction will apply. If Jimmy was omitted from the entry and he wants to swim two events, adding Jimmy is \$50, each event is \$50 (\$100) plus the entry fee (\$12 per event) – total to add Jimmy \$162

WARM-UP, SCRATCH, & POSITIVE CHECK-IN PROCEDURES

CHECK-IN/WARM-UP: All clubs must warm-up under the supervision of a coach or marshal. Swimmers without a coach in attendance must report to the office and have a supervisor assigned. Lane assignments for general warm-up will be provided in the coaches' packets and are subject to the discretion of the Meet Referee. No diving will be permitted, except in the assigned lanes during one-way Sprints. Pace lanes will be available during sessions. Due to limited warm-up space, **only swimmers entered in individual events or expected to swim relays in each session may enter the pool in that session's warm-up period.**

SCRATCH PROCEDURES:

- Scratches are due 45 minutes prior to the start of each session.
- Positive check-in is required by **6:30 p.m.** on Saturday March 11, 2023 for the 1000 freestyle events scheduled to be conducted on Sunday. Failure to positively check-in by the stated time will result in the swimmer not being seeded into the event.
 1. Any swimmer who does not scratch the event by the scratch deadline on Sunday (and did not positively check in) will be seeded at "NT".
 2. If you positively check-in and do not scratch, you will be seeded with your entry time and may swim.
 3. If you positively check in and scratch, you will not be seeded in the event and will not swim.
- Except as otherwise provided in this Announcement scratch sheets must be turned into the computer table by the schedule listed below:

- If a scratch sheet is not received by the deadline, all swimmers on that scratch sheet will be considered NOT scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) other than the 1000 freestyle until they are in compliance with entry rules.

Upon official announcement of the qualifiers from the preliminary heats of an event, scratch sheets for finals will be posted at the Administrative Referee's table. Swimmers will have 30 minutes to scratch or "declare an intention to scratch" from the finals for the event.

FAILURE TO COMPETE PENALTIES:

Failure to show for a Preliminary or Timed final event will not result in a penalty. However, a missed event will count as an event entry and included in both the daily and meet event limitations.

A swimmer qualifying for a consolation or championship final who fails to compete and who has not scratched, will be barred from further competition in the meet. A swimmer who fails to appear for a final heat on the last day of the meet shall be fined \$50.00 for each event not swum. Fines must be paid before May 1, 2023. A swimmer shall not be permitted to participate in any further meets sanctioned by CSI until all fines are paid.

- *No Penalty shall apply for Failure to Compete in finals if:*
 1. The Referee is notified in the event of injury or illness and accepts the proof.
 2. A swimmer qualifying for a final heat based on the results of preliminaries notifies the Administrative Referee within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event.
 3. The Referee determines that failure to compete was caused by circumstances beyond the control of the swimmer.

CONDUCT OF COMPETITION

SEEDING: Seeding will be in accordance with USA Swimming rule 102.5. All conforming times (LCM) shall be arranged from fastest to slowest; then non-conforming long course meter times (SCM) will be arranged fastest to slowest; followed by non-conforming short course meter times (SCY) arranged fastest to slowest. The order of heats shall be swum slowest to fastest except as otherwise noted (See DISTANCE EVENTS).

INDIVIDUAL EVENTS

- All 10 & under events and all relays will be timed finals.
- With the exception of the 500, 1000, 1650 Freestyle (see DISTANCE EVENTS), all 11/12 & 13/14 individual events will be conducted as trials and finals, with the fastest 18 swimmers returning for bonus, consolation and championship final heats in the evening session.
- C Final heats MUST be full or C final heats will not be run.

DISTANCE EVENTS

- Swimmers competing in Thursday and Sunday distance events (with the exception of those swimming in Sunday Finals), must provide a counter and timer, who will be assigned a lane by the Meet Referee or his designee.
- Swimmers meeting the qualification in the 1000Y/800M Freestyle may enter the 1650Y/1500M Freestyle as a bonus, and vice versa. Swimmers MUST swim the distance event for which he/she has qualified in order to enter the bonus distance event. These events must be entered with pre-proven times. See ENTRIES section.
- The 13/14 and 500 Freestyle and 400 Individual Medley events will be conducted as preliminaries and finals, with the fastest eighteen (18) swimmers returning for championship final heats in the evening session.
- The 12/U 500 Freestyle and the 13/14 1000 and 1650 Freestyle events shall be conducted on a **timed final** basis, swum fastest to slowest, alternating girls and boys. In the 1000, the fastest seeded heat of women and men shall be conducted as the first event of finals on Sunday evening. Swimmers must supply their own lap counters. Except for those swimming Sunday evening finals, swimmers must provide a timer, who will be assigned a lane by the Meet Referee or his designee. The meet program is not the final determinant of seeding. Late entries, corrections or scratches may impact which swimmers will swim in the evening. Seeding will be posted as soon as possible after the scratch deadline.

RELAYS

- **ALL RELAY EVENTS WILL BE SWUM AT PRELIMS** (Timed Finals for 10/U) on a timed final basis.
- Relay cards will be given to club coaches, who must list the relay team swimmers' names in order of swim. Failure to do so will prevent the relay team from competing. Upon reporting to the starting block prior to the relay heat in which the team is entered, the completed relay card shall be given to the head timer. No further changes will be permitted. Incomplete or inaccurate relay cards will result in disqualification if discovered after the swim.
- **Attention:** all teams entered in Thursday's 800 Free Relay event: Clubs may enter one relay team per each event number (3 and 4) for the 800 Freestyle Relay. Each team must provide 1 lane timer for each relay entry. Timers should be ready and in place prior to the conclusion of the previous heat.
- Clubs may enter one relay-only swimmer per age group per gender (11/12 Girls, 11/12 Boys, 13/14 Girls & 13/14 Boys). **ONLY ONE** per age group per gender, **NOT** one per day, **NOT** one per relay, **ONE** per age group per gender for the entire meet. Swimmers entered in relay events **only** must be listed on the meet entry with their USA Swimming numbers and ages.
- Clubs may enter up to three relay-only swimmers per age group per gender for the 10/Under session only to fill out an "A" relay. Teams with B & C relays may only use 1 relay-only swimmer. (i.e. to have a B relay, a team must have at least 7 individual qualifiers.)
- Each club may enter up to three (3) relay teams per relay event, except for the 800 Freestyle Relay where each club may enter only one (1) relay team per 800 relay event. "No-times" for relay events will not be accepted. Please estimate or use a composite.
- There will be a 5-minute break preceding all relay events that do not begin the session. This break will provide use of the pool for relay warm-up but will **NOT** include start or sprint only accommodations.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

TIME TRIALS: Time Trials will be considered by the Meet Ref if there is enough time between the Preliminary Sessions. Time trials will **NOT** count towards the event limit. If Time Trials occur, the swimmer needs their own timer/counter. An update regarding this will be posted closer to the meet.

BREAKS: The addition of any unpublished breaks in the competition schedule is at the discretion of the Meet Referee. Coaches and swimmers should note that entering and swimming "back to back" events, under normal circumstances of meet operation does not warrant an unscheduled break. Three (3) to five (5) heats should be anticipated in each preliminary event and relays. **ALL BREAKS ARE GENERAL WARMUP AND WILL NOT INCLUDE START/SPRINT ACCOMMODATIONS.**

AWARDS & SCORING:

- Events will be scored to 18 places. For individual events, medals will be awarded through 8th place with ribbons awarded from 9th through 18th place. For relay events, medals will be awarded through 3rd place.
- Individuals and relay teams winning first place will also receive Age Group Champion awards. High point trophies will be awarded to the individual female and male swimmers and to the women's, men's and combined teams who score the most points in the 10 & under, 11/12 & 13/14 categories. Additionally, "Distance" high point trophies will be awarded to the female and male swimmers who score the most points in the following categories:
 - 10/U - 200 Free, 500 Free, and 200 IM
 - 11/12 - 200 Free, 500 Free, and 200 IM
 - 13/14 - 500 Free, 1000 Free, 1650 Free, and 400 IM
- **All clubs must make arrangements to collect their awards prior to leaving the building on Sunday night.** CSI will not be able to provide storage or shipment of awards.

- **Scoring Table**

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| Individual Events: | 24-21-20-19-18-17-15-13-12-11-10-9-7-5-4-3-2-1 |
| Relays: | 48-42-40-38-36-34-30-26-24-22-20-18-14-10-8-6-4-2 |

WORK ASSIGNMENTS: Club entry in this meet constitutes acceptance of club responsibility to provide workers assigned by the Meet Director. All clubs are required to provide workers (e.g. safety coordinators, timers, runners, marshals, officials, etc.) in proportion to the size of their entry. All clubs and unattached groups, regardless of size, may be asked to produce a worker(s) for a session. Each club's work assignments will be posted on ctswim.org as soon as possible after the

entry deadline. Clubs who would like to volunteer for specific jobs (computer, announcer, hospitality, office, awards, etc) should contact the Meet Director by Tuesday before the meet.

Work assignments for finals will be posted as soon as possible following the closing of finals scratches. Assignments will be based on the number of swimmers each club has entered in final and consolation final heats. Workers should appear and sign in at the pool deck office prior to the beginning of warm-ups and remain through the conclusion of finals.

Officials interested in officiating can sign-up using this link, <https://fast.ctswim.org/CTNet/CFPaintForm.aspx?f=290> (this file may need to be altered depending on the format of the meet) no later than **Monday before the meet**. Meeting this deadline will ensure these assignments are counted in your club's work assignment.

Work assignments are, unless otherwise stated in the Volunteer Assignment Schedule posted on www.ctswim.org, for the duration of the session, **including relay events**, and it is the responsibility of the club to provide back-up if for any reason a worker is unable to complete the work assignment. Job descriptions will be posted on the CSI website. Unless otherwise stated in the Volunteer Assignment Schedule, workers must appear and sign in at the pool deck office prior to the second session of warm-ups. Connecticut Swimming, Inc. will fine any club that fails to provide its workers or whose workers do not work for the entire session. Fines must be paid before LC meet bids are due or offending clubs jeopardize their right to participate in future CSI- sponsored events.

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| Failure to supply worker | \$100 per worker per session |
| Leaving assignment early | \$60 per worker per session |
| Arriving late for assignment | \$60 per worker per session |

Each club shall submit the name and telephone number of a club liaison responsible for that club's work assignments. If no representative is shown, the club coach shall be responsible for performing the function of the liaison.

MISCELLANEOUS

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Electronic audio or visual recording devices, including cell phones, are not permitted in changing areas, rest rooms, or locker rooms.

INCLEMENT WEATHER OR CANCELLATION: In the event of weather delays, events may be cut. Please review [CSI's Inclement Weather Policy](#).

OVERSUBSCRIPTION: In the event of over subscription, the **Age Group** Committee and meet management reserve the right to make adjustments to the meet. These may include, but are not limited to, conducting all events in split sessions.

MEET JURY: The Meet Jury shall be announced by the Meet Referee at the Coaches Meeting. Written protests involving eligibility or technical rules, except disqualification due to judgment decisions of the deck officials, shall be made to the Meet Referee within 30 minutes of the protested act or occurrence. Any protest filed will be referred to the appropriate jury. There is a \$50 fee for a protest made by anyone and that fee is refundable if the protest is upheld.

REFRESHMENTS: Hospitality will be provided for coaches, officials and computer operators. Water will be distributed on deck to volunteers/timers. UCONN may provide concessions.

PHOTOGRAPHY AND VIDEO RECORDING: Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell

phones, etc) from the deck is prohibited by all individuals other than participating Coaches unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following “Non-Camera Zones” shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area behind or to the side of the starting blocks at either end of the racing course(s) while they are in use for “race starting purposes” during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

- Professional photographers with current, official media credentials that are promoting the sport of swimming
- Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training
- A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach’s electronic device

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

PARKING: After 5:00p and on weekends, the lots are free and open. Max \$15 per day for the garage. Aside from Area 1 lot G, Lots D, Y and Z would be the closest to the pool.

University permit parking privileges are strictly enforced between the hours of 7:00a to 5:00p, weekdays unless otherwise posted. After 5:00 p.m. on weekdays, and on weekends, others may park in any on-campus space not designated as reserved, restricted, or limited. Overnight parking (4:00 a.m. until 5:00 a.m.) not specifically authorized by University permit privileges, posted signage, or written communication from Parking Services is prohibited.

Map Link:

<https://park.uconn.edu/wp-content/uploads/sites/2304/2022/03/FINAL-PARKING-MAP081921.pdf>

LODGING:

| PRELIMINARY EVENT LINE-UP | | |
|------------------------------|-----------------------|------|
| THURSDAY EVENING | | |
| GIRLS | | BOYS |
| NO | EVENT | NO |
| 1 | 13/14 1650Y Freestyle | 2 |
| | 30 minute warm-up | |
| 3 | 13/14 800Y Free Relay | 4 |
| 5 | 10/U 500Y Freestyle | 6 |
| 7 | 11/12 500Y Freestyle | 8 |

| FINALS EVENT LINE-UP | | |
|-------------------------|-------|------|
| GIRLS | | BOYS |
| NO | EVENT | NO |
| | | |

| PRELIMINARY EVENT LINE-UP | | |
|--------------------------------------|-------------------------|-------------|
| THURSDAY EVENING | | |
| GIRLS | | BOYS |
| NO | EVENT | NO |
| 1 | 13/14 1650Y Freestyle | 2 |
| | 30 minute warm-up | |
| 3 | 13/14 800Y Free Relay | 4 |
| 5 | 10/U 500Y Freestyle | 6 |
| 7 | 11/12 500Y Freestyle | 8 |
| FRIDAY MORNING | | |
| 9 | 11/12 400Y Free Relay | 10 |
| 11 | 13/14 400Y Free Relay | 12 |
| 13 | 11/12 200Y IM | 14 |
| 15 | 13/14 200Y IM | 16 |
| 17 | 11/12 100Y Butterfly | 18 |
| 19 | 13/14 50Y Freestyle | 20 |
| 21 | 11/12 50Y Breaststroke | 22 |
| 23 | 13/14 200Y Breaststroke | 24 |
| 25 | 11/12 100Y Freestyle | 26 |
| 27 | 13/14 500Y Freestyle | 28 |
| 29 | 11/12 200 Backstroke | 30 |
| FRIDAY AFTERNOON | | |
| 31 | 10/U 400Y Free Relay | 32 |
| 33 | 10/U 200Y IM | 34 |
| | Break | |
| 35 | 10/U 100Y Butterfly | 36 |
| 37 | 10/U 50Y Breaststroke | 38 |
| | Break | |
| 39 | 10/U 100Y Freestyle | 40 |

| SATURDAY MORNING | | |
|-------------------------|-------------------------|----|
| 41 | 13/14 200Y Medley Relay | 42 |
| 43 | 11/12 200Y Medley Relay | 44 |
| 45 | 13/14 100Y Freestyle | 46 |
| 47 | 11/12 100Y Backstroke | 48 |
| 49 | 13/14 200Y Butterfly | 50 |
| 51 | 11/12 50Y Freestyle | 52 |
| 53 | 13/14 100Y Backstroke | 54 |
| 55 | 11/12 100Y Breaststroke | 56 |
| 57 | 13/14 400Y IM | 58 |
| 59 | 11/12 200Y Butterfly | 60 |
| 61 | 13/14 200Y Free Relay | 62 |
| 63 | 11/12 200Y Free Relay | 64 |

| FINALS EVENT LINE-UP | | |
|---------------------------------|--------------|-------------|
| GIRLS | | BOYS |
| NO | EVENT | NO |
| | | |

| FRIDAY FINALS | | |
|----------------------|-------------------------|----|
| | | |
| 13 | 11/12 200Y IM | 14 |
| 15 | 13/14 200Y IM | 16 |
| 17 | 11/12 100Y Butterfly | 18 |
| 19 | 13/14 50Y Freestyle | 20 |
| 21 | 11/12 50Y Breaststroke | 22 |
| 23 | 13/14 200Y Breaststroke | 24 |
| 25 | 11/12 100Y Freestyle | 26 |
| 27 | 13/14 500Y Freestyle | 28 |
| 29 | 11/12 200 Backstroke | 30 |

| SATURDAY FINALS | | |
|------------------------|-------------------------|----|
| | | |
| 45 | 13/14 100Y Freestyle | 46 |
| 47 | 11/12 100Y Backstroke | 48 |
| 49 | 13/14 200Y Butterfly | 50 |
| 51 | 11/12 50Y Freestyle | 52 |
| 53 | 13/14 100Y Backstroke | 54 |
| 55 | 11/12 100Y Breaststroke | 56 |
| 57 | 13/14 400Y IM | 58 |
| 59 | 11/12 200Y Butterfly | 60 |
| | | |

| PRELIMINARY EVENT LINE-UP | | |
|--------------------------------------|------------------------|-------------|
| SATURDAY AFTERNOON | | |
| GIRLS | | BOYS |
| NO | EVENT | NO |
| 65 | 10/U 200Y Medley Relay | 66 |
| | Break | |
| 67 | 10/U 100Y Backstroke | 68 |
| 69 | 10/U 50Y Freestyle | 70 |
| | Break | |
| 71 | 10/U 100Y Breaststroke | 72 |
| 73 | 10/U 200Y Free Relay | 74 |

| FINALS EVENT LINE-UP | | |
|---------------------------------|--------------|-------------|
| GIRLS | | BOYS |
| NO | EVENT | NO |
| | | |

| SUNDAY MORNING | | |
|--|-------------------------|-----|
| 75 | 11/12 400Y Medley Relay | 76 |
| 77 | 13/14 400Y Medley Relay | 78 |
| 79 | 11/12 50Y Backstroke | 80 |
| 81 | 13/14 200Y Backstroke | 82 |
| 83 | 11/12 200Y Freestyle | 84 |
| 85 | 13/14 100Y Butterfly | 86 |
| 87 | 11/12 100Y IM | 88 |
| 89 | 13/14 100Y Breaststroke | 90 |
| 91 | 11/12 50Y Butterfly | 92 |
| 93 | 13/14 200Y Freestyle | 94 |
| 95 | 11/12 200Y Breaststroke | 96 |
| 97 | 13/14 1000Y Freestyle | 98 |
| Top heat of the 1000 will swim as the first event at finals | | |
| SUNDAY AFTERNOON | | |
| 99 | 10/U 400Y Medley Relay | 100 |
| | Break | |
| 101 | 10/U 50Y Backstroke | 102 |
| 103 | 10/U 200Y Freestyle | 104 |
| | Break | |
| 105 | 10/U 100 IM | 106 |
| 107 | 10/U 50Y Butterfly | 108 |

| SUNDAY FINALS | | |
|----------------------|-------------------------|----|
| 97 | 13/14 1000Y Freestyle | 98 |
| | | |
| 79 | 11/12 50Y Backstroke | 80 |
| 81 | 13/14 200Y Backstroke | 82 |
| 83 | 11/12 200Y Freestyle | 84 |
| 85 | 13/14 100Y Butterfly | 86 |
| 87 | 11/12 100Y IM | 88 |
| 89 | 13/14 100Y Breaststroke | 90 |
| 91 | 11/12 50Y Butterfly | 92 |
| 93 | 13/14 200Y Freestyle | 94 |
| 95 | 11/12 200Y Breaststroke | 96 |
| | | |

2023 AGE GROUP TIME STANDARDS

10/U GIRLS

10/U BOYS

| SCY | LCM | Event | LCM | SCY |
|---------|---------|--------------|---------|---------|
| 32.89 | 35.99 | 50 Free | 36.59 | 33.19 |
| 1:13.39 | 1:21.19 | 100 Free | 1:21.99 | 1:13.99 |
| 2:44.79 | 2:57.39 | 200 Free | 2:58.39 | 2:44.79 |
| 7:12.99 | 6:20.49 | 400/500 Free | 6:30.19 | 7:12.99 |
| 38.69 | 43.09 | 50 Back | 44.49 | 38.89 |
| 1:24.29 | 1:34.69 | 100 Back | 1:36.49 | 1:25.49 |
| 43.99 | 49.49 | 50 Breast | 51.89 | 45.49 |
| 1:36.29 | 1:49.39 | 100 Breast | 1:53.79 | 1:40.69 |
| 37.99 | 41.99 | 50 Fly | 42.49 | 38.79 |
| 1:30.59 | 1:43.09 | 100 Fly | 1:45.89 | 1:31.49 |
| 1:23.99 | xxx | 100 IM | xxx | 1:25.49 |
| 3:05.99 | 3:24.79 | 200 IM | 3:28.69 | 3:06.09 |

11-12 Girls

11-12 Boys

| | | | | |
|---------|---------|--------------|---------|---------|
| 28.99 | 32.99 | 50 Free | 32.99 | 28.99 |
| 1:03.09 | 1:12.09 | 100 Free | 1:12.09 | 1:02.99 |
| 2:17.49 | 2:36.19 | 200 Free | 2:36.19 | 2:17.49 |
| 6:07.59 | 5:29.09 | 400/500 Free | 5:31.49 | 6:07.59 |
| 32.69 | 37.69 | 50 Back | 38.19 | 33.49 |
| 1:11.39 | 1:23.19 | 100 Back | 1:22.49 | 1:12.59 |
| 2:31.39 | 2:59.99 | 200 Back | 3:03.99 | 2:33.99 |
| 36.89 | 42.79 | 50 Breast | 43.69 | 37.99 |
| 1:20.19 | 1:32.79 | 100 Breast | 1:35.39 | 1:21.99 |
| 2:52.19 | 3:21.99 | 200 Breast | 3:28.69 | 2:53.99 |
| 31.29 | 35.39 | 50 Fly | 35.99 | 32.99 |
| 1:10.89 | 1:20.49 | 100 Fly | 1:25.89 | 1:12.99 |
| 2:34.29 | 3:16.09 | 200 Fly | 3:22.09 | 2:36.99 |
| 1:12.09 | xxx | 100 IM | xxx | 1:13.09 |
| 2:34.49 | 2:56.59 | 200 IM | 2:59.99 | 2:36.99 |

13/14 Girls

13/14 Boys

| | | | | |
|----------|----------|----------------|----------|----------|
| 27.89 | 31.79 | 50 Free | 29.49 | 25.69 |
| 1:00.19 | 1:08.99 | 100 Free | 1:04.49 | 56.29 |
| 2:10.39 | 2:29.39 | 200 Free | 2:20.59 | 2:02.59 |
| 5:49.59 | 5:14.39 | 400/500 Free | 4:59.19 | 5:31.39 |
| 12:01.69 | 10:47.99 | 800/1000 Free | 10:22.19 | 11:26.69 |
| 20:02.99 | 20:39.79 | 1500/1650 Free | 19:48.39 | 19:07.59 |
| 1:05.69 | 1:17.09 | 100 Back | 1:14.19 | 1:01.29 |
| 2:22.99 | 2:44.89 | 200 Back | 2:43.99 | 2:13.99 |
| 1:15.49 | 1:27.49 | 100 Breast | 1:24.19 | 1:09.69 |
| 2:43.69 | 3:08.29 | 200 Breast | 3:03.69 | 2:31.39 |
| 1:05.49 | 1:14.29 | 100 Fly | 1:11.79 | 1:00.99 |
| 2:24.89 | 2:52.99 | 200 Fly | 2:47.99 | 2:15.59 |
| 2:25.49 | 2:47.79 | 200 IM | 2:38.29 | 2:17.09 |
| 5:11.69 | 5:56.19 | 400 IM | 5:50.99 | 4:52.69 |