



Bulldog Swimming October Season Opener

October 2-3, 2020

Albertus Magnus College

303 Huntington St., New Haven, CT 06511

<https://goo.gl/maps/tSUMCh2ri7YMyZ5i7>

This meet information is subject to change given the fluid nature of COVID-19. Be aware that CDC, State of CT, and local jurisdiction guidelines or public health actions may change quickly and without warning. Visit ctswim.org or the host website for any updates.

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S21-2. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

COVID-19 Statement

In applying for this sanction, the Host, Bulldog Swimming, agrees to comply and to enforce all health and safety mandates and guidelines of USA Swimming, Connecticut Swimming, the State of Connecticut and, Albertus Magnus College. <https://www.albertus.edu/returntocampus/>

COVID-19 Assumption of Risk Disclaimer

We, Bulldog Swimming, have taken enhanced health and safety measures – for athletes, coaches, officials, volunteers, and meet management. You must follow all instructions while participating in/spectating at Bulldog Swimming October Season Opener or on site at Albertus Magnus College. An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and guests with underlying medical conditions are especially vulnerable. By participating in/spectating at Bulldog Swimming October Season Opener and being on site at Albertus Magnus College, you voluntarily assume all risks related to exposure to COVID-19.

COVID-19 Release

An inherent risk of exposure to COVID-19 exists in any public place where people are present. COVID-19 is an extremely contagious disease that can lead to severe illness and death. According to the Centers for Disease Control and Prevention, senior citizens and individuals with underlying medical conditions are especially vulnerable.

USA Swimming, Inc., cannot prevent you (or your child(ren)) from becoming exposed to, contracting, or spreading COVID-19 while participating in USA Swimming sanctioned events. It is not possible to prevent against the presence of the disease. Therefore, if you choose to participate in a USA Swimming sanctioned event, you may

be exposing yourself to and/or increasing your risk of contracting or spreading COVID-19.

BY ATTENDING OR PARTICIPATING IN THIS COMPETITION, YOU VOLUNTARILY ASSUME ALL RISKS ASSOCIATED WITH EXPOSURE TO COVID-19 AND FOREVER RELEASE AND HOLD HARMLESS USA SWIMMING AND CONNECTICUT SWIMMING AND EACH OF THEIR OFFICERS, DIRECTORS, AGENTS, EMPLOYEES OR OTHER REPRESENTATIVES FROM ANY LIABILITY OR CLAIMS INCLUDING FOR PERSONAL INJURIES, DEATH, DISEASE OR PROPERTY LOSSES, OR ANY OTHER LOSS, INCLUDING BUT NOT LIMITED TO CLAIMS OF NEGLIGENCE AND GIVE UP ANY CLAIMS YOU MAY HAVE TO SEEK DAMAGES, WHETHER KNOWN OR UNKNOWN, FORESEEN OR UNFORESEEN, IN CONNECTION WITH EXPOSURE, INFECTION, AND/OR SPREAD OF COVID-19 RELATED TO PARTICIPATION IN THIS COMPETITION.

WAIVER: Waivers with signatures are required. All participants and spectators must sign the Waiver of Liability and Hold Harmless Agreement found on the last page of this meet announcement. Please email the signed agreement to adriana.marmolejo@olympian.org prior to the meet or bring signed copies for the start of the meet.

EVENTS

	Name	Email	Phone
Meet Director:	Adriana Schack	adriana.marmolejo@olympian.org	(480) 307-4813
Meet Referee:	Walter Carroll	wandjcarroll@comcast.net	(203) 804-1135
Lead Admin Official:	Jenna Zullo		(203) 410-9754
Entry Chair:	Adriana Schack	adriana.marmolejo@olympian.org	(480) 307-4813
Safety Chair:	Molly Harmon	mollyharmon333@gmail.com	
Officials Contact:	Walter Carroll	wandjcarroll@comcast.net	(203) 804-1135

MEET HOST: BULL

WEBSITE: <https://www.teamunify.com/team/ctbs/page/home>

POOL EMERGENCY NUMBER: 203-672-6778

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final

SCRATCH PROCEDURES: No scratches will be taken. The meet will be pre-seeded, please send scratches to the entry chair by September 30.

NO DECK ENTRIES WILL BE ALLOWED

BEFORE ENTERING FACILITY or WHAT TO BRING: Athletes will enter the facility on the left side of the pool, 5 minutes before their warm up is scheduled to start, swimmers must be

wearing a mask. Heat sheets will be posted on meet mobile. Health assessment needs to be performed before attending the meet. Athletes must come with their suit already on as locker rooms will be accessible for bathroom use only. Depending on infection numbers, the facility might require proof of vaccination or negative COVID test.

FACILITY: Cosgrove Marcus Messer Natatorium is a 6 -lane, 25-yard pool. Water depth at start end is: 10 ft. Water depth at turn end is: 4 ft. The competition course has not been certified in accordance with 104.2.2C(4).

LOCKER ROOMS: Showers and locker rooms are limited to use of the restrooms only. Changing into or out of swimsuits is prohibited.

SAFE SPORT POLICIES: There will be no spectators on deck. Meet will be live streamed via Zoom, and a secure, password protected link will be sent to families before the meet.

DISABLED ACCESS: Access to spectator seating is by stairs only. The pool deck is at ground level only. There is available handicap parking. Please contact the Meet Director for special arrangements.

COURSE: SCY

SESSION TIMES:

Subject to Change

Saturday Session 1 Warm up 7:00 AM Meet starts 8:30 AM

Sunday Session 2 Warm up 7:00 AM Meet starts 8:30 AM

WARM-UPS:CT Swimming Warm-Up Procedures will be in effect. The pool will close five minutes before the beginning of each session. Teams will be assigned warm-up lanes after all entries are received.

ELIGIBILITY:All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete [registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck. Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a **\$100 fine** per instance, as described in CT Swimming meet policies:

<https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf>

and

https://www.ctswim.org/Customer-Content/www/CMS/files/policies_admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge**. When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older on any day of the meet must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary, then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to the [Connecticut Swimming office](#).

ENTRY LIMITATIONS:

Session 1 - 5 events max.

Session 2 - 5 event max.

ENTRY TIMES: Submit entry times in: SCY.

DEADLINES: Deadline is September 24, 2021. Mail hardcopy and payment to the entry chairperson: Adriana Schack 573 Hill St, Hamden CT 06514. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Date of entry is considered when the email was received by the entry chair.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at adriana.marmolejo@olympian.org. Please check that your team name, address, and contact information are listed correctly in this file. Teams will be notified within 48 hours of receiving entry if they are accepted into the meet. Payment due date for all entries: September 30, 2021. Any team that fails to send payment, cover page and waiver form, by this due date can be scratched from the meet at the discretion of the Entry Chairperson.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All adult athletes, or parents of minor athletes, who enter without club affiliation will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

ENTRY FEES: Electronic entries: \$11.00 for individual events. Manual entries: \$12.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

OUTREACH ENTRY FEE REIMBURSEMENT: Participating clubs will submit payment in full to the meet host for all Outreach athlete entry fees (splash fees). These fees will be reimbursed by CSI to the participating club after completion of the meet. Scratches and 'No Swims' will not be reimbursed. For more information and to submit a reimbursement visit the [Outreach Athlete](#) page on ctswim.org.

PAYMENT INSTRUCTIONS: Please make checks payable to Bulldog Swimming and mail to: Adriana Schack 573 Hill Street Hamden CT 06514. Payment must be received by September 27, 2021.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

1. Athletes aged 7 and Under will be cut from the meet.
2. The maximum number of events allowed per day may be reduced by one (1).
3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from

the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

If individuals are properly credentialed, not obstructing movement on the deck and abiding by these rules, the following individuals may be allowed by Meet Management and the meet referee with prior authorization if they possess the following:

Professional photographers with current, official media credentials that are promoting the sport of swimming

Official team and professional meet photographers that are USA Swimming members, background checked, have signed off on MAAPP and completed Athlete Protection Training

A participating athlete directly assisting a Coach, for instructional purposes, during an event using the Coach's electronic device

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: Yes. Time trials may be offered at the discretion of the Meet Referee in accordance with CSI Policy if time allows. Time trials are limited to the events published in this meet announcement (age/distance/stroke). Time Trials will count toward the athlete's event limitations for the day and meet. If they are offered, only athletes properly entered in one or more events in the meet are eligible for time trials and must be properly entered in the Time Trial.. The deadline for Time Trial entries is/are 06:30 AM for morning sessions. The fee for Time Trial entries is \$15.00 for individual events and \$20.00 for relays.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All teams will be required to supply timers in proportion to the size of their entry. Watches to be provided by meet host.. Participating clubs must be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the [Minor Athlete Abuse Prevention Policy](#).

Any volunteer officials should contact Walter Carroll, wandjcarroll@comcast.net

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: Yes. Heat winner awards.

CONCESSIONS: No.

HOSPITALITY FOR COACHES AND OFFICIALS: light snacks and drinks.

PARKING: Please park in the lot adjacent to the Athletic Complex.

DIRECTIONS:

Cosgrove Marcus Messer Athletic Center

Address: 303 Huntington St., New Haven, CT 06511

From I-95 North/South:

Take exit 48 to I-91 North. Take exit 3 Trumbull Street and stay straight off exit. Turn right onto Whitney Avenue. Take a left on Sachem Street then take a right onto Prospect Street.

Take a left onto Huntington Street and follow down the hill. Entrance to the athletic center parking lot will be on the right.

From I-91 North/South:

Take exit 3 Trumbull Street and stay straight off exit. Turn right onto Whitney Avenue. Take a left on Sachem Street then take a right onto Prospect Street. Take a left onto Huntington Street and follow down the hill. Entrance to the athletic center parking lot will be on the right.

CT-15 Heading North:

Take exit 60 and take a right off the ramp onto CT-10 South/Dixwell Ave. towards Hamden/New Haven. After two miles, take a left onto Morse Street. Then take a right onto Winchester Ave. Go about 100 feet and take a left onto Huntington Street. Entrance to the athletic center parking lot will be immediately on your left.

CT-15 Heading South:

Take exit 61 and take a right off the ramp onto Whitney Avenue towards New Haven. After 3.6 miles, take a right onto Huntington Street. Continue straight on Huntington Street through a stop sign and a traffic light. Continue down the hill where the entrance to the athletic center parking lot will be on the right.

<https://goo.gl/maps/tSUMCh2ri7YMyZ5i7>

WAIVER OF LIABILITY AND HOLD HARMLESS AGREEMENT

In consideration for receiving permission to BE ON PREMISES to either accompany my child or he or she conduct business, voluntarily participate in recreational events, attend practice or participate in training or compete at ALBERTUS MAGNUS COLLEGE or any BULLDOG SWIMMING related activity (hereinafter the "Activity" or "Activities"), I, on behalf of myself and any minor child/children for whom I have the capacity to contract, hereby acknowledge and agree to the following:

1. I understand the hazards of the novel coronavirus ("COVID-19") and am familiar with the Centers for Disease Control and Prevention ("CDC") guidelines regarding COVID-19. I acknowledge and understand that the circumstances regarding COVID-19 are changing from day to day and that, accordingly, the CDC guidelines are regularly modified and updated, and I accept full responsibility for familiarizing myself with the most recent updates.
2. Notwithstanding the risks associated with COVID-19, which I readily acknowledge, I hereby willingly choose to participate in Activities.
3. I acknowledge and fully assume the risk of illness or death related to COVID-19 arising from my being on the premises and participating in the Activities and hereby RELEASE, WAIVE, DISCHARGE, AND COVENANT NOT SUE (on behalf of myself and any minor child/children for whom I have the capacity to contract) BULLDOG SWIMMING and / or ALBERTUS MAGNUS COLLEGE and its owners, officers, directors, agents, employees, and assigns (the "RELEASEES") from any liability related to COVID-19 which might occur as a result of my being on the premises and participating in the Activities.
4. I shall indemnify, defend, and hold harmless the RELEASEES from and against any and all claims, demands, suits, judgments, losses or expenses of any nature whatsoever (including, without limitation, attorneys' fees, costs and disbursements, whether of in-house or outside counsel and whether or not an action is brought, on appeal or otherwise), arising from or out of, or relating to, directly or indirectly, the infection of COVID-19 or any other illness or injury.
5. It is my express intent that this Waiver and Hold Harmless Agreement shall bind any assigns and representatives, and shall be deemed as a RELEASE, WAIVER, DISCHARGE, AND COVENANT NOT TO SUE the above-named RELEASEES. This Agreement and the provisions contained herein shall be construed, interpreted, and controlled according to the laws of the State of Connecticut. I HEREBY KNOWINGLY AND VOLUNTARILY WAIVE ANY RIGHT TO A JURY TRIAL OF ANY DISPUTE ARISING IN CONNECTION WITH THIS AGREEMENT. I ACKNOWLEDGE THAT THIS WAIVER WAS EXPRESSLY NEGOTIATED AND IS A MATERIAL INDUCEMENT OF THE PERMISSION GRANTED BY RELEASEES TO BE ON PREMISES AND PARTICIPATE IN THE ACTIVITIES.
BY SIGNING THIS AGREEMENT, I ACKNOWLEDGE AND REPRESENT THAT I have read the foregoing Waiver of Liability and Hold Harmless Agreement, understand it and sign it voluntarily as my own free act and deed; no oral representations, statements, or inducements, apart from the foregoing written agreement, have been made; I am at least eighteen (18) years of age and fully competent; and I execute the Agreement for full, adequate, and complete consideration fully intending to be bound by same.

IN WITNESS WHEREOF, I have signed this Waiver and Agreement under seal on this _____ day of OCTOBER, 2021.

SIGNATURE: _____ NAME: _____

ADDRESS: _____

NAMES OF MINOR CHILD(REN), IF ANY: _____

Bulldog Swimming October Season Opener - 10/2/2021 to 10/3/2021
Session Report

Session: 1 Saturday AM

Day of Meet: 1 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 8 & Under 25 Breaststroke	0	0	08:30 AM	_____
Finals	2 Boys 8 & Under 25 Breaststroke	0	0	08:30 AM	_____
	Break: 5 Minutes:				
Finals	3 Girls 100 Breaststroke	0	0	08:35 AM	_____
Finals	4 Boys 100 Breaststroke	0	0	08:35 AM	_____
Finals	5 Girls 50 Butterfly	0	0	08:35 AM	_____
Finals	6 Boys 50 Butterfly	0	0	08:35 AM	_____
	Break: 5 Minutes:				
Finals	7 Girls 8 & Under 25 Backstroke	0	0	08:40 AM	_____
Finals	8 Boys 8 & Under 25 Backstroke	0	0	08:40 AM	_____
Finals	9 Girls 100 Backstroke	0	0	08:40 AM	_____
Finals	10 Boys 100 Backstroke	0	0	08:40 AM	_____
Finals	11 Girls 50 Freestyle	0	0	08:40 AM	_____
Finals	12 Boys 50 Freestyle	0	0	08:40 AM	_____
Finals	13 Girls 200 Freestyle	0	0	08:40 AM	_____
Finals	14 Boys 200 Freestyle	0	0	08:40 AM	_____
	Finish Time			08:40 AM	_____

Bulldog Swimming October Season Opener - 10/2/2021 to 10/3/2021
Session Report

Session: 2 Sunday AM

Day of Meet: 2 Starts at 08:30 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	15 Girls 8 & Under 25 Butterfly	0	0	08:30 AM	_____
Finals	16 Boys 8 & Under 25 Butterfly	0	0	08:30 AM	_____
	Break: 5 Minutes:				
Finals	17 Girls 100 Butterfly	0	0	08:35 AM	_____
Finals	18 Boys 100 Butterfly	0	0	08:35 AM	_____
Finals	19 Girls 50 Backstroke	0	0	08:35 AM	_____
Finals	20 Boys 50 Backstroke	0	0	08:35 AM	_____
	Break: 5 Minutes:				
Finals	21 Girls 8 & Under 25 Freestyle	0	0	08:40 AM	_____
Finals	22 Boys 8 & Under 25 Freestyle	0	0	08:40 AM	_____
	Break: 5 Minutes:				
Finals	23 Girls 100 Freestyle	0	0	08:45 AM	_____
Finals	24 Boys 100 Freestyle	0	0	08:45 AM	_____
Finals	25 Girls 50 Breaststroke	0	0	08:45 AM	_____
Finals	26 Boys 50 Breaststroke	0	0	08:45 AM	_____
Finals	27 Girls 200 IM	0	0	08:45 AM	_____
Finals	28 Boys 200 IM	0	0	08:45 AM	_____
	Finish Time			08:45 AM	_____