

RYWC 12&Under LC Regional Championships 2023

WARM-UPS:

COMPETITION POOL

TIME/LANE	LANE 1	LANE 2	LANE 3	LANE 4	LANE 5	LANE 6
7:15-7:35	RYWC	RYWC	WAC	FFLY	FFLY	OXO/PSC
7:35-7:55	PAC	PAC	RAC	RAC	RAC	RAC
7:55-8:15	ARAC	NFAF	GWYB	BULL	RST	RST
8:15-8:25	CIRCLE	SPRINTS	SPRINTS	SPRINTS	SPRINTS	SPRINTS

Meet Starts @ 8:30AM

Timers meeting will be @ 8AM by the concessions in the camp building.

TIMER ASSIGNMENTS SATURDAY:

ARAC- 1

BULL - 1

FFLY -1

PAC – 2

RST – 1

RAC - 3

TIMER ASSIGNMENTS SUNDAY:

ARAC- 1

BULL – 1

NFAF- 1

FFLY -2

PAC – 2

RST – 2

RAC - 4