

OAK 2012 PENTATHLON
Saturday, January 28, 2012
Woodrow Wilson Middle School
370 Hunting Hill Ave, Middletown, CT 06457

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S11-55

EVENTS

IMPORTABLE MEET EVENTS

	Name	Email	Phone
Meet Director:	Jennifer Haverty	TJHaverty@comcast.net	860-521-0482
Meet Referee:	Susan Button	skbutton@comcast.net	860-464-2286
Entry Chair:	Jennifer Haverty	TJHaverty@comcast.net	860-521-0482
Safety Chair:	Christopher Hug	Christopher_j_hug@sbcglobal.net	860-918-3285
Officials Contact:	Scott Gaskill	Scott.gaskill@comcast.net	860-519-3963

WEBSITE: <http://www.ctoak.org>

POOL EMERGENCY NUMBER: 860-841-0069

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as timed finals. This is a Pentathlon.

SCRATCH PROCEDURES: Coaches will receive scratch sheets at the beginning of the session. Scratch sheets must be returned within 20 minutes after the start of warm-ups. If a scratch sheet is not received by that deadline all swimmers will be considered **NOT** to be scratched and will be seeded in their entered events, except that any over-entered swimmers will be scratched from their last event(s) until they are in compliance with entry rules.

FACILITY: The Woodrow Wilson Middle School pool is a 6 lane, 25 yard pool with starting blocks at deep end. The competition course has not been certified in accordance with 104.2.2C (4). Water depth at start end is: 10 ft. Water depth at turn end is: 3.5 ft. There is 6-lane electronic timing with adequate spectator bleacher seating.

DISABLED ACCESS: Handicapped parking is available in the main school parking lot. An area has been set aside on the pool deck for limited handicapped seating. Access to all areas can be obtained through the main pool entrance. In order that we may better prepare to assist individuals with special needs, we ask that you contact the Meet Manager in advance.

COURSE: SCY

EVENTS: See attached list.

SESSION TIMES: AM Session (10/U & 13/14) warm-up at 7:00 and starts at 8:00am. PM Session (11/12 & 15/O) warm-up at 1:00pm and starts at 2:00pm. Session and warm-up times may be adjusted due to meet size.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See [CT Swimming athlete registration procedures](#). Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

ENTRY LIMITATIONS: Swimmers may enter a maximum of 5 events per day.

ENTRY TIMES: Submit entry times in SCY. No Times (NT) are discouraged.

DEADLINES: Entry deadline is 01/18/2012. Mail hardcopy and payment to the entry chairperson: Jennifer Haverty, 30 Stoner Dr, West Hartford, CT 06107. All entries must be typed or printed legibly, and must use full names and registration numbers from USA Swimming registration. Entries are accepted on a first come, first served basis. Formal team entry date is determined by the date the electronic entry is received via email and entry fee received by the host team. If entries are sent via overnight mail, please waive the "signature required".

CONNECTICUT-ONLY DEADLINE: CT deadline is 01/11/2012. Mail hardcopy and payment to the entry chairperson: Jennifer Haverty, 30 Stoner Dr., West Hartford, CT 06107. Entries are accepted on a first come, first served basis. Formal team entry date is determined by the date of entry hard copy and entry fee receipt by host team. If entries are sent via overnight mail, please waive the "signature required". CT Clubs meeting this deadline will be entered before out of state clubs.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format must be emailed as an attachment to the entry chair at tjhaverty@comcast.net. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected prior to meet date, unless otherwise approved by the meet manager. Formal team entry date is determined by the date the electronic entry is received via email and the fee received by the host team.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$6.00 for individual events. Manual entries: \$8.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to OAK and mail to: Jennifer Haverty, 30 Stoner Dr, West Hartford, CT 06107. Payment must be received by 01/21/2012.

CUT PROTOCOL: If a session is over-subscribed, first cut are 7/Unders. If the time line estimate still exceeds four hours teams will be cut based on date of receipt. Clubs will be notified of cuts no later than Monday before the meet.

RESERVE THE RIGHT TO MAKE CHANGES: The meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet, with prior approval from Program Operations. Clubs will be notified of cuts no later than Monday before the meet.

RELAYS: None

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.
4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. No electronic devices with cameras are permitted in the locker rooms.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Teams will be required to supply timers in proportion to the size of their entry. Please note that timers are required for the whole session. Qualified officials interested in working at the meet are to contact Scott Gaskill [(scott.gaskill@comcast.net) 860-519-3963].

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will be scored using cumulative pentathlon time scoring.

AWARDS: Medals will be awarded to the top 12 cumulative scorers in all age groups for a total of 96 medals to be awarded. Awards will be available for coaches pick up after session/meet.

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Park in designated areas and lots only. Cars parked in marked “no parking” areas will be towed at owner’s expense.

DIRECTIONS: Directions to Woodrow Wilson Middle School, 370 Hunting Hill Ave., Middletown, CT 06457. Please input street address into GPS. School name will take you to a different school.

From the South:

From Route 91, take exit 18. Take Route 691 to Route 66 towards Middletown.

Follow Route 66 through Middletown to Main Street (big set of traffic lights).

Turn right on Main Street and go to the end (with a green on your right and facing a church).

Take a right following the signs to Route 17 South onto South Main Street.

Follow South Main Street until you pass Iliano's Restaurant on your left.

Take a left at the caution light. Follow road (bearing left at the fork) until the stop sign.

Take a right onto Hunting Hill Ave. The Middle School will be on your left.

From the North:

Route 91 to Route 9 to exit 11 (Randolph Road). See below for remainder of directions.

From I-84:

I-84 to Route 9 to exit 11 (Randolph Road). See below for remainder of directions.

From I-95:

Take Route 9 exit. Go on Route 9 North and take exit 11 (Randolph Road).

Take a left off the exit ramp and go down a hill, up a hill and down another hill.

As you go down the second hill, turn right at the second crossroads sign onto Hunting Hill Ave.

The Middle School is on your right after a few blocks.

Oak Pentathlon 2011 - 1/28/2012
OAK Pentathlon 2012, Sanction #: S11-55
370 Hunting Hill Avenue, Middletown, CT 06457
Session Report

Session: 1 Morning Session 10/U and 13/14

Day of Meet: 1 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 10 & Under 50 Butterfly	0	0	08:00 AM	_____
Finals	2 Boys 10 & Under 50 Butterfly	0	0	08:00 AM	_____
Finals	3 Girls 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	4 Boys 13-14 100 Butterfly	0	0	08:00 AM	_____
Finals	5 Girls 10 & Under 50 Backstroke	0	0	08:00 AM	_____
Finals	6 Boys 10 & Under 50 Backstroke	0	0	08:00 AM	_____
Finals	7 Girls 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	8 Boys 13-14 100 Backstroke	0	0	08:00 AM	_____
Finals	9 Girls 10 & Under 50 Breaststroke	0	0	08:00 AM	_____
Finals	10 Boys 10 & Under 50 Breaststroke	0	0	08:00 AM	_____
Finals	11 Girls 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	12 Boys 13-14 100 Breaststroke	0	0	08:00 AM	_____
Finals	13 Girls 10 & Under 50 Freestyle	0	0	08:00 AM	_____
Finals	14 Boys 10 & Under 50 Freestyle	0	0	08:00 AM	_____
Finals	15 Girls 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	16 Boys 13-14 100 Freestyle	0	0	08:00 AM	_____
Finals	17 Girls 10 & Under 100 IM	0	0	08:00 AM	_____
Finals	18 Boys 10 & Under 100 IM	0	0	08:00 AM	_____
Finals	19 Girls 13-14 200 IM	0	0	08:00 AM	_____
Finals	20 Boys 13-14 200 IM	0	0	08:00 AM	_____
	Finish Time			08:00 AM	_____

Oak Pentathlon 2011 - 1/28/2012
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370 Hunting Hill Avenue, Middletown, CT 06457
Session Report

Session: 2 Afternoon Session 11/12 and 15/O

Day of Meet: 1 Starts at 02:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	21 Girls 11-12 50 Butterfly	0	0	02:00 PM	_____
Finals	22 Boys 11-12 50 Butterfly	0	0	02:00 PM	_____
Finals	23 Girls 15 & Over 100 Butterfly	0	0	02:00 PM	_____
Finals	24 Boys 15 & Over 100 Butterfly	0	0	02:00 PM	_____
Finals	25 Girls 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	26 Boys 11-12 50 Backstroke	0	0	02:00 PM	_____
Finals	27 Girls 15 & Over 100 Backstroke	0	0	02:00 PM	_____
Finals	28 Boys 15 & Over 100 Backstroke	0	0	02:00 PM	_____
Finals	29 Girls 11-12 50 Breaststroke	0	0	02:00 PM	_____
Finals	30 Boys 11-12 50 Breaststroke	0	0	02:00 PM	_____
Finals	31 Girls 15 & Over 100 Breaststroke	0	0	02:00 PM	_____
Finals	32 Boys 15 & Over 100 Breaststroke	0	0	02:00 PM	_____
Finals	33 Girls 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	34 Boys 11-12 50 Freestyle	0	0	02:00 PM	_____
Finals	35 Girls 15 & Over 100 Freestyle	0	0	02:00 PM	_____
Finals	36 Boys 15 & Over 100 Freestyle	0	0	02:00 PM	_____
Finals	37 Girls 11-12 100 IM	0	0	02:00 PM	_____
Finals	38 Boys 11-12 100 IM	0	0	02:00 PM	_____
Finals	39 Girls 15 & Over 200 IM	0	0	02:00 PM	_____
Finals	40 Boys 15 & Over 200 IM	0	0	02:00 PM	_____
	Finish Time			02:00 PM	_____