

# 2024 LC Regional Time Standards

## 10/U GIRLS

## 10/U BOYS

SCY		LCM		Event	LCM		SCY	
MAX	MIN	MAX	MIN		MAX	MIN	MAX	MIN
21:36.00	----	45:36.00	----	50 Free	9:36.00	----	33:36.00	----
1:13.39	----	1:21.19	----	100 Free	1:21.99	----	1:13.99	----
2:44.79	----	2:57.39	----	200 Free	2:58.39	----	2:44.79	----
7:12.99	8:24.99	6:30.49	7:35.29	400/500 Free	6:30.19	7:29.39	7:12.99	8:16.39
33:36.00	----	9:36.00	----	50 Back	45:36.00	----	21:36.00	----
1:24.29	----	1:34.69	----	100 Back	1:36.49	----	1:25.49	----
45:36.00	----	45:36.00	----	50 Breast	21:36.00	----	45:36.00	----
1:36.29	----	1:49.39	----	100 Breast	1:53.79	----	1:40.69	----
45:36.00	----	45:36.00	----	50 Fly	45:36.00	----	57:36.00	----
1:30.59	----	1:43.09	----	100 Fly	1:45.89	----	1:31.49	----
1:23.99	----	N/A	----	100 IM	N/A	----	1:25.49	----
3:05.99	----	3:24.79	----	200 IM	3:24.79	----	3:05.99	----

## 11-12 Girls

## 11-12 Boys

31:12.00	----	33:36.00	----	50 Free	9:36.00	----	26:24.00	----
1:03.09	----	1:11.69	----	100 Free	1:11.59	----	1:02.99	----
2:17.49	----	2:35.89	----	200 Free	2:35.89	----	2:17.49	----
6:07.59	7:28.09	5:29.09	6:40.19	400/500 Free	5:29.09	6:40.19	6:07.59	7:28.09
20:02.99	24:18.19	20:39.79	25:20.59	1650/1500	19:48.39	25:20.59	19:07.59	24:18.19
9:36.00	----	21:36.00	----	50 Back	57:36.00	----	45:36.00	----
1:11.39	----	1:20.49	----	100 Back	1:21.79	----	1:12.59	----
2:36.29	----	2:55.89	----	200 Back	2:58.49	----	2:38.59	----
21:36.00	----	9:36.00	----	50 Breast	33:36.00	----	45:36.00	----
1:21.89	----	1:32.99	----	100 Breast	1:34.49	----	1:23.29	----
2:57.59	----	3:21.19	----	200 Breast	3:26.59	----	3:02.49	----
57:36.00	----	45:36.00	----	50 Fly	21:36.00	----	45:36.00	----
1:12.69	----	1:22.09	----	100 Fly	1:23.69	----	1:14.09	----
2:54.19	----	3:15.09	----	200 Fly	3:21.99	----	2:59.49	----
1:12.09	----	N/A	----	100 IM	N/A	----	1:13.09	----
2:35.99	----	2:56.39	----	200 IM	2:55.49	----	2:36.99	----
5:11.69	6:10.29	5:52.38	7:06.99	400 IM	5:44.99	7:06.99	4:53.09	6:10.29

## 13/14 Girls

## 13/14 Boys

SCY		LCM		Event	LCM		SCY	
MAX	MIN	MAX	MIN		MAX	MIN	MAX	MIN
33:36.00	----	45:36.00	----	50 Free	33:36.00	----	57:36.00	----
45:36.00	----	1:05.99	----	100 Free	1:04.09	----	57:36.00	----
2:07.09	----	2:25.89	----	200 Free	2:15.39	----	1:59.09	----
5:45.99	6:55.69	5:08.79	6:14.19	400/500 Free	4:55.79	6:00.89	5:31.39	6:38.49
20:02.99	24:18.19	20:39.79	25:20.59	1650/1500	19:48.39	25:20.59	19:07.59	24:18.19
1:05.19	----	1:13.59	----	100 Back	1:11.09	----	1:02.89	----
2:21.29	----	2:40.09	----	200 Back	2:33.39	----	2:15.29	----
1:15.49	----	1:26.99	----	100 Breast	1:21.19	----	1:11.29	----
2:44.59	----	3:06.69	----	200 Breast	2:56.49	----	2:36.09	----
1:05.49	----	1:14.09	----	100 Fly	1:09.89	----	1:01.69	----
2:33.29	----	2:52.99	----	200 Fly	2:47.99	----	2:28.79	----
2:22.69	----	2:41.59	----	200 IM	2:35.39	----	2:17.09	----

5:11.69	6:10.29	5:52.38	7:06.99	400 IM	5:44.99	7:06.99	4:53.09	6:10.29
<b>15-18 Girls</b>				<b>15-18 Boys</b>				
<b>SCY</b>		<b>LCM</b>		<b>Event</b>	<b>LCM</b>		<b>SCY</b>	
<b>MAX</b>	<b>MIN</b>	<b>MAX</b>	<b>MIN</b>		<b>MAX</b>	<b>MIN</b>	<b>MAX</b>	<b>MIN</b>
21:36.00	----	9:36.00	----	50 Free	9:36.00	----	9:36.00	----
57:36.00	----	1:03.09	----	100 Free	57:36.00	----	45:36.00	----
1:57.79	----	2:16.29	----	200 Free	2:06.59	----	1:49.19	----
5:14.09	6:44.49	4:49.79	6:02.99	400/500 Free	4:30.79	5:39.79	4:56.59	6:18.09
18:09.99	23:17.59	19:26.39	24:00.79	1000/1000 Free	18:26.99	22:35.39	17:43.99	21:59.29
1:01.49	----	1:12.89	----	100 Back	1:07.19	----	57:36.00	----
2:13.99	----	2:36.09	----	200 Back	2:28.79	----	2:06.19	
1:10.99	----	1:24.29	----	100 Breast	1:16.79	----	1:04.19	
2:34.69	----	3:01.09	----	200 Breast	2:48.79	----	2:22.29	----
1:00.19	----	1:09.59	----	100 Fly	1:03.19	----	57:36.00	
2:19.49	----	2:43.79	----	200 Fly	2:29.59	----	2:11.19	----
2:13.89	----	2:37.59	----	200 IM	2:24.39	----	2:03.09	
4:48.69	6:00.29	5:32.49	6:53.29	400 IM	5:14.09	6:22.19	4:28.89	5:32.89