

Cougar Aquatic Team is looking for assistant coaches across all levels

(Jr, Age Group and Sr)

Duties Include:

- Assist in executing safe, fun, and effective swim practices tailored to age group and junior swimmers.
- Follow the coaching philosophy, training structure, and expectations set forth by the Head Coach.
- Emphasize proper stroke technique, race strategies, and skill development while fostering a love for the sport.
- Support athletes in setting and achieving personal goals, ensuring a positive and encouraging team environment.
- Arrive early to prepare for practices, assist in equipment setup, and provide individualized feedback.
- Assist in managing practice groups, maintaining appropriate lane assignments, and ensuring productive workouts.
- Attend swim meets, provide race feedback, and assist in warm-ups, race strategies, and post-race discussions.
- Maintain a professional and supportive presence, representing the team in interactions with parents, officials, and other teams.
- Encourage swimmers to participate in competitions and understand the value of hard work and team spirit.

Customer Service Standards:

- Maintain a positive, professional, and enthusiastic attitude at all times.
- Be a team player and willing to step in wherever needed to support athletes, coaches, and team operations.
- Demonstrate strong communication skills with swimmers, parents, and coaching staff.

- Foster an inclusive and supportive team culture, promoting confidence and sportsmanship.

Requirements:

- Must have all relevant USA Swimming coach certifications, including CPR, Safety Training for Swim Coaches, and Background Screening.
- Must demonstrate professionalism, strong decision-making skills, and the ability to follow directives from the Head Coach and Leadership.
- Must have a desire to learn, improve coaching techniques, and pursue continuing education in swim coaching.
- Ability to properly demonstrate all strokes, starts, and turns as part of instruction.
- Understanding of age-appropriate training principles and the long-term athlete development model.
- Ability to provide structured feedback, maintain a balance between discipline and encouragement, and adapt coaching strategies based on individual needs.
- Adhere to all club policies, procedures, and USA Swimming Safe Sport guidelines.
- Prior experience working with swimmers at the developmental, age group, or junior level is preferred but not required.

Please send all inquiries and resumes to

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