

Name:	Club:	Honors	Activities	Role:	Why
Caroline Gies	ZEUS	<p>I take challenging classes and have been accepted into all the honors and AP courses available for juniors at my school. I always push myself academically and stay involved in my school community. Based on my GPA and leadership, I plan to apply for the National Honor Society in my junior year to further show my commitment to academics and leadership.</p>	<p>I am a member of the Health and Humanitarian Club, which follows the UNICEF calendar to support global causes, and I plan to run for a leadership position next year. I was also part of Career Club, where we interviewed professionals from different fields to learn about various career paths. Outside of school, I am an active member of my church's Youth Group. Swimming has been a huge part of my life for years. I am a swimmer for Zeus and have been a dedicated member for nine years and have never looked back. I also swim for the Darien High School varsity team and am starting my third season with them next year. Last summer, I got the chance to coach and teach kids how to swim at a summer swim club. It was an amazing experience that taught me leadership and patience, and it was rewarding to help younger swimmers gain confidence in the water.</p>	<p>Swimming isn't just a sport for me, it's my passion and a huge part of my life. I want to represent and advocate for swimmers who feel the same way. Those who put in the work, love being in the water, and see swimming as part of who they are. As someone who has been swimming competitively for years, I know the challenges and sacrifices that come with the sport. I want to make sure every swimmer has a voice and that our hard work is recognized. Through my experience as both an athlete and a coach, I've learned how important it is to support and encourage others. My goal is to create an environment where every swimmer feels valued, motivated, and proud to be part of CT Swimming.</p>	<p>This is my ninth year on Zeus Swim Team, and I'm so grateful for everything I've learned from it. Swimming has shaped who I am by teaching me perseverance, teamwork, and dedication. The successes are exciting, but the challenges have taught me the most. They have helped me become stronger and more determined, both in and out of the pool. Last year, I had the opportunity to coach and teach kids how to swim. Seeing them improve and gain confidence reminded me why I love this sport and how important it is to create a supportive environment for swimmers of all levels. I want to help make CT Swimming a place where every athlete feels encouraged, motivated, and heard. If elected, I will work to ensure that our achievements are recognized, our voices matter, and that every swimmer has the opportunity to thrive in this sport.</p>