

SENIOR CHAMPIONSHIPS - ADAPTED CUTS

P3

Girls				Boys		
EVENTS	Sr Cut	SCY	LCM	SCY	LCM	
50 Free	0:25.19	33.77	0:37.76	0:31.07	0:33.86	
100 Free	0:54.92	1:12.21	1:22.74	1:07.55	1:14.23	
200 Free	1:59.55	2:36.66	2:59.15	2:28.28	2:44.31	
500 Free	5:20.99	6:57.74	6:20.78	6:41.38	5:47.28	
1000 Free	11:07.59	14:47.89	13:14.79	14:22.09	12:47.40	
1650 Free	18:35.19	24:43.20	25:19.38	23:57.32	25:16.19	
100 Back	1:01.51	1:21.81	1:34.35	1:17.53	1:25.29	
200 Back	2:15.40	3:00.08	3:23.42	2:49.96	3:07.40	
100 Breast	1:10.94	1:34.35	1:48.75	1:29.10	1:35.59	
200 Breast	2:36.38	3:27.99	3:59.20	3:17.48	3:36.95	
100 Fly	1:00.23	1:20.11	1:30.11	1:14.76	1:20.62	
200 Fly	2:20.29	3:06.59	3:29.86	2:56.88	3:12.50	
200 IM	2:16.19	3:01.13	3:25.43	2:47.03	3:09.92	
400 IM	4:52.19	6:23.96	7:22.21	6:04.14	6:57.74	

P2

Girls				Boys		
EVENTS		SCY	LCM	SCY	LCM	
50 Free	0:25.19	0:42.82	0:48.26	0:39.71	0:43.28	
100 Free	0:54.92	1:33.36	1:45.76	1:26.34	1:34.88	
200 Free	1:59.55	3:23.24	3:48.99	3:09.53	3:30.02	
500 Free	5:20.99	9:05.68	8:06.71	8:33.04	7:23.89	
1000 Free	11:07.59	18:54.90	16:55.90	18:21.92	16:20.88	
1650 Free	18:35.19	31:35.82	32:22.06	30:37.17	32:17.98	
100 Back	1:01.51	1:44.57	2:00.60	1:39.09	1:49.02	
200 Back	2:15.40	3:50.18	4:20.02	3:37.24	3:59.53	
100 Breast	1:10.94	2:00.60	2:19.01	1:53.88	2:02.18	
200 Breast	2:36.38	4:25.85	5:05.74	4:12.42	4:37.30	
100 Fly	1:00.23	1:42.39	1:55.18	1:35.56	1:43.05	
200 Fly	2:20.29	3:58.49	4:28.24	3:46.08	4:06.06	
200 IM	2:16.19	3:51.52	4:22.58	3:33.50	4:02.76	
400 IM	4:52.19	8:16.72	9:25.76	7:45.44	8:41.75	

P1

Girls				Boys		
EVENTS		SCY	LCM	SCY	LCM	
50 Free	0:25.19	1:19.35	1:29.43	1:13.58	1:20.20	
100 Free	0:54.92	2:53.00	3:15.96	2:39.99	2:55.80	
200 Free	1:59.55	6:16.58	7:04.30	5:51.19	6:29.15	
500 Free	5:20.99	16:51.12	15:01.85	15:50.64	13:42.50	
1000 Free	11:07.59	35:02.91	31:22.41	34:01.80	30:17.52	
1650 Free	18:35.19	58:32.85	59:58.53	56:44.17	59:50.97	
100 Back	1:01.51	3:13.76	3:43.46	3:03.61	3:22.01	
200 Back	2:15.40	7:06.51	8:01.79	6:42.54	7:23.84	
100 Breast	1:10.94	3:43.46	4:17.58	3:31.02	3:46.39	
200 Breast	2:36.38	8:12.60	9:26.53	7:47.71	8:33.83	
100 Fly	1:00.23	3:09.72	3:33.41	2:57.06	3:10.95	
200 Fly	2:20.29	7:21.91	8:17.04	6:58.92	7:35.93	
200 IM	2:16.19	7:09.00	8:06.55	6:35.61	7:29.82	
400 IM	4:52.19	15:20.40	17:28.32	14:22.44	16:06.77	