



# 2025 SC Regional Time Standards

## 10/U GIRLS

| SCY     | MIN     | LCM     | MIN     |
|---------|---------|---------|---------|
| MAX     |         | MAX     |         |
| 32.29   | ----    | 35.99   | ----    |
| 1:12.69 | ----    | 1:21.19 | ----    |
| 2:44.79 | ----    | 2:57.39 | ----    |
| 7:04.29 | 8:24.99 | 6:27.09 | 7:35.29 |
| 38.29   | ----    | 43.09   | ----    |
| 1:23.79 | ----    | 1:34.69 | ----    |
| 43.89   | ----    | 49.49   | ----    |
| 1:35.79 | ----    | 1:49.39 | ----    |
| 37.39   | ----    | 41.99   | ----    |
| 1:30.59 | ----    | 1:43.09 | ----    |
| 1:23.99 | ----    | N/A     | ----    |
| 3:05.99 | ----    | 3:24.79 | ----    |

## 10/U BOYS

| Event        | LCM     | MIN     | SCY     | MIN     |
|--------------|---------|---------|---------|---------|
|              | MAX     |         | MAX     |         |
| 50 Free      | 36.49   | ----    | 32.49   | ----    |
| 100 Free     | 1:21.99 | ----    | 1:12.69 | ----    |
| 200 Free     | 2:58.39 | ----    | 2:41.59 | ----    |
| 400/500 Free | 6:25.69 | 7:29.39 | 7:04.19 | 8:16.39 |
| 50 Back      | 44.19   | ----    | 38.49   | ----    |
| 100 Back     | 1:35.59 | ----    | 1:24.09 | ----    |
| 50 Breast    | 51.49   | ----    | 44.49   | ----    |
| 100 Breast   | 1:51.39 | ----    | 1:38.39 | ----    |
| 50 Fly       | 42.49   | ----    | 38.69   | ----    |
| 100 Fly      | 1:43.69 | ----    | 1:31.49 | ----    |
| 100 IM       | N/A     | ----    | 1:24.29 | ----    |
| 200 IM       | 3:24.79 | ----    | 3:03.79 | ----    |

## 11/12 GIRLS

| SCY      | MIN      | LCM      | MIN      |
|----------|----------|----------|----------|
| 28.19    | ----     | 32.39    | ----     |
| 1:02.59  | ----     | 1:11.69  | ----     |
| 2:16.89  | ----     | 2:35.89  | ----     |
| 5:58.99  | 7:28.09  | 5:27.09  | 6:40.19  |
| 20:02.99 | 24:18.19 | 20:31.99 | 25:20.59 |
| 32.99    | ----     | 37.39    | ----     |
| 1:11.29  | ----     | 1:20.49  | ----     |
| 2:35.99  | ----     | 2:55.89  | ----     |
| 37.29    | ----     | 42.89    | ----     |
| 1:21.49  | ----     | 1:32.99  | ----     |
| 2:58.59  | ----     | 3:24.99  | ----     |
| 31.19    | ----     | 35.49    | ----     |
| 1:12.29  | ----     | 1:22.09  | ----     |
| 2:52.49  | ----     | 3:05.99  | ----     |
| 1:11.69  | ----     | N/A      | ----     |
| 2:34.99  | ----     | 2:56.39  | ----     |
| 5:10.99  | 6:10.29  | 5:52.39  | 7:06.99  |

## 11/12 BOYS

| Event          | LCM      | MIN      | SCY      | MIN      |
|----------------|----------|----------|----------|----------|
| 50 Free        | 31.99    | ----     | 27.99    | ----     |
| 100 Free       | 1:11.49  | ----     | 1:01.99  | ----     |
| 200 Free       | 2:35.89  | ----     | 2:15.69  | ----     |
| 400/500 Free   | 5:25.99  | 6:40.19  | 5:55.99  | 7:28.09  |
| 1650/1500 Free | 19:48.39 | 25:20.59 | 19:07.59 | 24:18.19 |
| 50 Back        | 37.79    | ----     | 32.99    | ----     |
| 100 Back       | 1:21.79  | ----     | 1:10.99  | ----     |
| 200 Back       | 2:57.49  | ----     | 2:36.99  | ----     |
| 50 Breast      | 43.19    | ----     | 36.99    | ----     |
| 100 Breast     | 1:34.49  | ----     | 1:22.49  | ----     |
| 200 Breast     | 3:28.59  | ----     | 3:00.39  | ----     |
| 50 Fly         | 36.19    | ----     | 31.69    | ----     |
| 100 Fly        | 1:23.69  | ----     | 1:15.99  | ----     |
| 200 Fly        | 3:17.99  | ----     | 2:59.49  | ----     |
| 100 IM         | N/A      | ----     | 1:11.99  | ----     |
| 200 IM         | 2:55.49  | ----     | 2:34.99  | ----     |
| 400 IM         | 5:44.99  | 7:06.99  | 4:53.09  | 6:10.29  |

## 13/14 GIRLS

| SCY      | MIN      | LCM      | MIN      |
|----------|----------|----------|----------|
| 26.79    | ----     | 29.99    | ----     |
| 57.49    | ----     | 1:05.79  | ----     |
| 2:07.09  | ----     | 2:24.59  | ----     |
| 5:37.69  | 6:55.69  | 5:05.19  | 6:14.19  |
| 20:02.99 | 24:18.19 | 20:31.99 | 25:20.59 |
| 1:05.19  | ----     | 1:13.59  | ----     |
| 2:20.99  | ----     | 2:40.09  | ----     |
| 1:15.49  | ----     | 1:26.99  | ----     |
| 2:43.99  | ----     | 3:09.99  | ----     |
| 1:04.99  | ----     | 1:14.09  | ----     |
| 2:32.99  | ----     | 2:52.99  | ----     |
| 2:22.49  | ----     | 2:41.59  | ----     |
| 5:10.99  | 6:10.29  | 5:52.39  | 7:06.99  |

## 13/14 BOYS

| Event          | LCM      | MIN      | SCY      | MIN      |
|----------------|----------|----------|----------|----------|
| 50 Free        | 28.99    | ----     | 24.99    | ----     |
| 100 Free       | 1:03.49  | ----     | 55.99    | ----     |
| 200 Free       | 2:15.39  | ----     | 1:58.99  | ----     |
| 400/500 Free   | 4:55.79  | 6:00.89  | 5:23.69  | 6:38.49  |
| 1500/1650 Free | 19:48.39 | 25:20.59 | 19:07.59 | 24:18.19 |
| 100 Back       | 1:11.09  | ----     | 1:02.29  | ----     |
| 200 Back       | 2:35.79  | ----     | 2:14.79  | ----     |
| 100 Breast     | 1:21.59  | ----     | 1:10.79  | ----     |
| 200 Breast     | 2:57.99  | ----     | 2:35.79  | ----     |
| 100 Fly        | 1:09.99  | ----     | 1:01.49  | ----     |
| 200 Fly        | 2:48.49  | ----     | 2:28.79  | ----     |
| 200 IM         | 2:35.39  | ----     | 2:15.99  | ----     |
| 400 IM         | 5:44.99  | 7:06.99  | 4:53.09  | 6:10.29  |

**15-18 GIRLS**

**15-18 BOYS**

| 15-18 GIRLS |          |            |          | Event          | 15-18 BOYS |          |            |          |
|-------------|----------|------------|----------|----------------|------------|----------|------------|----------|
| SCY<br>MAX  | MIN      | LCM<br>MAX | MIN      |                | LCM<br>MAX | MIN      | SCY<br>MAX | MIN      |
| 25.19       | ----     | 28.39      | ----     | 50 Free        | 25.46      | ----     | 23.36      | ----     |
| 54.92       | ----     | 1:02.21    | ----     | 100 Free       | 55.81      | ----     | 50.79      | ----     |
| 1:59.55     | ----     | 2:14.70    | ----     | 200 Free       | 2:03.64    | ----     | 1:51.49    | ----     |
| 5:20.99     | 6:44.49  | 4:46.30    | 6:02.99  | 400/500 Free   | 4:21.11    | 5:39.79  | 5:01.79    | 6:18.09  |
| 18:35.19    | 23:17.59 | 19:02.39   | 24:00.79 | 1500/1650 Free | 18:59.99   | 22:35.39 | 18:00.69   | 21:59.29 |
| 1:01.51     | ----     | 1:10.94    | ----     | 100 Back       | 1:04.13    | ----     | 58.29      | ----     |
| 2:15.40     | ----     | 2:32.95    | ----     | 200 Back       | 2:20.90    | ----     | 2:07.79    | ----     |
| 1:10.94     | ----     | 1:21.77    | ----     | 100 Breast     | 1:11.87    | ----     | 1:06.99    | ----     |
| 2:36.38     | ----     | 2:59.85    | ----     | 200 Breast     | 2:43.12    | ----     | 2:28.48    | ----     |
| 1:00.23     | ----     | 1:07.75    | ----     | 100 Fly        | 1:00.62    | ----     | 56.21      | ----     |
| 2:20.29     | ----     | 2:37.79    | ----     | 200 Fly        | 2:25.74    | ----     | 2:12.99    | ----     |
| 2:16.19     | ----     | 2:34.46    | ----     | 200 IM         | 2:22.80    | ----     | 2:05.59    | ----     |
| 4:52.19     | 6:00.29  | 5:32.80    | 6:53.29  | 400 IM         | 5:06.91    | 6:22.19  | 4:33.79    | 5:32.89  |