

- **Meet Date: Sunday, August 4th**
- **Registration Deadline: Friday, July 26th**
- **Meet Location: Middletown High School**
- Meet Director: Taylor Garboski
- Medals will be awarded based on our age group offerings: 8&U, 9 to 10, 11 to 12, 13 to 14 and 15 & Over.
- Photography will not be allowed on deck or behind the blocks
- **Teams**
  - *Hytek file will be available when registration opens*
- Please send your meet file to nutmeg@csmg.org

## Sport Details

### Age Divisions & Events Offered

Your age group will be determined as of the 2024 Meet Date (August 4th):

#### 8 & Under - Male

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 8 & Under - Female

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 9 to 10 - Male

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 9 to 10 - Female

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 11 to 12 - Male

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 11 to 12 - Female

- 50 yd. Freestyle, 50 yd. Backstroke, 50 yd. Butterfly, 50 yd. Breaststroke, 100 yd. Ind. Medley, 100 yd. Freestyle

#### 13 to 14 - Male

- 50 yd. Freestyle, 100 yd. Freestyle, 100 yd. Backstroke, 100 yd. Butterfly, 100 yd. Breaststroke, 200 yd. Ind. Medley, 500 yd. Freestyle

**13 to 14 - Female**

- 50 yd. Freestyle, 100 yd. Freestyle, 100 yd. Backstroke, 100 yd. Butterfly, 100 yd. Breaststroke, 200 yd. Ind. Medley, 500 yd. Freestyle

**15 & Over - Male**

- 50 yd. Freestyle, 100 yd. Freestyle, 100 yd. Backstroke, 100 yd. Butterfly, 100 yd. Breaststroke, 200 yd. Ind. Medley, 500 yd. Freestyle

**15 & Over - Female**

- 50 yd. Freestyle, 100 yd. Freestyle, 100 yd. Backstroke, 100 yd. Butterfly, 100 yd. Breaststroke, 200 yd. Ind. Medley, 500 yd. Freestyle