

RWYC MAKO SWIM CLUB

Distance Meet

October 23, 2015

William W. Higgins '53 Aquatic Center

Canterbury School

[101 Aspetuck Ave, New Milford CT, 06776](https://goo.gl/maps/kbWo8)

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Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S15-13. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Meet Referee:	Phillip James	Phillip.m.james@gmail.com	
Entry Chair:	Gordon Brown	gbrown@regionalymca.org	203-775-4444 ext 129
Safety Chair:	Jeff Bonaccorso	jbonaccorso@regionalymca.org	203-775-4444 ext 133
Officials Contact:	Phillip James	Phillip.m.james@gmail.com	

WEBSITE: www.maksoswim.org

POOL EMERGENCY NUMBER: 860-210-3840

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as Timed-Final. All events will be swum fastest to slowest and alternate girls and boys. Events may be combined if space permits.

SCRATCH PROCEDURES: Coaches will receive a scratch sheet for each session of the meet in their meet packets listing all of their swimmers and events for each session. Scratch sheets will be due to the computer table 30 minutes after the start of warm ups; these must be returned even if a team has no scratches.

FACILITY: The Canterbury William W. Higgins Aquatic Center features an 8 lane 25yd pool with electronic timing and elevated spectator seating as well as non-turbulent lane lines. Team areas are available in the gym adjacent to the pool deck. Water depth at start end is: 7ft. Water depth at the turn end is: 13ft. The competition course has not been certified in accordance with 104.2.2C(4). Daktronics timing system with 8 lane display and touch pads at both ends of the pool. **NO DECK CHAIRS OR FOOD PERMITTED ON DECK.**

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Accessible. Fully ADA Compliant. Any individuals requiring handicapped parking please email the meet director in advance to make arrangements.

COURSE: SCY

SESSION TIMES: Subject to Change

Warm-up: 5:30pm

Start: 6:15pm

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warm assignments will be made available via email on the team website the Monday before the start of the meet. All twelve lanes will be dedicated to warm-up during the warm-up period.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability prior to competition. Adapted athletes may direct questions to [Mark Kinne](#), Adapted Athlete Committee Chair.

EVENT INFORMATION: Events will be run fastest to slowest and alternate girls and boys. All swimmers must provide their own timer and counter. Heats will be limited to 5 total heats. The top 20 girls and top 20 boys entered will be guaranteed an opportunity to swim. The slowest four girls and slowest four boys will swim in a mixed gender heat. In the event that there are less than 20 entries for a gender, open lanes will be given to the other gender.

ENTRY LIMITATIONS: Swimmers may enter up to one individual event.

ENTRY TIMES: Submit entry times in: SCY. No Time entries will not be accepted.

DEADLINES: deadline is October 16, 2015. Email a pdf file of entry report to the entry chair: Gordon Brown, gbrown@regionalmca.org. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. See payment instructions. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received. Hardcopies of the entry can be mailed to the entry chair: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT 06804. All hardcopies must be legible and must use full names and registration numbers from USA Swimming registration.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at gbrown@regionalmca.org. Please check that your team name, address, and contact information are listed correctly in this file. Payment, or a copy of an official check request must be postmarked or time stamped within two business days of the entry submission. Entries will be accepted on a first come, first served basis, in the order in which they are received, space permitting. Formal entry is determined by the date of email receipt as long as entry fee or check request is postmarked/ time stamped within two business days. Failure to send the payment or proof that payment will be made (check request) will cause entry to lose priority and formal entry will be based on the date that payment is actually received.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$10.00 for individual events. Manual entries: \$20.00 for individual events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Regional YMCA of Western CT and mail to: Gordon Brown, 2 Huckleberry Hill Rd, Brookfield, CT, 06804. Payment must be received by 10/23/15.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted **IN THE ORDER PRESENTED** to reduce the timeline to the required length or participation number:

1. Heats will be limited to 5 total heats. The top 20 girls and top 20 boys entered will be guaranteed an opportunity to swim. The slowest four girls and slowest four boys will swim in a mixed gender heat. Swimmers that do not fall in the top 20 of their gender will be cut.
2. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and not later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: No.

SAFETY:

1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
2. No shaving is permitted at the competition site.
3. No glass containers are permitted within the facility.

4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: All swimmers will be required to supply their own timers and counter. Watches to be provided by meet host. Participating clubs must be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: No

HOSPITALITY FOR COACHES AND OFFICIALS: Yes but limited to water and snacks.

MISCELLANEOUS: Team seating areas will be available on the pool deck for all teams.

PARKING: Parking is available at the Canterbury William W. Higgins Aquatic Center. Parking instructions may be updated before the meet, in which case all attending teams will be advised.

DIRECTIONS: William W. Higgins '53 Aquatic Center, Canterbury School is located at 101 Aspetuck Ave, New Milford CT, 06776. <https://goo.gl/maps/kbWo8>

RYWC Distance Meet - 10/23/2015**Session Report**

Session: 1 Friday Evening

Day of Meet: 1 Starts at 06:15 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Starts at	
Finals	1 Girls 1650 Freestyle	0	0	06:15 PM	_____
Finals	2 Boys 1650 Freestyle	0	0	06:15 PM	_____
	Finish Time			06:15 PM	_____