The Elm City Invitational February 12-14, 2016

Hutchinson Natatorium, Moore Field House 125 Wintergreen Ave. New Haven, CT 06515

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S15-84. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Timothy Quill	Quillt6@gmail.com	203-910-0138
Meet Referee:	Dave Pite	Pite@snet.net	203-499-9576
Entry Chair:	Timothy Quill	Quillt6@gmail.com	2-03-910-0138
Safety Chair:	CJ Moran	cjm95@hotmail.com	203-376-2224
Officials Contact:	Dave Pite and	pite@snet.net	
	Mike Huffman	mhuffman99@gmail.com	

WEBSITE: socoaquatics.org

POOL EMERGENCY NUMBER: 203-392-6026

MEET TYPE: Sanctioned

MEET CLASSIFICATION: This meet is open to all USA Swimming athletes and clubs.

MEET FORMAT: The meet will be swum as a Prelim-Final format

- All events will be deck seeded according to the swimmers' best yard times. Saturday and Sunday preliminary heats of all individual events will be held in 3 categories: 11-12, 13-14, Senior. There will be two heats of finals (Consolation and Final) for each event in traditional 11-12 and 13-14 categories and 15 and over categories. After scratches, if there are any events with less than 16 swimmers entered, we will run an "A" final only of that event.
- All 10 and under events will run as timed finals.
- All heats of the 12-under 200 stroke events, 400 IM, and 500 free will be swum as timed finals only on Friday Evening.
- The 400IM and 500 Freestyle will run fastest to slowest alternating women then men
- In case of heavy subscription, 200 free and 200 IM may be heat limited.

SCRATCH PROCEDURES: Each team will receive a scratch sheet for each session of the meet in their information packet listing all of their swimmers and events for that session. Coaches must indicate all scratches on these sheets and turn them in to the computer table within one half hour after the beginning of warm ups even if there are no scratches.

Failure to Compete in Finals: Any swimmer qualifying for any heat of finals who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. Exceptions for Failure to Compete in Finals: No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he

may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: The newly renovated Hutchinson Natatorium is an 8 lane, 25 yard pool. Water depth at start end is 5ft and at the turning end is 13 ft. The competition course has not been certified in accordance with 104.2.2C (4). The facility is equipped with a Colorado Timing System, Non slip touch pads and a state of the art full color display board. There is ample deck and spectator seating.

Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: Handicapped accessibility is available at the Moore Field House and the Hutchinson Natatorium. Handicapped parking is located in the main parking lot between the Moore Field House and the Wintergreen Building. Handicapped entrance, with automatic door, is located in the front of the Moore Field House. Please follow walk-way around the front of the main lobby to the entrance.

COURSE: SCY

SESSION TIMES: Subject to Change

FRIDAY

400 IM, 12-under 200 events and 500 free Warm up 3:30pm Start 5:00pm

SATURDAY AND SUNDAY

13 & Over AM Session* Warm-up: 6:30am Start: 8:00am 12 & Under PM Session* Warm-up: 12:30pm Start: 1:30pm Saturday and Sunday Finals: (11 & Over) Warm-up: 6:00pm Start: 7:00pm

*If time allows, Sunday finals will begin 1/2 hour earlier

Warm-up and start times for all sessions are subject to change depending on the size of meet

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Warm up sessions will be split into tiered 25 minute sessions for 13-overs and tiered 20 minutes sessions for 12-unders. All 8 lanes will be used for team general warm ups. A 10 minute pace and sprint session will be utilized prior to the start of each session.

ELIGIBILITY: All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to <u>Mark Kinne</u>, Adapted Athlete Committee Chair.

ENTRY LIMITATIONS: 3 events per day

ENTRY TIMES: Submit entry times in: SCY. No times are discouraged. Please approximate.

DEADLINES: deadline is Tuesday, February 2, 2016. Mail hardcopy and payment to the entry chairperson: Tim Quill 129 Seymour Rd. Woodbridge, CT 06525 All entries must be typed or printed legibly, and must

use full names and registration numbers from USA Swimming registration. Date for receipt of entry will be determined by email receipt or hard copy.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at quillt6@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Payment is expected by the entry deadline in order for the entry to be considered complete.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

ENTRY FEES: Electronic entries: \$8.00 for individual events, \$10.00 for distance event. Manual entries: \$15.00 for individual events, \$15.00 for distance events. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry

PAYMENT INSTRUCTIONS: Please make checks payable to Soco Swim Club and mail to: Tim Quill 129 Seymour Rd. Woodbridge, CT 06525 Payment must be received by February 2, 2016

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. The distance events may be heat limited per gender in the order they were received.
- 3. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or changes will be made to Program Operations and the attending teams as soon as possible and not later than the Monday before the meet.

NOTE: All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: None

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: The host team will require timers from teams in proportion to the size of their entries. Team assignments will be posted on the team website 4 days prior to the meet. Participating clubs will be notified of work assignments by the Monday before the meet.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No

CONCESSIONS: Yes

HOSPITALITY FOR COACHES AND OFFICIALS: Yes

PARKING: Wintergreen Garage, adjacent to the Moore Field House

DIRECTIONS: Please visit Southernctowls.com **LODGING:** southernctowls.com

Session: 1 Friday Timed Finals

Day of Meet: 1 Starts at 05:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	1	Girls 500 Freestyle	0	0	05:00 PM
Finals	2	Boys 500 Freestyle	0	0	05:00 PM
Finals	3	Girls 8-12 200 Butterfly	0	0	05:00 PM
Finals	4	Boys 8-12 200 Butterfly	0	0	05:00 PM
Finals	5	Girls 8-12 200 Backstroke	0	0	05:00 PM
Finals	6	Boys 8-12 200 Backstroke	0	0	05:00 PM
Finals	7	Girls 8-12 200 Breaststroke	0	0	05:00 PM
Finals	8	Boys 8-12 200 Breaststroke	0	0	05:00 PM
Finals	9	Girls 400 IM	0	0	05:00 PM
Finals	10	Boys 400 IM	0	0	05:00 PM
		Finish Time			05:00 PM

Session: 2 Saturday 13-over Prelims

Day of Meet: 2 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	11	Girls 13-14 200 Freestyle	0	0	08:00 AM
Prelims	12	Boys 13-14 200 Freestyle	0	0	08:00 AM
Prelims	13	Women 200 Freestyle	0	0	08:00 AM
Prelims	14	Men 200 Freestyle	0	0	08:00 AM
Prelims	15	Girls 13-14 200 Breaststroke	0	0	08:00 AM
Prelims	16	Boys 13-14 200 Breaststroke	0	0	08:00 AM
Prelims	17	Women 200 Breaststroke	0	0	08:00 AM
Prelims	18	Men 200 Breaststroke	0	0	08:00 AM
Prelims	19	Girls 13-14 100 Butterfly	0	0	08:00 AM
Prelims	20	Boys 13-14 100 Butterfly	0	0	08:00 AM
Prelims	21	Women 100 Butterfly	0	0	08:00 AM
Prelims	22	Men 100 Butterfly	0	0	08:00 AM
Prelims	23	Girls 13-14 100 Backstroke	0	0	08:00 AM
Prelims	24	Boys 13-14 100 Backstroke	0	0	08:00 AM
Prelims	25	Women 100 Backstroke	0	0	08:00 AM
Prelims	26	Men 100 Backstroke	0	0	08:00 AM
Prelims	27	Girls 13-14 50 Freestyle	0	0	08:00 AM
Prelims	28	Boys 13-14 50 Freestyle	0	0	08:00 AM
Prelims	29	Women 50 Freestyle	0	0	08:00 AM
Prelims	30	Men 50 Freestyle	0	0	08:00 AM
		Finish Time			08:00 AM

Session: 3 Saturday 12-under Prelims

Day of Meet: 2 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	31	Girls 8-12 200 Freestyle	0	0	01:30 PM
Prelims	32	Boys 8-12 200 Freestyle	0	0	01:30 PM
Finals	33	Girls 10 & Under 200 Freestyle	0	0	01:30 PM
Finals	34	Boys 10 & Under 200 Freestyle	0	0	01:30 PM
Prelims	35	Girls 8-12 100 Breaststroke	0	0	01:30 PM
Prelims	36	Boys 8-12 100 Breaststroke	0	0	01:30 PM
Finals	37	Girls 10 & Under 100 Breaststroke	0	0	01:30 PM
Finals	38	Boys 10 & Under 100 Breaststroke	0	0	01:30 PM
Prelims	39	Girls 8-12 100 Butterfly	0	0	01:30 PM
Prelims	40	Boys 8-12 100 Butterfly	0	0	01:30 PM
Finals	41	Girls 10 & Under 100 Butterfly	0	0	01:30 PM
Finals	42	Boys 10 & Under 100 Butterfly	0	0	01:30 PM
Prelims	43	Girls 8-12 100 Backstroke	0	0	01:30 PM
Prelims	44	Boys 8-12 100 Backstroke	0	0	01:30 PM
Finals	45	Girls 10 & Under 100 Backstroke	0	0	01:30 PM
Finals	46	Boys 10 & Under 100 Backstroke	0	0	01:30 PM
Prelims	47	Girls 8-12 50 Freestyle	0	0	01:30 PM
Prelims	48	Boys 8-12 50 Freestyle	0	0	01:30 PM
Finals	49	Girls 10 & Under 50 Freestyle	0	0	01:30 PM
Finals	50	Boys 10 & Under 50 Freestyle	0	0	01:30 PM
		Finish Time			01:30 PM

Session: 4 Saturday Finals

Day of Meet: 2 Starts at 07:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	31	Girls 8-12 200 Freestyle	0	2u	07:00 PM
Finals	32	Boys 8-12 200 Freestyle	0	2u	07:07 PM
Finals	11	Girls 13-14 200 Freestyle	0	2u	07:13 PM
Finals	12	Boys 13-14 200 Freestyle	0	2u	07:19 PM
Finals	13	Women 200 Freestyle	0	2u	07:25 PM
Finals	14	Men 200 Freestyle	0	2u	07:31 PM
Finals	35	Girls 8-12 100 Breaststroke	0	2u	07:37 PM
Finals	36	Boys 8-12 100 Breaststroke	0	2u	07:41 PM
Finals	15	Girls 13-14 200 Breaststroke	0	2u	07:45 PM
Finals	16	Boys 13-14 200 Breaststroke	0	2u	07:52 PM
Finals	17	Women 200 Breaststroke	0	2u	07:59 PM
Finals	18	Men 200 Breaststroke	0	1u	08:06 PM
Finals	39	Girls 8-12 100 Butterfly	0	2u	08:10 PM
Finals	40	Boys 8-12 100 Butterfly	0	2u	08:14 PM
Finals	19	Girls 13-14 100 Butterfly	0	2u	08:17 PM
Finals	20	Boys 13-14 100 Butterfly	0	2u	08:21 PM
Finals	21	Women 100 Butterfly	0	2u	08:24 PM
Finals	22	Men 100 Butterfly	0	2u	08:27 PM
Finals	43	Girls 8-12 100 Backstroke	0	2u	08:31 PM
Finals	44	Boys 8-12 100 Backstroke	0	2u	08:35 PM
Finals	23	Girls 13-14 100 Backstroke	0	2u	08:39 PM
Finals	24	Boys 13-14 100 Backstroke	0	2u	08:43 PM
Finals	25	Women 100 Backstroke	0	2u	08:47 PM
Finals	26	Men 100 Backstroke	0	2u	08:50 PM
Finals	47	Girls 8-12 50 Freestyle	0	2u	08:54 PM
Finals	48	Boys 8-12 50 Freestyle	0	2u	08:56 PM
Finals	27	Girls 13-14 50 Freestyle	0	2u	08:58 PM
Finals	28	Boys 13-14 50 Freestyle	0	2u	09:00 PM
Finals	29	Women 50 Freestyle	0	2u	09:02 PM
Finals	30	Men 50 Freestyle	0	2u	09:04 PM
		Entry / Heat Totals:	0	59	
		Finish Time			09:06 PM

Session: 5 Sunday Prelims

Day of Meet: 3 Starts at 08:00 AM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	51	Girls 13-14 100 Breaststroke	0	0	08:00 AM
Finals	52	Boys 13-14 100 Breaststroke	0	0	08:00 AM
Finals	53	Women 100 Breaststroke	0	0	08:00 AM
Finals	54	Men 100 Breaststroke	0	0	08:00 AM
Finals	55	Girls 13-14 200 Backstroke	0	0	08:00 AM
Finals	56	Boys 13-14 200 Backstroke	0	0	08:00 AM
Finals	57	Women 200 Backstroke	0	0	08:00 AM
Finals	58	Men 200 Backstroke	0	0	08:00 AM
Finals	59	Girls 13-14 200 Butterfly	0	0	08:00 AM
Finals	60	Boys 13-14 200 Butterfly	0	0	08:00 AM
Finals	61	Women 200 Butterfly	0	0	08:00 AM
Finals	62	Men 200 Butterfly	0	0	08:00 AM
Finals	63	Girls 13-14 100 Freestyle	0	0	08:00 AM
Finals	64	Boys 13-14 100 Freestyle	0	0	08:00 AM
Finals	65	Women 100 Freestyle	0	0	08:00 AM
Finals	66	Men 100 Freestyle	0	0	08:00 AM
Finals	67	Girls 13-14 200 IM	0	0	08:00 AM
Finals	68	Boys 13-14 200 IM	0	0	08:00 AM
Finals	69	Women 200 IM	0	0	08:00 AM
Finals	70	Men 200 IM	0	0	08:00 AM
		Finish Time			08:00 AM

Session: 6 Sunday 12-under prelims

Day of Meet: 3 Starts at 01:30 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Finals	71	Girls 8-12 200 IM	0	0	01:30 PM
Finals	72	Boys 8-12 200 IM	0	0	01:30 PM
Finals	73	Girls 10 & Under 200 IM	0	0	01:30 PM
Finals	74	Boys 10 & Under 200 IM	0	0	01:30 PM
Finals	75	Girls 8-12 50 Breaststroke	0	0	01:30 PM
Finals	76	Boys 8-12 50 Breaststroke	0	0	01:30 PM
Finals	77	Girls 10 & Under 50 Breaststroke	0	0	01:30 PM
Finals	78	Boys 10 & Under 50 Breaststroke	0	0	01:30 PM
Finals	79	Girls 8-12 50 Backstroke	0	0	01:30 PM
Finals	80	Boys 8-12 50 Backstroke	0	0	01:30 PM
Finals	81	Girls 10 & Under 50 Backstroke	0	0	01:30 PM
Finals	82	Boys 10 & Under 50 Backstroke	0	0	01:30 PM
Finals	83	Girls 8-12 100 Freestyle	0	0	01:30 PM
Finals	84	Boys 8-12 100 Freestyle	0	0	01:30 PM
Finals	85	Girls 10 & Under 100 Freestyle	0	0	01:30 PM
Finals	86	Boys 10 & Under 100 Freestyle	0	0	01:30 PM
Finals	87	Girls 8-12 50 Butterfly	0	0	01:30 PM
Finals	88	Boys 8-12 50 Butterfly	0	0	01:30 PM
Finals	89	Girls 10 & Under 50 Butterfly	0	0	01:30 PM
Finals	90	Boys 10 & Under 50 Butterfly	0	0	01:30 PM
		Finish Time			01:30 PM

Session: 7 Sunday 13-over prelims

Day of Meet: 3 Starts at 07:00 PM Heat Interval: 15 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Starts at
Prelims	51	Girls 13-14 100 Breaststroke	0	0	07:00 PM
Prelims	52	Boys 13-14 100 Breaststroke	0	0	07:00 PM
Prelims	53	Women 100 Breaststroke	0	0	07:00 PM
Prelims	54	Men 100 Breaststroke	0	0	07:00 PM
Prelims	55	Girls 13-14 200 Backstroke	0	0	07:00 PM
Prelims	56	Boys 13-14 200 Backstroke	0	0	07:00 PM
Prelims	57	Women 200 Backstroke	0	0	07:00 PM
Prelims	58	Men 200 Backstroke	0	0	07:00 PM
Prelims	59	Girls 13-14 200 Butterfly	0	0	07:00 PM
Prelims	60	Boys 13-14 200 Butterfly	0	0	07:00 PM
Prelims	61	Women 200 Butterfly	0	0	07:00 PM
Prelims	62	Men 200 Butterfly	0	0	07:00 PM
Prelims	63	Girls 13-14 100 Freestyle	0	0	07:00 PM
Prelims	64	Boys 13-14 100 Freestyle	0	0	07:00 PM
Prelims	65	Women 100 Freestyle	0	0	07:00 PM
Prelims	66	Men 100 Freestyle	0	0	07:00 PM
Prelims	67	Girls 13-14 200 IM	0	0	07:00 PM
Prelims	68	Boys 13-14 200 IM	0	0	07:00 PM
Prelims	69	Women 200 IM	0	0	07:00 PM
Prelims	70	Men 200 IM	0	0	07:00 PM
		Finish Time			07:00 PM