Stingray 50 Freestyle Challenge

Age Group Qualifier October 26-27, 2019

Walsh Intermediate School Pool 185 Damascus Road, Branford, CT 06405 https://goo.gl/maps/7iutGwGmN2J2

Held under sanction of USA Swimming and Connecticut Swimming, Inc. #S19-25. In granting this sanction it is understood and agreed that USA Swimming and Connecticut Swimming, Inc. shall be free and held harmless from any liabilities or claims for damages arising by reason of injuries to anyone during the conduct of the event.

EVENTS

	Name	Email	Phone
Meet Director:	Sue Lecza	suelecza@gmail.com	(203) 675-5269
Meet Referee:	Ed Hinckley	edwardhinckley@scbglobal.net	
Lead Admin Official:	John Mayo	johnpmayo@hotmail.com	(203) 453-1115
Entry Chair:	Sue Lecza	suelecza@gmail.com	(203) 675-5269
Safety Chair:	Jenn Amasino	amasinoj@hotmail.com	(203) 481-9622
Officials Contact:	John Mayo	johnpmayo@hotmail.com	(203) 453-1115

MEET HOST: SYS

WEBSITE: SoundviewYMCAStingrays.org

POOL EMERGENCY NUMBER: No incoming phone service available

SANCTIONED OR APPROVED: Sanctioned

MEET DURATION: Full meet with time limits as defined by CT/USA Swimming.

MEET FORMAT: The meet will be swum as Timed-Final for all events except the 50 Freestyle. The 50 Freestyle will be swum as prelims, quarter finals (top 8 swimming 1 vs 8, 2 vs 7, 3 vs 6, and 4 vs 5), semi-finals (winners of quarter final heats swimming 1 vs 4 and 2 vs 3), and finals (winner of each semi-final heat swimming head to head).

SCRATCH PROCEDURES: Coaches will receive scratch sheets at the start of each session and must return them to the admin table 20 minutes after the start of warm-up.

Failure to Compete in 50 Freestyle Finals: Any swimmer qualifying for the quarter finals, semi-finals or finals of the 50 Freestyle who fails to compete and who has not been scratched will be barred from all further competition in the meet. A declared false start or deliberate delay of meet is not permitted and will be regarded as a failure to compete. **Exceptions for Failure to Compete in Finals:** No penalty shall apply for failure to compete in finals if: 1. The Referee is notified in the event of injury of illness and accepts the proof thereof. 2. A swimmer qualifying for a final heat based on the results of preliminarily notifies the announcer within 30 minutes after the announcement of qualifiers that he may not intend to compete and confirms his final intentions within 30 minutes following his last individual preliminary event. 3. It is determined by the Referee that failure to compete is caused by circumstances beyond the control of the swimmer.

FACILITY: The Walsh Intermediate School Pool is a 6-lane, 25-yard pool. Water depth at start end is 10.5 feet. Water depth at turn end is 4 feet. The competition course has not been certified in accordance with 104.2.2C(4). Colorado Timing System and touch pads will be used. Spectator seating capacity is 220. Changing into or out of swimsuits other than in locker rooms or other designated areas is prohibited.

DISABLED ACCESS: There are designated handicap parking spaces in the school parking lot. The school pool and spectator areas are handicap accessible, but the pool locker rooms are NOT. Disabled swimmers who require handicap accessible locker rooms should contact Sue Lecza at suelecza@gmail.com or (203) 675-5269 at least 3 days prior to the meet to make arrangements for accessible changing facilities.

COURSE: SCY

SESSION TIMES: Subject to Change

13 & olders: 7:45 AM warm-up, 8:50 AM start. 12 & unders: 11:40 AM warm-up, 12:30 PM start.

WARM-UPS: CT Swimming Warm-Up Procedures will be in effect. Teams will be assigned warm-up lanes using 6 lanes. 13 & older swimmers will have a minimum of 25 minutes general warm-up followed by a 10-minute period with designated lanes for on-way sprints and pace. 12 & under swimmers will have a minimum of 20 minutes general warm-up followed by a 10-minute period with designated lanes for one-way sprints.

ELIGIBILITY: All USA Swimming clubs and individuals. Athletes with Flex memberships must not have swum in more than one USA Swimming meet prior to this meet in order to be eligible.

All athletes must be current athlete members of USA Swimming. Age on the first day of the meet shall determine the swimmer's age and age group for the meet. Any swimmer, who is entered and is unregistered, will be scratched from the meet until registration is completed. See CT Swimming athlete registration procedures. Registrations will not be processed at the meet. All coaches must present a valid USA Swimming coach card to the Meet Director prior to the commencement of any sanctioned swim meet, and must have this card with them while on deck Clubs are reminded that participation of unregistered swimmers and/or coaches will result in a \$100 fine per instance, as described in CT Swimming meet policies:

 $\underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ and \ \underline{https://www.ctswim.org/Customer-Content/www/CMS/files/Membership/Registration-Policy-for-Athletes.pdf} \ \underline{https://www.ctswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Customer-Content/www.dtswim.org/Cu$

https://www.ctswim.org/Customer-

Content/www/CMS/files/policies admin/RegistrationPolicyforMeetHosts.pdf

Any swimmer entered in the meet must be certified by a USA Swimming member-coach as being proficient in performing a racing start or must start each race from within the water **without the use of the backstroke ledge.** When unaccompanied by a member-coach, it is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement.

ADULT ATHLETES: All athletes who will be 18 years of age or older must complete the mandatory Athlete Protection Training prior to competition. Failure to do so will result in the swimmer being scratched from the meet.

ADAPTED SWIMMING: Any current athlete members of USA Swimming with a disability as defined by USA Swimming Rules and Regulations may enter this meet. If modifications to USA Swimming rules are necessary then the coach or athlete must notify the meet referee of any disability <u>prior</u> to competition. Adapted athletes may direct questions to the <u>Connecticut Swimming office</u>.

ENTRY LIMITATIONS: Swimmers may enter a maximum of 4 individual events per day.

ENTRY TIMES: Submit entry times in SCY. If a swimmer does not have an official time please submit estimated times. The use of "No Times" (NY) is strongly discouraged.

DEADLINES: deadline is Wednesday October 16, 2019. Mail hardcopy and payment to the entry chairperson: Sue Lecza, 16 Beechwood Road, Branford, CT 06405. All entries must be legible and must use full names and registration numbers from USA Swimming registration. Paper entries will be considered received on the date they are delivered to the entry chair.

ELECTRONIC ENTRIES: Electronic entries (such as from Hy-Tek Team Manager or other team management software) that are in CL2 or SD3/SDIF format may be emailed as an attachment to the entry chair at suelecza@gmail.com. Please check that your team name, address, and contact information are listed correctly in this file. Emailed entries will be considered received on the date received by the entry chair. Payments are due before the start of the meet.

ENTRIES FROM ATHLETES WITH NO CLUB AFFILIATION: Athletes entering this meet independent of a USA Swimming club or coach shall: 1.) be under the supervision of a USA Swimming coach for the duration of the meet. It is the swimmer's responsibility to make arrangements with a USA Swimming member coach prior to the meet. Athletes unaccompanied by a USA Swimming coach will not be permitted on deck. Please contact the Meet Director for assistance. 2) be certified by a USA Swimming member coach as being proficient in performing a racing start or must start each race from within the water. It is the responsibility of the swimmer or the swimmer's legal guardian to ensure compliance with this requirement. The name of the USA Swimming member coach supervising the athlete and racing certification should be submitted to the Meet Director with the entry.

All athletes, and their parents, who enter without club affiliation will be required to attest to reading and understanding the <u>Minor Athlete Abuse Prevention Policy.</u>

ENTRY FEES: Electronic entries: \$8.00 for individual events and \$12.00 for relays. Manual entries: \$10.00 for individual events and \$15.00 for relays. No refunds will be given for entries that are accepted, or for entries that are rejected due to improper entry.

PAYMENT INSTRUCTIONS: Please make checks payable to Soundview YMCA and mail to: Sue Lecza, 16 Beechwood Road, Branford, CT 0645. Payment must be received by 10/26/2018.

CUT PROTOCOL:

If the session is oversubscribed the following protocol will be instituted IN THE ORDER PRESENTED to reduce the timeline to the required length or participation number:

- 1. Athletes aged 7 and Under will be cut from the meet.
- 2. All relays, if planned, will be eliminated.
- 3. The maximum number of events allowed per day may be reduced by one (1).
- 4. Visiting teams may be cut based on the date/time of the receipt of the final paid entry. If teams are cut, the host reserves the right to offer the available partial entry to the cut teams in the order that entries were received in order to fill the meet.

The host reserves the right to seek approval from Program Operations for additional changes, which may reasonably maximize participation opportunities.

Notification of any cuts or requests for changes must be made to Program Operations as soon as possible by the host. Attending teams will be notified no later than the Monday before the meet.

NOTE: If the host is required to institute the published cut protocol above. All accepted entries at the time that the cut protocol is instituted may be considered final by the host for the purposes of financial

responsibility. (i.e. Teams submitting "placeholder" entries will be required to pay for the entries if the cut protocol is required).

RESERVE THE RIGHT TO MAKE CHANGES: In accordance with CSI Policies, the meet referee reserves the right to make any adjustments to the provisions of the meet announcement deemed necessary to ensure the fair and efficient running of the meet. The Meet Referee will seek Program Operations approval for all changes requiring approval. Clubs will be notified of changes no later than Monday before the meet.

RELAYS: Yes. There are no limitations on the number of relays a team may enter. All relay swimmers must be officially entered in the meet.

SAFETY:

- 1. Diving will be prohibited during warm-ups except in specifically announced one-way sprint lanes. There will be no diving in the warm-up and warm-down areas at any time
- 2. No shaving is permitted at the competition site.
- 3. No glass containers are permitted within the facility.
- 4. Swimmers must be under the supervision of a coach. If a swimmer arrives at the meet without a coach, the swimmer should notify the referee before he/she warms up. The referee will assign the swimmer to a registered coach for warm-ups.
- 5. Use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.

SWIMWEAR: Per CT Swimming policy, swimmers 12 years old and younger are not permitted to wear "Tech Suits" at any CT sanctioned or approved meets. "Tech Suits" are defined as a suit that has Bonded Seams, Kinetic Tape, or Meshed Seams. Age is determined on the first date of the meet.

PHOTOGRAPHY AND VIDEO RECORDING:

Meet Management has the full authority to restrict any and all photography and visual recording at the meet. Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) from the deck is prohibited by all individuals other than participating Coach and Athlete Members unless prior authorization from the Meet Referee or his/her designee has been granted. Flash photography is prohibited during the start of any heat, including whenever any swimmer is stepping up or standing on a block for the purpose of the start of a heat.

Additionally, the following "Non-Camera Zones" shall be enforced:

- Photography or video recording and the use of audio or visual recording devices, including a cell phone, is not permitted in changing areas, rest rooms or locker rooms.
- Photography or video recording (using cameras, video cameras, iPads, cell phones, etc) is not permitted in the area immediately behind the starting blocks at either end of the racing course(s) while they are in use for "race starting purposes" during competition and warm-ups.
- Additional "Non-Camera Zones" may be designated by Meet Management.

Any individual failing to abide by these rules may be ejected from the facility and be subject to a Code of Conduct violation at the discretion of Meet Management.

DRONES: Operation of a drone, or any other flying apparatus, is prohibited over the venue (pools, athlete/coach areas, spectator areas and open ceiling locker rooms) any time athletes, coaches, officials and/or spectators are present. Exceptions may be granted with prior written approval by the USA Swimming Vice President of Program Operations.

RULES: Current USA Swimming rules will govern all competition.

TIME TRIALS: No.

TIMERS, OFFICIALS OR WORK ASSIGNMENTS: Teams will be required to provide timers in proportion to the size of their entry. Participating clubs will be notified of work assignments by the Monday before the meet.

All volunteers will be required to attest to reading and understanding the Minor Athlete Abuse Prevention Policy.

DECK ACCESS: Only athletes, coaches, officials, and official meet staff actively participating in the meet are permitted on the pool deck.

SCORING: The meet will not be scored.

AWARDS: No.

CONCESSIONS: Yes.

HOSPITALITY FOR COACHES AND OFFICIALS: Yes.

PARKING: Parking is available in the marked lots in front and to the right side of the school. Any cars parked in the circular driveway in front of the school will be ticketed and towed.

DIRECTIONS: The Walsh Intermediate School is located at 185 Damascus Road, Branford, CT 06405.

From the West: I-95 North to Exit 55 (Route 1, Branford). Turn left onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to the school is on the right at the bottom of the hill.

From the East: I-95 South to Exit 55 (Route 1, Branford). Turn right onto Route 1 West. Proceed to second light and turn left onto Windmill Hill Road. At stop sign turn left onto Damascus Road. Entrance to the school is on the right at the bottom of the hill.

Session: 1 Saturday 13 & Older

Day of Meet: 1 Starts at 08:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	1	Women 13-99 50 Freestyle	0	0		08:50 AM	
Prelims	2	Men 13-99 50 Freestyle	0	0		08:50 AM	
Finals	3	Women 13-99 200 Backstroke	0	0		08:50 AM	
Finals	4	Men 13-99 200 Backstroke	0	0		08:50 AM	
Finals	5	Women 13-99 100 Breaststroke	0	0		08:50 AM	
Finals	6	Men 13-99 100 Breaststroke	0	0		08:50 AM	
Finals	7	Women 13-99 200 Freestyle	0	0		08:50 AM	
Finals	8	Men 13-99 200 Freestyle	0	0		08:50 AM	
Finals	9	Women 13-99 100 Butterfly	0	0		08:50 AM	
Finals	10	Men 13-99 100 Butterfly	0	0		08:50 AM	
Semis	1	Women 13-99 50 Freestyle	0	2u		08:50 AM	
Semis	2	Men 13-99 50 Freestyle	0	2u		08:53 AM	
Finals	11	Women 13-99 200 Freestyle Relay	0	0		08:55 AM	
Finals	12	Men 13-99 200 Freestyle Relay	0	0		08:55 AM	
		Entry / Heat Totals:	0	4			
		Finish Time				08:55 AM	

Session: 2 Saturday 12 & Under

Day of Meet: 1 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round		Event	Entries	Heats	Meet Qualifying	Starts at	
Prelims	13	Girls 11-12 50 Freestyle	0	0		12:30 PM	
Prelims	14	Boys 11-12 50 Freestyle	0	0		12:30 PM	
Prelims	15	Girls 10 & Under 50 Freestyle	0	0		12:30 PM	
Prelims	16	Boys 10 & Under 50 Freestyle	0	0		12:30 PM	
Finals	17	Girls 11-12 200 Breaststroke	0	0		12:30 PM	
Finals	18	Boys 11-12 200 Breaststroke	0	0		12:30 PM	
Finals	19	Girls 10 & Under 100 Butterfly	0	0		12:30 PM	
Finals	20	Boys 10 & Under 100 Butterfly	0	0			
Finals	21	Girls 11-12 100 Butterfly	0	0		12:30 PM	
Finals	22	Boys 11-12 100 Butterfly	0	0		12:30 PM	
Finals	23	Girls 10 & Under 200 Freestyle	0	0		12:30 PM	
Finals	24	Boys 10 & Under 200 Freestyle	0	0		12:30 PM	
Finals	25	Girls 11-12 200 Freestyle	0	0		12:30 PM	
Finals	26	Boys 11-12 200 Freestyle	0	0		12:30 PM	
Finals	27	Girls 10 & Under 100 IM	0	0		12:30 PM	
Finals	28	Boys 10 & Under 100 IM	0	0		12:30 PM	
Finals	29	Girls 11-12 100 IM	0	0		12:30 PM	
Finals	30	Boys 11-12 100 IM	0	0		12:30 PM	
Finals	31	Girls 10 & Under 100 Backstroke	0	0		12:30 PM	
Finals	32	Boys 10 & Under 100 Backstroke	0	0		12:30 PM	
Finals	33	Girls 11-12 100 Backstroke	0	0		12:30 PM	
Finals	34	Boys 11-12 100 Backstroke	0	0		12:30 PM	
Finals	35	Girls 10 & Under 50 Breaststroke	0	0		12:30 PM	
Finals	36	Boys 10 & Under 50 Breaststroke	0	0		12:30 PM	
Finals	37	Girls 11-12 50 Breaststroke	0	0		12:30 PM	
Finals	38	Boys 11-12 50 Breaststroke	0	0		12:30 PM	
Semis	13	Girls 11-12 50 Freestyle	0	2u		12:30 PM	
Semis	14	Boys 11-12 50 Freestyle	0	2u		12:33 PM	
Semis	15	Girls 10 & Under 50 Freestyle	0	2u		12:35 PM	
Semis	16	Boys 10 & Under 50 Freestyle	0	2u		12:37 PM	
Finals	39	Girls 10 & Under 200 Freestyle Relay	0	0		12:39 PM	
Finals	40	Boys 10 & Under 200 Freestyle Relay	0	0		12:39 PM	
Finals	41	Girls 11-12 200 Freestyle Relay	0	0		12:39 PM	
Finals	42	Boys 11-12 200 Freestyle Relay	0	0		12:39 PM	
		Entry / Heat Totals:	0	8			
		Finish Time				12:39 PM	

Session: 3 Sunday 13 & Older

Day of Meet: 2 Starts at 08:50 AM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event		Entries	Heats	Meet Qualifying	Starts at	
Finals	1 Women 13-99	50 Freestyle	0	2u		08:50 AM	
Finals	2 Men 13-99 50	Freestyle	0	2u		08:53 AM	
Finals	43 Women 13-99	200 Butterfly	0	0		08:55 AM	
Finals	44 Men 13-99 20	0 Butterfly	0	0		08:55 AM	
Finals	45 Women 13-99	100 Backstroke	0	0		08:55 AM	
Finals	46 Men 13-99 10	0 Backstroke	0	0		08:55 AM	
Finals	47 Women 13-99	200 Breaststroke	0	0		08:55 AM	
Finals	48 Men 13-99 20	0 Breaststroke	0	0		08:55 AM	
Finals	49 Women 13-99	100 Freestyle	0	0		08:55 AM	
Finals	50 Men 13-99 10	0 Freestyle	0	0		08:55 AM	
Finals	51 Women 13-99	200 IM	0	0		08:55 AM	
Finals	52 Men 13-99 20	0 IM	0	0		08:55 AM	
Finals	53 Women 13-99	50 Freestyle Swim-off	0	0		08:55 AM	
Finals	54 Men 13-99 50	Freestyle Swim-off	0	0		08:55 AM	
Finals	55 Women 13-99	200 Medley Relay	0	0		08:55 AM	
Finals	56 Men 13-99 20	0 Medley Relay	0	0		08:55 AM	
	Entry / Heat	Totals:	0	4			
	Finish Time					08:55 AM	

Session: 4 Sunday 12 & Under

Day of Meet: 2 Starts at 12:30 PM Heat Interval: 20 Seconds / Back +15 Seconds

Round	Event	Entries	Heats	Meet Qualifying	Starts at
Finals	13 Girls 11-12 50 Freestyle	0	2u		12:30 PM
Finals	14 Boys 11-12 50 Freestyle	0	2u		12:33 PM
Finals	15 Girls 10 & Under 50 Freestyle	0	2u		12:35 PM
Finals	16 Boys 10 & Under 50 Freestyle	0	2u		12:37 PM
Finals	57 Girls 11-12 200 Butterfly	0	0		12:39 PM
Finals	58 Boys 11-12 200 Butterfly	0	0		12:39 PM
Finals	59 Girls 10 & Under 200 IM	0	0		12:39 PM
Finals	60 Boys 10 & Under 200 IM	0	0		12:39 PM
Finals	61 Girls 11-12 200 IM	0	0		12:39 PM
Finals	62 Boys 11-12 200 IM	0	0		12:39 PM
Finals	63 Girls 10 & Under 50 Backstroke	0	0		12:39 PM
Finals	64 Boys 10 & Under 50 Backstroke	0	0		12:39 PM
Finals	65 Girls 11-12 50 Backstroke	0	0		12:39 PM
Finals	66 Boys 11-12 50 Backstroke	0	0		12:39 PM
Finals	67 Girls 10 & Under 100 Breaststroke	0	0		12:39 PM
Finals	68 Boys 10 & Under 100 Breaststroke	0	0		12:39 PM
Finals	69 Girls 11-12 100 Breaststroke	0	0		12:39 PM
Finals	70 Boys 11-12 100 Breaststroke	0	0		12:39 PM
Finals	71 Girls 10 & Under 100 Freestyle	0	0		12:39 PM
Finals	72 Boys 10 & Under 100 Freestyle	0	0		12:39 PM
Finals	73 Girls 11-12 100 Freestyle	0	0		12:39 PM
Finals	74 Boys 11-12 100 Freestyle	0	0		12:39 PM
Finals	75 Girls 10 & Under 50 Butterfly	0	0		12:39 PM
Finals	76 Boys 10 & Under 50 Butterfly	0	0		12:39 PM
Finals	77 Girls 11-12 50 Butterfly	0	0		12:39 PM
Finals	78 Boys 11-12 50 Butterfly	0	0		12:39 PM
Finals	79 Girls 11-12 200 Backstroke	0	0		12:39 PM
Finals	80 Boys 11-12 200 Backstroke	0	0		12:39 PM
Finals	81 Girls 10 & Under 50 Freestyle Swim-of	f = 0	0		12:39 PM
Finals	82 Boys 10 & Under 50 Freestyle Swim-of	f 0	0		12:39 PM
Finals	83 Girls 11-12 50 Freestyle Swim-off	0	0		12:39 PM
Finals	84 Boys 11-12 50 Freestyle Swim-off	0	0		12:39 PM
Finals	85 Girls 10 & Under 200 Medley Relay	0	0		12:39 PM
Finals	86 Boys 10 & Under 200 Medley Relay	0	0		12:39 PM
Finals	87 Girls 11-12 200 Medley Relay	0	0		12:39 PM
Finals	88 Boys 11-12 200 Medley Relay	0	0		12:39 PM
	Entry / Heat Totals:	0	8		
	Finish Time				12:39 PM